# **Daniel 10:1-11:1** March 9, 2025



## **CONVERSATION STARTERS**

- -What are some highs or lows you experienced this past week?
- -What Scripture has been shaping you recently?
- -Where have you seen God moving in your life this week?
- -What did you hear in today's sermon OR read in today's passage that you would like to discuss?
- -What did you learn about yourself in today's sermon/passage?
- -What did you learn about God in today's sermon/passage?
- -What convicted you as you listened to today's sermon OR read in today's passage?

## INTRODUCTION

As your group time begins, use this section to introduce the topic of discussion.

# Fast Asleep

About the Game:

Students will pretend to be fast asleep while a group of other students tries to "revive" them.

#### How to Play:

- 1.Clear Space: Make room for the "sleeping" students to lie down.
- 2. Pick Volunteers: Choose several students to be the "revivers."
- 3.Prepare to Sleep: The rest of the students will pretend to be "sleeping." Their goal is to stay completely still. If they move, they are considered "revived" and must leave the game.
- 4. Find Sleeping Spots: Give the "sleeping" students one minute to find a place in the room to lie down.
- 5. Start Reviving: After one minute, the "revivers" start walking around the room, trying to make the "sleeping" students move by talking to them. They cannot touch them but can try to make them smile, laugh, or react. If any movement is spotted, they are out.
- 6. Winning: The last student who remains completely still is the winner.

Teaching Moment:

Today, we played a game where some of you pretended to be fast asleep while others tried to revive you. Today, in our study of the book of Daniel, we'll read about how Daniel fell into a deep sleep with his face to the ground and had to be revived by an angel.

What type of prophecies have we encountered in Daniel so far?

How did he see those prophecies?

How did he know what they meant?

How would you explain spiritual warfare?

# **DISCUSSION**

◆ ASK A VOLUNTEER TO READ DANIEL 10:1-11:1.

What do you know about the purpose of fasting?

What value does fasting have in our lives today?

What was happening with the Israelite people that made fasting an appropriate response?

What does it tell us about Daniel that he fasted on behalf of the people, even over events that did not directly involve him?

How did Daniel describe the man that he saw at the Tigris?

What was the response to this man's appearance?

What was the message to Daniel in these verses?

What trouble did the angel say he had?

What does this teach or remind you about spiritual warfare?

## GOING DEEPER

What might spiritual warfare look like in our lives today?

Why is it dangerous to try and ignore spiritual warfare or believe it is not a reality in the world today?

### **APPLICATION**

What does today's text teach us about the work of the enemy? Read Ephesians 6:10-18. Based on this, what are some practical ways we can guard ourselves from the schemes of the enemy?

How can we support one another in remaining steadfast in faithfulness and guarded against the schemes of the enemy?

Who are you praying for to come to know Jesus? How can you seek to share with them this week?

#### **PRAYFR**

Thank God for the truth and goodness in His Word. Thank Him for giving us the tools to fight the schemes of the enemy and ask Him for help implementing these in your life. Ask for help to understand as you continue your study of Daniel.

### LOOKING AHEAD

Encourage your group to look ahead to next week's scripture passage as we continue our study of Daniel.

March 16, 2025 --- Daniel 11:2-20

#### COMMENTARY

#### Daniel 10:1-11:1

In 536 BC Daniel received his final vision. While standing by the Tigris River, he saw a radiant angelic being whose voice thundered. Totally overwhelmed by the vision, Daniel fell into a deep trance. The angel told Daniel to stand up and encouraged him not to fear. He then explained that he had been delayed in coming by the "prince of Persia," apparently a reference to an angel who exercised jurisdiction over the nation Persia. After a three-week struggle, Michael intervened, allowing this angel to come to Daniel. He would soon be off again to fight against the prince of Persia, but before leaving he revealed to Daniel certain future events.