



Daily Bible Reading Plan

Matthew 5:33-37

Monday, September 28, 2026

Highlight: Matthew 5:33-34

Explain: In the Old Testament, God's people were commanded to keep their promises. Jesus addresses a culture that had developed complicated ways of making some promises seem more binding than others. Jesus calls His followers to something deeper: a life of consistent truthfulness.

Apply: Think about the promises and commitments you have made to others. Are you someone whose word can be trusted?

Respond: "Father, make me a person of integrity. Help me keep my promises and make my words trustworthy. Amen."

Tuesday, September 29, 2026

Highlight: Matthew 5:33-37

Explain: Jesus is not teaching that every formal promise or legal oath is wrong. He is confronting the habit of using impressive-sounding promises to make people believe that our words are more trustworthy. For a disciple of Jesus, honesty should characterize everyday conversation.

Apply: Do you ever exaggerate, make excuses, or say things you don't really mean? Ask God to help you become more honest and straightforward in your communication.

Respond: "Lord, help me speak honestly and clearly. Remove exaggeration and deception from my words and make my speech reflect Your truth. Amen."

Wednesday, September 30, 2026

Highlight: Matthew 5:33-37

Explain: God does not lie or make empty promises. His character is perfectly truthful and faithful. Because we belong to Him, our own character and communication should increasingly reflect His character.

Apply: Think about the people who know you best. Would they describe you as trustworthy and truthful? What is one area where you can grow in integrity?

Respond: "Father, thank You that You are completely trustworthy. Shape my character so that my words and actions reflect Your truthfulness. Amen."

Thursday, October 1, 2026

Highlight: Matthew 5:34-36

Explain: Sometimes we feel the need to convince others that we are telling the truth. We may exaggerate, make dramatic promises, or use impressive language to gain someone's trust. Jesus points us toward a better way: develop a character that makes our ordinary words trustworthy.

Apply: Do you sometimes feel like you have to convince people that you are telling the truth? Instead of trying to prove yourself with bigger words, focus on becoming a person whose character speaks for itself.

Respond: "Jesus, help me become the kind of person whose character makes my words believable. Give me humility and integrity in the way I communicate. Amen."

Friday, October 2, 2026

Highlight: Matthew 5:37

Explain: Jesus calls His followers to simple, truthful communication. We should not need complicated explanations or manipulative promises to make our words believable. Our yes should mean yes, and our no should mean no.

Apply: Consider your communication at home, work, school, or church. Are you clear and honest with people? Is there a situation where you need to speak more truthfully or clearly?

Respond: "Lord, help my yes mean yes and my no mean no. Give me courage to speak the truth with love and wisdom. Amen."

Saturday, October 3, 2026

Highlight: Matthew 5:33-37

Explain: Jesus is calling His followers to a consistent life of integrity. Our private character and public words should match. When our lives are marked by honesty, people can trust our words and see the difference Christ makes in us. Integrity means being the same person when people are watching and when they are not.

Apply: Reflect on these questions

- Can people trust my words?
- Do I keep my commitments?
- Do I tell the truth even when it is difficult?
- Do my words and actions match?
- Where is God calling me to grow in integrity?

Respond: "Father, make me a person of integrity. May my words be truthful, my commitments be dependable, and my life reflect the character of Jesus. Help me live so that others can trust me and ultimately see Your faithfulness through me. Amen."

Sunday, October 4, 2026

Highlight: Matthew 5:33-37

At the end of this week, ask yourself:

If people could judge the truthfulness of Jesus by the way I keep my word, what would my life tell them about Him?