



Daily Bible Reading Plan

Matthew 5:27-30

Monday, September 14, 2026

Read: Matthew 5:27-28

Highlight: *"You have heard that it was said, Do not commit adultery. But I tell you, everyone who looks at a woman lustfully has already committed adultery with her in his heart." (Matthew 5:27-28, CSB)*

Explain: Jesus reveals that sin begins long before it becomes an outward action. Lust is not merely a physical issue but a heart issue. God desires purity not only in our behavior but also in our thoughts, desires, and intentions.

Apply: Take time to examine your heart today. Are there thoughts or desires that are pulling you away from Christ? Invite the Holy Spirit to reveal areas where you need His transforming grace.

Respond: "Father, create in me a clean heart. Help me honor You with my thoughts, desires, and actions. Fill my mind with what is pure and pleasing to You. Amen."

Tuesday, September 15, 2026

Read: Matthew 5:28

Highlight: Jesus teaches that what we allow into our minds shapes our hearts.

Explain: Our eyes are often the gateway to our thoughts. The things we choose to watch, read, and focus on influence our desires. Wisdom means intentionally directing our attention toward what honors God.

Apply: Evaluate the media, entertainment, and online content you consume. Ask yourself:

- Does this help me grow closer to Christ?
- Does it encourage purity?
- Does it glorify God?

Choose one practical way to guard your eyes this week.

Respond: "Lord, help me fix my eyes on what is true, honorable, just, pure, lovely, and worthy of praise. Guard my heart by guiding my eyes. Amen."

Wednesday, September 16, 2026

Read: Matthew 5:29-30

Highlight: Jesus uses vivid language to emphasize the seriousness of dealing with sin.

Explain: Jesus is not calling for self-harm but using strong imagery to teach that believers should remove anything that continually leads them into sin. Following Christ requires decisive action against temptation.

Apply: Identify one habit, influence, or environment that regularly tempts you. What practical step can you take today to reduce that temptation and strengthen your walk with Christ?

Respond: "Father, give me wisdom to recognize temptation and courage to remove anything that draws me away from You. Strengthen me to pursue holiness. Amen."

Thursday, September 17, 2026

Read: Matthew 5:27-30

Highlight: Jesus calls us to transformed hearts, not merely outward compliance.

Explain: It is possible to appear outwardly obedient while harboring sinful desires within. Genuine holiness flows from a heart that has been changed by God's grace and seeks to please Him above all else.

Apply: Rather than simply asking, "What am I allowed to do?" ask, "What will help me love Jesus more and become more like Him?"

Respond: "Lord, transform my heart. Help my obedience flow from love for You rather than merely following rules. Shape my desires to reflect Your holiness. Amen."

Friday, September 18, 2026

Read: Matthew 5:27-30

Highlight: Jesus calls us to purity, and He also provides the grace to live faithfully.

Explain: No one achieves purity through willpower alone. Through the Holy Spirit, God empowers believers to resist temptation, grow in holiness, and experience forgiveness when they fail. Victory comes through dependence on Christ.

Apply: When you face temptation today, pause and pray before acting. Remember that God always provides strength to obey Him and a way to remain faithful.

Respond: "Jesus, thank You for Your grace and forgiveness. Help me depend on Your strength rather than my own. Lead me in purity and faithfulness each day. Amen."

Saturday, September 19, 2026

Read: Matthew 5:27-30

Highlight: Jesus desires wholehearted devotion from His followers.

Explain: Purity is more than avoiding sinful actions—it is loving God with an undivided heart. As we surrender every area of our lives to Christ, our thoughts, desires, relationships, and actions increasingly reflect His character.

Apply: Reflect on these questions

- What competes for my heart's affection?
- Are my thoughts honoring Christ?
- What practical changes will help me pursue purity this week?

Write down one commitment you will make to pursue a heart fully devoted to Jesus.

Respond: "Father, I want my life to honor You in every way. Purify my heart, renew my mind, and help me live with wholehearted devotion to Christ. May my thoughts and actions bring glory to You. Amen."

Weekly Challenge

At the end of these six days, ask yourself:

Am I merely avoiding outward sin, or am I allowing Jesus to transform my heart, my thoughts, and my desires into His likeness?