Daily Reading Plan
Matthew 6:25-34

Jesus teaches us to trust our heavenly Father rather than allowing worry to control our hearts. God knows what we need, cares for us deeply, and calls us to seek His kingdom first.

Monday | November 16, 2026
Highlight: Matthew 6:25-34

Explain: Jesus begins with a command: “Do not worry.” He is not saying that our needs are unimportant or that difficult circumstances do not matter. Instead, He reminds us that our heavenly Father already knows what we need.

Worry often causes us to focus on our circumstances instead of the God who is greater than our circumstances.

Apply: What is one concern that has been occupying your thoughts lately? Instead of repeatedly carrying it in your mind, intentionally bring it to God in prayer and trust Him with it.

Respond: Ask God to help you surrender your worries to Him and trust His care for you today.

Tuesday | November 17, 2026
Highlight: Matthew 6:25-34

Explain: Jesus points His listeners toward the birds of the air. They do not plant or harvest, yet God provides for them. If God cares for His creation, how much more does He care for people who are created in His image?

Jesus is not encouraging laziness. He is teaching us that our ultimate security comes from God's provision rather than our ability to control everything.

Apply: When you begin to worry about your needs, pause and remember God's past faithfulness. Write down a few ways God has provided for you in the past.

Respond: Thank the Lord for His faithful provision.

Wednesday | November 18, 2026
Highlight: Matthew 6:25-34

Explain: Jesus reminds His disciples that they are more valuable than the birds God faithfully provides for. Our worth is not determined by what we possess, what we accomplish, or how secure our circumstances appear.

Because God knows and values us, we can trust that He cares about our needs.

Apply: Are you allowing circumstances, possessions, accomplishments, or uncertainty to determine how secure you feel? Remind yourself today that your value comes from God.

Respond: Ask God to help you rest in His love and care rather than allowing circumstances to determine your sense of security.

Thursday | November 19, 2026
Highlight: Matthew 6:25-34

Explain: Jesus points to the flowers of the field. They do not work to create their own beauty, yet God provides for them abundantly. If God takes such care with temporary things, we can trust Him to care for His children.

Worry cannot add anything meaningful to our lives. Trust allows us to live in the present while depending upon God for the future.

Apply: What future situation are you tempted to worry about today? Practice giving that situation to God instead of trying to solve tomorrow before it arrives.

Respond: Ask the Lord to give you grace to live faithfully today without allowing fear about the future to control you.

Friday | November 20, 2026

Highlight: Matthew 6:25-34

Explain: Jesus gives the solution to misplaced worry: “But seek ye first the kingdom of God, and his righteousness.” The answer is not simply to stop thinking about our problems. It is to redirect our attention toward God.

When God's kingdom becomes our highest priority, our circumstances no longer have to control our hearts.

Apply: What is competing with God's kingdom for first place in your life? Consider one practical way you can prioritize God today through prayer, Scripture, obedience, service, or generosity.

Respond: Ask the Lord to rearrange your priorities so that knowing, obeying, and serving Him are more important than your worries.

Saturday | November 21, 2026

Highlight: Matthew 6:25-34

Explain: Jesus closes this teaching by telling His followers not to worry about tomorrow. Tomorrow will have its own concerns. We have enough responsibility for today without carrying the burdens of a future we cannot control.

Trust does not mean that we ignore the future. It means we place the future in God's hands while faithfully obeying Him today.

Apply: Reflect on these questions:

- What am I most tempted to worry about?
- Do I genuinely believe God knows what I need?
- What does my worry reveal about where I am placing my trust?
- Am I seeking God's kingdom first?
- What is one thing I need to surrender to God today?

Respond: Give God your worries, trust His wisdom, and faithfully follow Him one day at a time.

Sunday | November 22, 2026

Highlight: Matthew 6:25-34

Worry focuses on what might happen; faith focuses on the God who holds tomorrow.

This week, whenever you catch yourself worrying, stop and ask: ***"What would it look like for me to trust God with this right now?"*** Then surrender the concern to Him and return your attention to faithfully following Him today.