



LIFE Group Discussion Guide

May 24, 2026

Proverbs 6:1-5

CONVERSATION STARTERS

What are some highs or lows you experienced this past week?

What Scripture has been shaping you recently?

Where have you seen God moving in your life this week?

What did you hear in today's sermon OR read in today's passage that you would like to discuss?

What did you learn about yourself in today's sermon/passage?

What did you learn about God in today's sermon/passage?

What convicted you as you listened to today's sermon OR read in today's passage?

OPENING

Have you ever made a commitment you later regretted? What made it difficult to follow through?

We've all said "yes" too quickly at times—whether in finances, relationships, or responsibilities. Proverbs 6:1–5 gives a strong warning about getting entangled in unwise commitments and urges immediate action to correct them.

Today we'll explore how wisdom calls us to be careful with our commitments and quick to address mistakes.

SCRIPTURE READING

Read Proverbs 6:1–5 aloud together.

Ask the group to listen for:

- The situation being described
- The warning given
- The urgency of the response

PASSAGE SUMMARY

This passage addresses the danger of making unwise financial commitments—specifically co-signing or guaranteeing someone else's debt.

Key ideas:

- “Snared by your words” — trapped by a promise you made
- The issue is not generosity, but **lack of wisdom and discernment**
- The response is urgent: act quickly to resolve the situation
- The imagery (gazelle escaping a hunter) shows how serious this is

The broader principle is that wisdom calls us to think carefully before we commit—and act quickly when we've made a mistake.

DISCUSSION QUESTIONS

What situation is being described in this passage? Why is it considered dangerous?

It describes guaranteeing someone else's debt or making a binding commitment on their behalf. It's dangerous because you take on responsibility you may not be able to control or fulfill.

What does it mean to be “snared by the words of your mouth”?

Our words can create obligations. Saying “yes” too quickly can trap us in commitments that are difficult or harmful.

Why do people sometimes make unwise commitments?

Desire to help, pressure from others, fear of saying no, overconfidence, not thinking through consequences

What stands out about the urgency in verses 3–5? Why is immediate action emphasized?

The repeated urgency shows the seriousness of the situation. Delaying action can lead to greater harm. Wisdom acts quickly to correct mistakes.

How can we balance being generous and helpful with being wise and discerning?
Generosity should be guided by wisdom. Helping others doesn't mean putting ourselves in harmful or irresponsible situations.

What are some modern examples of being “snared” by commitments?

Co-signing loans, overcommitting time or responsibilities, financial obligations beyond our ability, saying yes to things out of pressure rather than wisdom

Why is it often difficult to admit a mistake and take action to correct it?

Pride, fear of embarrassment, and avoiding uncomfortable conversations can keep us stuck.

APPLICATION

Is there an area in your life where you may have made a commitment too quickly or without wisdom?

Encourage honest reflection—financial, relational, or time-related.

What is one step you can take this week to address or reevaluate that commitment?

This could include seeking counsel, having a conversation, or setting healthier boundaries.

How can you become more thoughtful and prayerful before making commitments in the future?

Pause before saying yes, seek wise counsel, pray for discernment, and consider long-term impact.

DIG DEEPER

What does this passage teach us about the power of our words?

How can we develop the discipline to say “no” when necessary?

In what ways does culture pressure us into overcommitting or making unwise decisions?

CLOSING THOUGHT

Wisdom is not just about avoiding mistakes—it's about responding rightly when we've made them.

Ask:

- Am I being careful with my commitments?
- Am I willing to take action when I've been unwise?

Challenge:

This week, slow down before saying “yes,” and trust God to guide your decisions

LOOKING AHEAD

Next week we will discuss **Proverbs 6:6-11** as we continue our series, *Uncommon Sense: God’s Wisdom in a Foolish World*.

PRAYER FOCUS

- Thank God for His wisdom and guidance in our decisions.
- Ask Him to help us be thoughtful and discerning in our commitments.
- Pray for humility and courage to correct mistakes quickly.
- Pray specifically for the invitation portion of our worship services—that hearts will be open, the Spirit will move powerfully, and people will respond in obedience to Christ.

COMMENTARY

Proverbs 6:1-5

At first glance this passage would seem to say no more than that one should not cosign a note or, if one has already made that mistake, should get out of the arrangement as quickly as possible. While the text does say at least this much, it also implies that no one should get into legal entanglements and indebtedness in which circumstances are out of one’s control.

The Bible does not absolutely forbid taking on legal responsibilities for another person (Philemon 18). It does, however, here state that risking home and liberty in an enterprise over which one does not have direct control is consummate folly.