



The College Preparatory & Leadership K-12 Breakfast Menus for March 2026

Monday	Tuesday	Wednesday	Thursday	Friday
March 2 ASSORTED CEREAL NUTRI GRAIN BARS APPLESAUCE 100% JUICE Lowfat or Fat Free Milk	March 3 BLUEBERRY MUFFINS TROPICAL FRUIT MIX 100% JUICE Lowfat or Fat Free Milk	March 4 ASSORTED CEREAL GRAHAM CRACKERS DICED PEARS 100% JUICE Lowfat or Fat Free Milk	March 5 POPTARTS PINEAPPLE TIDBITS 100% JUICE Lowfat or Fat Free Milk	March 6
March 9 DANISHES DICED PEARS 100% JUICE Lowfat or Fat Free Milk	March 10 ASSORTED CEREAL GRAHAM CRACKERS DICED PEACHES 100% JUICE Lowfat or Fat Free Milk	March 11 APPLE CINNAMON MUFFINS TROPICAL FRUIT MIX 100% JUICE Lowfat or Fat Free Milk	March 12 DANIMALS SCOOPY SNACKS MANDARIN ORANGES 100% JUICE Lowfat or Fat Free Milk	March 13
March 16 ASSORTED CEREAL GRAHAM CRACKERS APPLESAUCE 100% JUICE Lowfat or Fat Free Milk	March 17 POPTARTS PINEAPPLE TIDBITS 100% JUICE Lowfat or Fat Free Milk	March 18 ASSORTED CEREAL NUTRI GRAIN BARS TROPICAL FRUIT MIX 100% JUICE Lowfat or Fat Free Milk	March 19 SUPERDOUGHNUTS DICED PEACHES 100% JUICE Lowfat or Fat Free Milk	March 20
March 23 DANIMALS SCOOPY SNACKS MANDARIN ORANGES 100% JUICE Low fat or Fat Free Milk	March 24 ASSORTED CEREAL NUTRI GRAIN BARS APPLESAUCE 100% JUICE Low fat or Fat Free Milk	March 25 BLUEBERRY MUFFINS TROPICAL FRUIT MIX 100% JUICE Low fat or Fat Free Milk	March 26 ASSORTED CEREAL NUTRI GRAIN BARS DICED PEARS 100% JUICE Low fat or Fat Free Milk	March 27
March 30 ASSORTED CEREAL GRAHAM CRACKERS PINEAPPLE TIDBITS Lowfat or Fat Free Milk	March 31 DANISHES DICED PEACHES 100% JUICE Lowfat or Fat Free Milk			

Families Making the Connection

Quest for School Breakfast

March 2-6 is National School Breakfast Week (NSBW), “Quest for School Breakfast”. #NSBW2026 highlights how eating a nutritious breakfast helps students be successful in the classroom and beyond. Students who participate in school breakfast show improved attendance, behavior, standardized achievement test scores as well as decreased tardiness.

School breakfast is a School Nutrition Program available to all public schools. All children can participate. Most North Carolina schools offer breakfast each school day including a choice of entrée, fruit or 100% juice, and lowfat or fat free milk. Every school breakfast served meets federal nutrition standards limiting calories, fat, and sodium.

School breakfast offers several connections to classroom learning—students have the opportunity to eat a healthy breakfast each school morning closer to academic instruction time, students who eat a healthy breakfast are better able to focus on classroom lessons, and students can practice the nutrition lessons they learn in the classroom by making healthy choices with school breakfast.

Learn more about NSBW at www.schoolnutrition.org/nsbw. For more info on school breakfast in our state, visit <https://go.ncdpi.gov/ncschoolmeals>



The College Preparatory & Leadership Academy K-8 Lunch Menus for March 2026

Monday	Tuesday	Wednesday	Thursday	Friday
March 2 CHICKEN NUGGETS W/W DINNER ROLL GREEN BEANS APPLESAUCE Lowfat or Fat Free Milk	March 3 SLOPPY JOE W/W HAMBURGER BUN YELLOW CORN TROPICAL FRUIT MIX Lowfat or Fat Free Milk	March 4 CHICKEN FAJITAS W/ FAJITAS, lettuce, cheese PINTO BEANS PINEAPPLE TIDBITS Lowfat or Fat Free Milk	March 5 PIZZA (CHEESE/PEPPERONI) ROMAINE SALAD MIX CUCMBERS/ TOMATOES FRESH FRUIT Lowfat or Fat Free Milk	March 6
March 9 BEEF-A-RONI ROMAINE SALAD w/ CUCUMBERS/TOMATOES FRESH FRUIT Lowfat or Fat Free Milk	March 10 BEEF TACOS w/shredded lettuce YELLOW CORN PINEAPPLE TIDBITS Lowfat or Fat Free Milk	March 11 CHICKEN FILLET W/W DINNER ROLL GREEN BEANS TROPICAL FRUIT COCKTAIL Lowfat or Fat Free Milk	March 12 PIZZA (CHEESE/PEPPERONI) ROMAINE SALAD MIX CUCUMBERS/ TOMATOES FRESH FRUIT Lowfat or Fat Free Milk	March 13
March 16 MEATBALLS & GRAVY W/W DINNER ROLL STEAMED RICE TURNIP GREENS APPLESAUCE Lowfat or Fat Free Milk	March 17 FRIED CHICKEN LEGS W/W DINNER ROLL MASH POTATOES GREEN BEANS DICED PEARS Lowfat or Fat Free Milk	March 18 CHICKEN FAJITAS W/ FAJITAS, lettuce, cheese YELLOW CORN PINEAPPLE TIDBITS Lowfat or Fat Free Milk	March 19 PIZZA (CHEESE/PEPPERONI) ROMAINE SALAD MIX CUCUMBERS/ TOMATOES FRESH FRUIT Lowfat or Fat Free Milk	March 20
March 23 SWEET & SOUR CHICKEN Duck & soy sauce W/G EGG ROLL STEAMED RICE DICED PEARS Lowfat or Fat Free Milk	March 24 WALKING TACOS w/nacho cheese, lettuce YELLOW CORN PINEAPPLE TIDBITS Lowfat or Fat Free Milk	March 25 CHICKEN NUGGETS W/W/ DINNER ROLL GREEN BEANS APPLESAUCE Lowfat or Fat Free Milk	March 26 PIZZA (CHEESE/PEPPERONI) ROMAINE SALAD MIX CUCUMBERS/ TOMATOES FRESH FRUIT Lowfat or Fat Free Milk	March 27
March 30 CHICKEN FILLET W/W HAMBURGER BUN SWEET POTATOES FRESH FRUIT Lowfat or Fat Free Milk	March 31 TACO SALAD w/nacho cheese TORTILLA CHIPS, lettuce, shred cheese PINTO BEANS FRESH FRUIT Lowfat or Fat Free Milk			

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