



Abide

Week 3, Transformation Through Obedience

GET TO KNOW YOU: [15 min]

- I want to praise God for...
- In the last two years, I've really grown at...

DISCUSSION QUESTIONS: [60 min]

1. Last week, we learned that to remain in Jesus, we must learn to *trust*, rely on his love, and *train* toward maturity. It's not enough to hear his teachings. James 1:22 says, "Do not merely listen to the word, and so deceive yourselves. Do what it says." Yet, in our quest to live a godly life, we run into obstacles.
 - In what areas of your life do your emotions, appetites, unhealthy thinking, or bad habits still kind of run the show?
 - Or have you noticed any powerful habits in your family or workplace that might need to be retrained by the truth of God's Word and Spirit?
2. Read the following scriptures and answer the following questions for each.
 - a. What details, themes, or truths did you observe in these verses?
 - b. How do you practically apply these to your life?
 - 1 Peter 1:14-16
 - John 15:10-12
 - Deuteronomy 10:12-13
 - Philippians 2:12-13
 - Joshua 1:6
3. Meditation is a tool that helps us confront the lies in our lives with the truth of God's Word. Read these couple of verses. How do you practically apply each of these verses to your life?
 - Psalm 10:4
 - 2 Corinthians 10:5
 - Romans 12:2
 - Psalm 119:99
4. Obedience to God's will means that you are not in charge. Not only are you not in charge, but the fruit you produce isn't even for you to enjoy. Good fruit is for other people to be blessed and to benefit from your sacrificial love.
 - If sacrificial love deeply transformed your life, visualize and discuss what that would look like in your daily interactions and the impact it could have on others.

MEDITATING: [15 min]

End your group time by meditating on God's Word. Have someone read Psalm 119:33-48 slowly, allowing space between phrases. Practice concentrating on the meaning of the words and living out the meaning yourself.

A link to ambient worship is below if you'd like to provide a meditative background.

- <https://www.youtube.com/watch?v=Xx1MjhzKcYw>