

## **BE STILL AND KNOW**

## Psalm 46

| When life gets hard, where do you instinctively turn for security or relief?  |
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| What areas of your life feel out of control, chaotic, or unstable right now?  |
| Psalm 46:4 speaks of a river—what do you think this represents, and how does it contrast with the chaos described earlier in the Psalm? |
| How does God's character and names used in Psalm<br>46 give us real, practical hope today?  |



| What would it look like for you to "Be still and know |
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| that He is God" in your current circumstances?        |
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| NOTES   |
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## **ANNOUNCEMENTS & UPCOMING EVENTS**

Weds, 1/22 @ 7:27pm: IMPACT Youth Group Thurs, 1/23 @ 7:00pm: Young Adults Ice Skating Fri, 1/24 @ 10:00am: MOMs Meeting Wed, 2/5 @ 7:30pm: Monthly Prayer Night Sun, 2/9: Registration closes for Women's Retreat Feb 14-17: Rockbridge Workcrew Weekend Sun, 2/16: Baptism Sunday



@THE\_KINGS\_CHAPEL
THEKINGSCHAPEL.ORG
INFO@THEKINGSCHAPEL.ORG
703-543-6201