



## King of Virtues – Part 3: His Gift of Humility

PASTOR BRIAN COLES

DECEMBER 15, 2024

### WORSHIP

Begin your group with a time of worship. If someone in your group is able to lead worship, invite them to lead two or three songs. Alternatively, consider using one or more of these songs from our Sunday morning worship time:

- Joy To the World (Joyful, Joyful) (*Phil Wickham*)
- Hark the Herald Angels Sing (*Jeremy Riddle*)
- Reign Above It All (*Bethel Music*)

### SCRIPTURE REFERENCES

- Luke 2:1-21
- Philippians 2:1-11
- Matthew 23:12

### OPENING PRAYER

Begin your session with a prayer, asking God to open your hearts and minds to understand and apply the message of Christ's humility.

### KEY TAKEAWAYS

1. Humility was evident in the circumstances of Jesus' birth.
2. True humility is not thinking less of yourself, but thinking of yourself less.
3. Jesus exemplified humility by leaving His heavenly throne to become human.
4. God calls us to express Christ-like humility in our relationships with others.
5. God rewards genuine humility and opposes pride.

## **DISCUSSION QUESTIONS**

1. What stood out to you most from the sermon about Jesus' humility?
2. Read Luke 2:1-21. How does the story of Jesus' birth demonstrate humility? How does this contrast with how we might expect a king to be born?
3. Pastor Brian mentioned that humility can be hard to see. Can you think of a time when you encountered a truly humble person? How did they make you feel?
4. Read Philippians 2:3-4. What are some practical ways we can value others above ourselves without becoming doormats or losing our sense of self-worth?
5. How does understanding God as our provider and protector help us live out the instructions in Philippians 2:3-4?
6. The sermon distinguishes between selfish ambition and godly ambition. How can we pursue our goals and dreams while maintaining humility?
7. In what areas of your life do you find it most challenging to demonstrate humility? Why do you think that is?

## **PRACTICAL APPLICATIONS**

1. This week, intentionally look for opportunities to put others' interests before your own. Keep a journal of these experiences and how they affected you and others.
2. Identify an area where you tend to be prideful. Pray daily for God to help you cultivate humility in that area.
3. Practice active listening in your conversations this week, focusing on truly understanding others rather than waiting for your turn to speak.
4. Perform an act of service for someone without expecting recognition or reward.
5. Reflect on areas where you might be trying to "provide for yourself" or "protect yourself" instead of relying on God. Take steps to surrender these areas to Him.

## **PRAYER**

Close the session by thanking God for the gift of His Son's humility and asking for the Holy Spirit's help in cultivating Christ-like humility in your lives.