



# SPRINGFIELD

## *Chronicles*

I'M  
SO  
SATISFIED

**Isaiah 58:11**

October 13, 2024

Fall Edition

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# PASTOR'S CORNER

## “WE KNOW WHO HOLDS TOMORROW”

**“THE LORD WILL GUIDE YOU ALWAYS; HE WILL SATISFY YOUR NEEDS IN A SUN-SCORCHED LAND AND WILL STRENGTHEN YOUR FRAME. YOU WILL BE LIKE A WELL-WATERED GARDEN, LIKE A SPRING WHOSE WATERS NEVER FAIL.”**

ISAIAH 58:11

**FROM WHERE DO WE DRAW OUR STRENGTH IN TIMES OF STRUGGLE? FROM WHERE DO WE FIND PEACE IN TIMES OF WORRY? FROM WHERE DO WE FIND OUR JOY RESTORED IN TIMES OF GRIEF? WHEN TRAGEDY STRIKES - AS WAS THE CASE THROUGHOUT THE SOUTHEAST, AND IN THE MOUNTAINS OF NORTH CAROLINA - THESE EXISTENTIAL QUESTIONS COME TO THE FRONT OF OUR MINDS. WITH IMAGES OF HOMES FLOATING DOWN FLOODED STREETS - AND OF MISSILES FALLING ON NEIGHBORHOODS IN THE MIDDLE EAST - WE ARE OFTEN LEFT WONDERING, WHERE IS GOD IN ALL OF THIS? WHAT'S MORE, IN OUR HUMANITY, WE WONDER WHAT AWAITS US TOMORROW.**

**SPRINGFIELD, THE WORD OF GOD IS CLEAR - DESPITE THE TROUBLE WE SEE IN THE WORLD, AND EXPERIENCE IN OUR PERSONAL LIVES - THE LORD IS WITH US. NOT ONLY SO, BUT THE LORD HAS PROMISED US BETTER TOMORROWS. BE ENCOURAGED - AND KEEP THE FAITH WHEN YOU HEAR REPORTS THAT CONCERN YOU. WE STILL SERVE A GOD WHO IS FAITHFUL TO THOSE WHO LOVE HIM! AND YES, HIS WORD IS TRUE, THAT JOY COMES IN THE MORNING. DO NOT WORRY ABOUT WHAT TOMORROW HOLDS, BUT TRUST THAT GOD CARES FOR YOU AND WILL KEEP YOU THROUGHOUT THE DAYS OF YOUR LIFE. HIS PROVISION IS PERFECT - AND SATISFIES THE FULLNESS OF OUR NEEDS. FOR AS THE HYMNIST WRITES:**

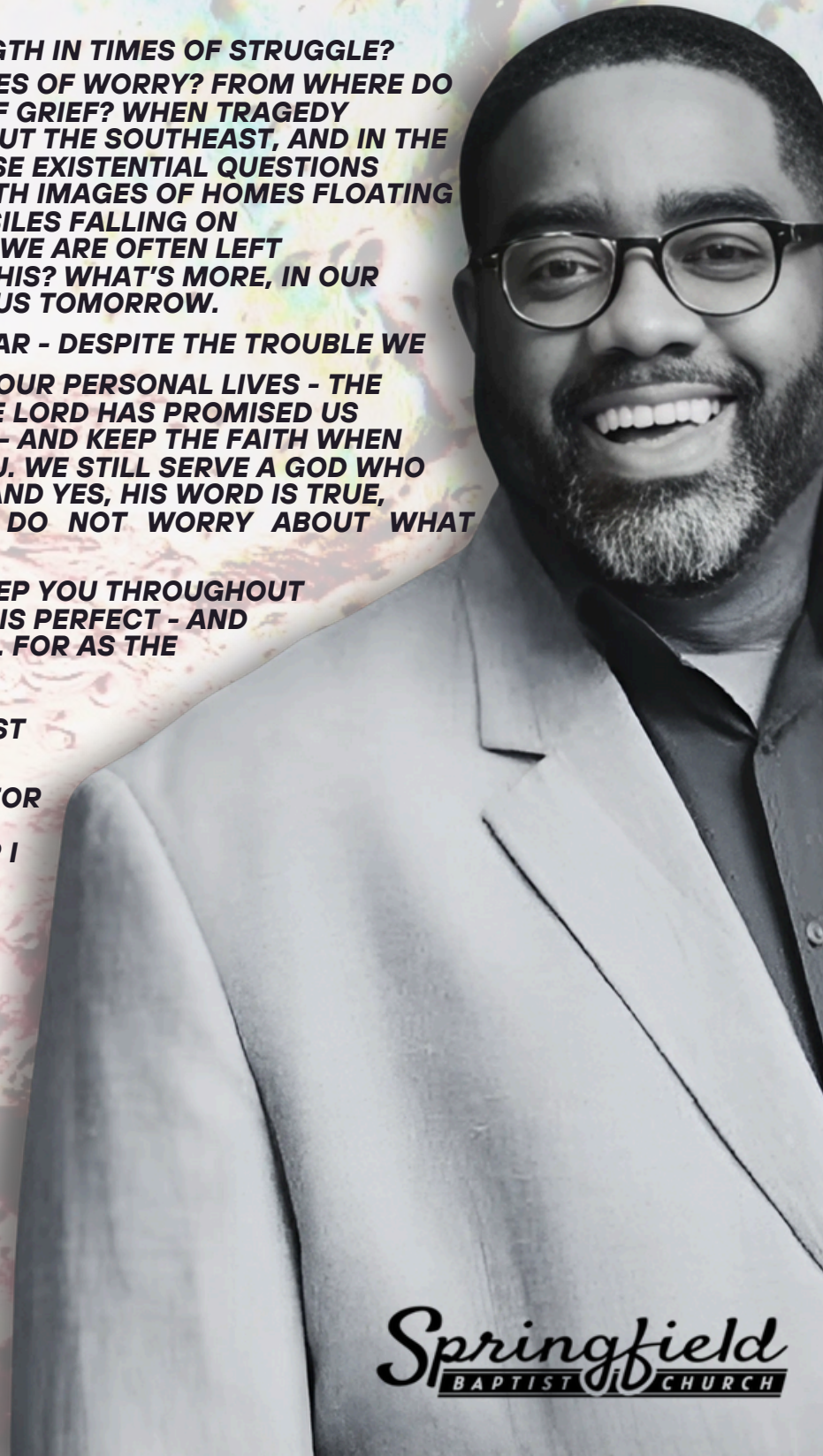
**“I DON'T KNOW ABOUT TOMORROW, I JUST LIVE FROM DAY TO DAY.  
I DON'T BORROW FROM IT'S SUNSHINE, FOR IT'S SKIES MAY TURN TO GREY.  
I DON'T WORRY ABOUT THE FUTURE, FOR I KNOW WHAT JESUS SAID.  
AND TODAY, I WALK BESIDE HIM, FOR HE KNOWS WHAT IS AHEAD.**

**SO MANY THINGS ABOUT TOMORROW, I DON'T SEEM TO UNDERSTAND.  
BUT I KNOW WHO HOLDS TOMORROW,  
AND I KNOW HE HOLDS MY HAND!”**

**HE HOLDS TOMORROW.  
HE HOLDS OUR HAND.**

**REV. DR. KEVIN D. STURDIVANT**

**Springfield**  
BAPTIST CHURCH







PASTOR  
**APPRECIATION MONTH**

WE LOVE & APPRECIATE YOU  
DR. STURDIVANT!

SHOWER PASTOR WITH YOUR EXPRESSIONS OF APPRECIATION  
DURING THE MONTH OF OCTOBER!

 **RevDrKDS**

SPECIAL PRESENTATION ON OCTOBER 27TH

*Springfield*  
BAPTIST CHURCH





**July 2024**

Paula Robertson Holley

**August 2024**

Sarai Murphy

**September 2024**

Barbara Upchurch  
 Atina Ruffin  
 Michael Ruffin  
 Ernest Wray  
 Willie Holley  
 Gabrielle Griffis  
 Ariel Roberson  
 Keith Roberson  
 Shauntel Scott  
 Karmen Cyrus  
 Kelvin Cyrus  
 Stephanie Cyrus  
 Gail Nolen  
 Chelsea Sykes  
 Kathy Moses  
 Braelyn Coston

WELCOME HOME  
 WELCOME HOME  
 WELCOME HOME  
 WELCOME HOME



Jesus Is Real - John P. Kee & New Life  
 I Know I've Been Changed - LaShun Pace  
 Alabaster Box - CeCe Winans  
 Listen - Marvin Sapp  
 Goodness Of God - CeCe Winans  
 That's My King - CeCe Winans  
 One Name - Naomi Raines  
 Million Little Miracles - Old Church Basement Album  
 God Has Smiled On Me - James Cleveland  
 Motions - Hulvey





# 2024

GRADUATES

## Harmony Byrd

Graduated from Chatham Youth Academy in Siler City at 16. Harmony is currently enrolled at Wake Technical Community College in the Associates of Arts program.

She plans to transferring to NC A&T to get a PhD in social work

She is most proud of continuing to push myself even when she got discouraged at times. Harmony said at 17 in college and working can be overwhelming.

## CLASS OF 2024

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### Alessia Crummy

Graduated from Lifespring Academy in Clayton, NC on May 23rd. Alessia will be attending Wake Technical College in the fall. She plans to become a teacher.

Alessia is most proud of graduating with honors, receiving a state scholarship and being an illustrator of the published book "Be a Buddy Not a Bully."

Parents: Reuben and Elder Dr. Lisa Crummy



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I'm Satisfied 58:11

# “Satisfied”

BY JOHNNY RAY MOORE

“Day by day, The LORD is near,  
As we search for direction.

We all know there is no shame,  
In thriving for perfection.

Quite often, we are sidetracked,  
Somehow, we lose our way.

At such a time, we look to GOD,  
As we bow down and pray.

And furthermore, we should help others,  
In their time of need.

There’s comfort when we do our part,  
GOD shines through us, indeed.

And in the end when all is done,  
If we have kept the faith.

I’m sure we will be satisfied,  
Thanks to His saving grace.





# SWAT

Senior With A Testimony

The Mission of the Senior Citizens Ministry shall be to provide opportunities for members 65 years and older to continue to be involved in service, support, and fellowship within Springfield Baptist Church.

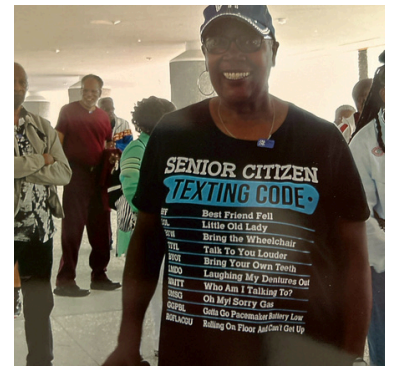
The Purpose of this ministry is to focus on creating such events and activities so as to enhance and encourage spiritual, moral, physical and social growth for our senior saints.

This ministry endeavors to follow the examples given in the word of God with every attempt to please him in all our efforts

Here is a glimpse at us putting our mission, purpose and endeavors into ACTION:







We held an event to help us connect with young adults and our peers to learn online safety and help with our various devices. There were 30 people in attendance for this event. This was taught by our own Technology leaders here at SBC, Stephan Evans and Darrien Reeves.

We had a luncheon for the seniors and 97 members attended.

We then had our Senior Citizens Day program and Rev. Dr. Gregory Moss brought an awesome word!

Then, we even went off campus to the International African-American Museum in Charleston, SC and we had 91 members to travel with us!



# TRAILBLAZER NEWS

William Dawes



## NEW IDEA



*I give God all the glory. Through him all things are possible!*

**WILLIAM DAWES**

Inventor & Patent Holder

### What was your motivation behind your idea?

My motivation behind the idea was to improve the operator's experience inside the cabin by increasing the wiper zone on the front glass. A larger wipe zone improves visibility.

## THE IDEA

that I created was the glass windshield. I developed a glass windshield along with another Engineer.

I worked with the Cabin Engineer to develop and design a glass windshield for the new small wheel loader machine. The windshield has a unique curvature that allows the windshield wiper blade and arm to keep constant contact when it moves across the glass. During this process, I developed a wiper arm and wiper blade for the windshield. The windshield, the wiper blade and the wiper arm work together as a system to provide better visibility for the operator. The process took 4 years from filing to award.

### WHAT ADVICE WOULD YOU GIVE TO A PERSON INTERESTED IN PATENTING AN IDEA?

The advice I would give to a person interested in patenting an idea would be don't worry about how big or how small the idea may be. Trust in yourself and your belief and go ahead and file the patent. Your idea could change the world! Never forget where your talent comes from. I give God all the glory. Through him all things are possible

I am satisfied - Isaiah 58:11

# Greetings friends and family.

My name is Ian Weakly. As some of you may know, God has blessed me to have a long and illustrious athletic career. The events that I specialize in are the 400-meters, long hurdles, and mile relays. At 50 years old, I am now competing at the masters level—specifically in the 50-54 age group. I am proud to represent the Atlanta Track Club at the national level as well as internationally I represent USA Track & Field.

I would love to share some of my recent accomplishments with my Springfield family, each of which I am grateful to God for being able to achieve:

- This year, I began my athletic season in April when competing at the N.C. A&T Aggie Classic. I ran the 400m with a time of 52.11. Next, also in April, was the Penn Relays Carnival in Philadelphia. My team and I, representing the Atlanta Track Club, were able to bring home the gold in the 4x400 rels. I am also happy to report that we secured a bronze Medal in 4x100m.
- Moving onto May, I competed in the Aggie Classic last chance with my signature event of the 400m. I want to give all glory to God for being able to run 52.05—the fastest recorded time in the world for this particular competition! Hallelujah for health, strength, and a body that is still capable of setting records!
- In July, I ran at the Pan American Masters Games in Cleveland, Ohio. Again, I competed in the 400m and my time of 51.90 won me the gold as well as set a new record for this competition. My second event was the 400-meter hurdles where I won another Gold Medal and set a World Record of 54.75. I concluded the Pan American Games by competing alongside my team to secure a bronze medal in the 4x100m relay.
- My season concluded with the most important event of the year—the World Masters Athletics Championships, which took place in Gothenburg, Sweden. My first event was the 400m hurdles in which I placed first with a time of 56.97. I then advanced to the semifinals which I won with a time of 56.58. Last, but certainly not least, I competed in the finals. My time of 54.91 resulted in a gold medal and another world record. My relay team and I were also proud to be able to take home the gold—a great end to a great season.

I am grateful to God for everything that I was able to achieve this year and I give him all the glory for all of these wonderful accomplishments. I take none of it for granted and owe it all to him. Thank you Springfield family and the newsletter ministry for giving me the opportunity to share all the great things the Lord is doing in my life. 🙏 I pray that I might be able to continue inspiring, educating, fellowshiping, competing, and showing my love of the great sport of track-and-field which will always have my heart.

Attached is some of my favorites photos along the way and of course two scripture that I use along the journey

MATTHEW 6:33 (ESV) BUT  
SEEK FIRST THE KINGDOM  
OF GOD AND HIS  
RIGHTEOUSNESS, AND ALL  
THESE THINGS WILL BE  
ADDED TO YOU.

1 CORINTHIANS 10:31 (ESV)  
31 SO, WHETHER YOU EAT  
OR DRINK, OR WHATEVER  
YOU DO, DO ALL TO THE  
GLORY OF GOD.





**DIPLOMA**  
 WORLD MASTERS ATHLETICS  
 CERTIFIES  
**IAN WEAKLY**  
 (UNITED STATES)

**WORLD RECORD**

Event:  
**400 m. Hurdles**  
 Performance:  
**54.91**  
 Date set:  
**17 August 2024**  
 Age Group:  
**M50 - 54**  
 Venue:  
**GOTHENBURG (Sweden)**

Athletics For Life

*Dr. J. J. ...*





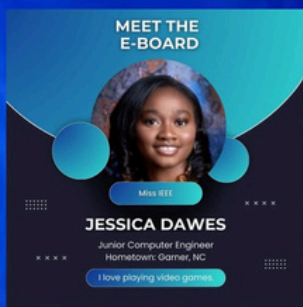
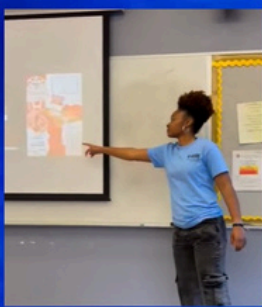
# College Life



## ETA KAPPA NU

The Dawes family is pleased to share some amazing news about our daughter and sister, Jessica Dawes. This past May 2024, Jessica was inducted into the International Eta Kappa Nu Honor Society of the Institute of Electrical and Electronics Engineers (IEEE) organization. She is most proud of being inducted and recognized as an individual who exemplifies excellence in the profession of electrical and computer engineering and in education with ideals of Scholarship, Character and Attitude.

## MISS IEEE



Furthermore, we are pleased to share that she has been elected as Miss IEEE, where she is most proud of working with Mister IEEE to provide community service opportunities to the members within the organization. She is also proud to represent this organization during the annual coronation at the illustrious NC A&T, where Mister and Miss A&T will be crowned.



## CO-VICE PRESIDENT

Moreover, she has also been elected as the Co-Vice President of Aggies for Engineering and Community Enrichment (AECE). Which is a student-led organization on campus that promotes STEM with a heavy emphasis on community enrichment, and serving underrepresented communities. She is most proud of being able to serve K-12 students. Specifically, she spends 2 hours each Thursday teaching 3rd-5th graders how to build and code robots so that they will be ready to compete in their first "For Inspiration and Recognition of Science and Technology" or ("FIRST") LEGO Spike Prime competition in November of 2024.

***We are so proud of the leadership and ways that she is positively impacting her campus and the Greensboro community, and we pray for her continued success!***



# College Life

## ALEXIA "LEXI" RAY

has been named Chapter President of the recently formed collegiate UNCG Chapter for the National Council of Negro Women (NCNW). The NCNW was originally founded in 1935 by Dr. Mary McLeod Bethune, an influential educator and activist, and for more than 50 years, the iconic Dr. Dorothy Height was president of NCNW.



## Lexi Ray Selected UNCG Chapter NCNW President

### LEAD ~ ADVOCATE ~ EMPOWER

NCNW is an "organization of organizations", comprising of over 300 campuses and community-based sections and 32 national women's organizations. Its mission is to lead, advocate for, and empower women of African descent, their families, and communities.

### 61ST NATIONAL NCNW CONVENTION

Lexi will represent the UNC-G Chapter at the 61st National NCNW Convention in Baltimore, MD, October 9 - 13, 2024.

*"I'm humbled to lead and be a part of such an amazing organization and hope to broaden economic empowerment, health equity, education and social justice for women who look like me and honor those past wonderful women leaders whose shoulders I stand on today," said Lexi.* Lexi is a senior at UNCG and is the daughter of Bro Eric and Sis Jackie Ray.



I'M SO SATISFIED



ISAIAH 58:10

# AND A CHILD SHALL LEAD THEM

Ethan O'Bryan & Jade Olivia Young

Parents: Tramaine and Jenell Young

Grandparents: Johnny Ray Moore and Jackie Moore



ETHAN - 7yrs. Old 2nd Grader at North Raleigh Christian Academy

Who is God to you?

- My King

Why is having a relationship with Him important?

- Because He loves us.

How do you show others your love for God?

- By Worship

Do you have a favorite scripture?

- Ex 19:5- Now therefore, if you keep My covenant, then you shall be a special treasure to me above all people; for all the earth is Mine.

JADE - 5yrs. Old Kindergartener at North Raleigh Christian Academy

Who is God to you?

- God is God.

Why is having a relationship with Him important?

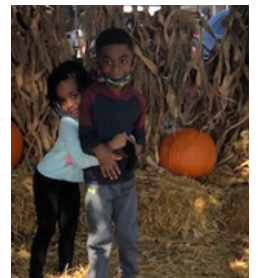
- So that I can be safe.

How do you show others your love for God?

- By helping my brother clean up.

Do you have a favorite scripture?

- Acts 16:31 Believe on the Lord Jesus Christ and thou shalt be saved.



## Small But Mighty





**DEAR**

*Springfield Family, Members & Friends.*

To my church family, members, and friends at Springfield Baptist Church,

My name is Sandra Garris, a longtime SBC member. I am the daughter of the late Deacon Samuel and Annie B. Garris. Many members know me and my attendance at SBC, where I learned to put my trust in God. I love the Lord and I share your love for Him.

My youth was spent at SBC Sunday School, Bible School, BTU, youth choirs, revivals, and conventions. I was the chairman of the SBC Newsletter Committee for many years and enjoyed doing it. I was also a member of the SBC Voices. Currently, my health prevents me from being as active as I once was before,

Years ago, I had one of my kidneys removed. I have been through many illnesses within the last 5 years, and I know your prayers have helped me through to this point. I am currently experiencing end-stage renal disease and I need a kidney transplant for continuance of life.

My appeal to you today is to ask if one of my SBC family might be willing to donate a kidney to me. I would have the highest of THANK YOUS to any one who will consider accepting this challenge.

I can be reached at 984-302-4051 or [samgarris@hotmail.com](mailto:samgarris@hotmail.com). Thank you for your attention, consideration, and help. May God continue to bless you and please continue to trust in God.

Sincerely,  
Sister Sandra Garris and family



I am satisfied Isaiah 58:11

# Congregants Are in Order



## We See You

We are so thankful for the watchful eye and protection that Deputy Bromell provides for Springfield Baptist Church. Recently, Deacon Fred Clarke and Sis. Sharon Clarke were able to witness the recognition of Deputy Bromell Deputy for 15 years of service with the Sheriff's Office. Bromell who primarily covers our Sunday Services.

DEPUTY BROMELL



Thanks for your help!  
Together, we are making a difference!  
[www.ymcatriangle.org](http://www.ymcatriangle.org)

*Jourdan Carr* recently began her role as **Communication Support Specialist** at the **Kraft Family YMCA in Apex, NC**. In this position, she oversees the Before School, After School, and Y-Learning Programs for three elementary schools in Wake County. These programs offer homework assistance, help students stay on or above grade level, and provide essential educational resources. In addition, Jourdan is now leading the YMCA's Annual Campaign, which supports the community through educational initiatives, family support, health and wellness, and development programs.

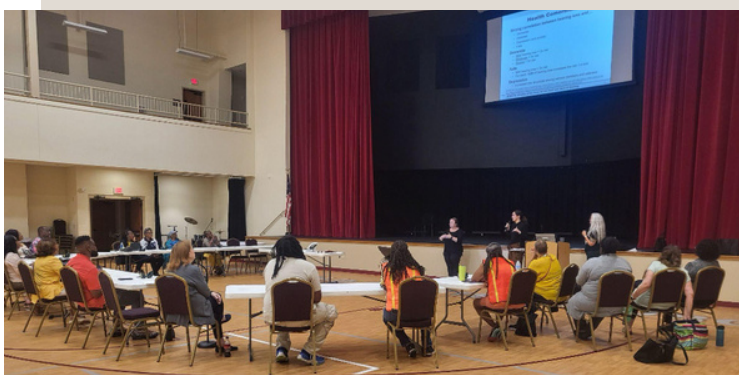
*Jourdan said, "After working for the YMCA for 3 years and interacting with families and coworkers that benefited from programs such as LiveSTRONG, Swim Lessons, and Summer Camp. I made it a vow to continue to give back to the community and make the world a better place starting with my city."*



# A Different, Different World



## **Anointed Hands Deaf Ministry**



On Saturday, September 21st, the Anointed Hands Deaf Ministry partnered with the North Carolina Division of Services for the Deaf and Hard of Hearing (DSDHH) to provide an interactive workshop entitled “A Different, Different World.” The event hosted 20 participants and five presenters from the Raleigh and Wilson Regional Centers. Presenters shared their life experiences, educational backgrounds, and struggles with communication access. Other discussion topics included Deaf Culture, hearing loss, and the importance of communication accessibility.

Participants left the event with a wealth of information about the Deaf, DeafBlind, and Hard-of-Hearing communities. They also received a new outlook on effective communication. As part of a lip-reading activity, participants watched a presenter mouth ten words and wrote down what they believed the words were. Out of ten words, only one person correctly identified three. This supports the research that says only 30% of what is “read” on the lips is “understood.” 30%. Can you imagine catching 30% of what your family is saying? Or, only 30% of a sermon? What about only gathering 30% of what your doctor is telling you? There is still 70% of the message that you aren't privy to. Now transfer that statistic to your life. Can you imagine missing out on 70% of your life?

(\*Please note- photos are for in-house use only and are not to be posted on social media. Thank you.)

*Communication, not speech, is essential for life, so we are glad to offer workshops like these and plan to offer more educational opportunities.*

# Spotlight On

## Our Dedicated Ministry Workers



A ministry refocused and continuing the mission to serve others with a sense of purpose and pride as we strive to support our church and community!

Member commitment shows and we are grateful for our dedicated ministry workers who show up ready to work, gather and share whenever needed or called upon!



Special thanks to Darlene Gooding and Elaine Little for assisting me on 08/31/24 at the Super Saturday event to meet and greet new members.



Thank you Mary Kelly and Helen Allen for supporting the repast at Lea Funeral Home on 09/13/24 for one of Springfield's Food Bank Ministry participants.

Pictured (left to right)  
Front Row: Gwendolyn Wade, Helen Corbin, Margaret Whiting, Helen Allen  
Back Row: Vanessa Adams, Shelby Harwell, Mary Kelly



# EEA News

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## **I'M A TEEN BUILDING WEALTH I'M A YOUNG ADULT BUILDING WEALTH**



### **CHIKE UZOKA**

The facilitator was licensed Financial Advisor, Realtor, Author, Speaker, and Entrepreneur Chike Uzoka who believes what Proverbs 18:16 says: "a man's gift makes room for him, and brings him before great men." His gift (and passion) allowed him to pass the torch to our teens and young adults who are or will soon be employees, entrepreneurs, and homeowners, and give them a chance to live life without limits. Financial literacy is the great equalizer - the gateway to changing legacies for generations to come.

The Springfield Economic Empowerment Ministry's "I'm a Teen or Young Adult Building Wealth" workshop is a shining example of proactive financial education in action. Held on July 13th, this event brought together eager young minds to delve into the world of personal finance, covering critical topics such as wealth creation, entrepreneurship, leveraging personal talents for monetary gain, and the intricacies of real estate.



The workshop's approach was not just theoretical; it was hands-on and practical. The participants left with not just knowledge but also actionable steps to take control of their financial destinies. The use of incentive programs, as demonstrated by Sister Katrina Taylor's commendable achievement in bringing six guests to the event, proved to be an effective strategy to boost engagement. Her reward of \$500.00 is a testament to her commitment and serves as a beacon of motivation for others.

# EEM News

## COMPOUND INTEREST OH MY!

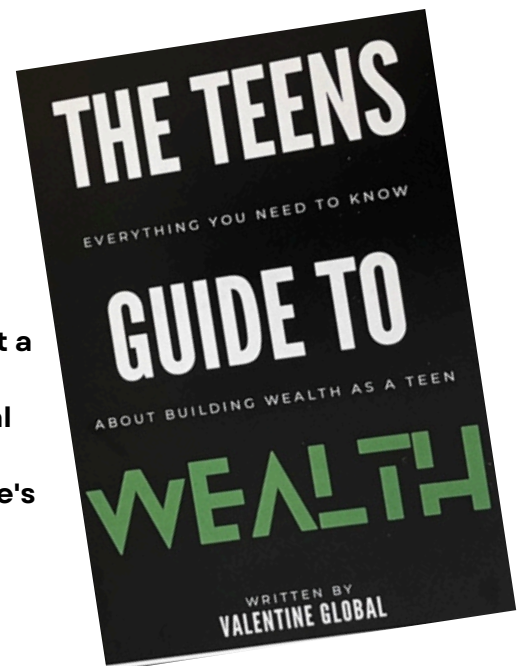


*“The power of compound interest is not just a financial concept; it’s a metaphor for the exponential growth that can occur when we invest in our young people’s potential.”* says Anthony Jenkins one of the founding members of the EEM.

### The Ripple Effect...

Moreover, the workshop’s ripple effect was evident in the actions taken by attendees. With guidance from Joe and Yashika Robinson, six young adults took a significant step by opening brokerage accounts. Similarly, Kenny Elliott’s influence led two Men’s Fellowship members to invest in their grandchildren’s futures through brokerage accounts. These stories highlight a community coming together to foster a culture of financial literacy and independence, demonstrating that with the right knowledge and tools, anyone can start building wealth, regardless of age.

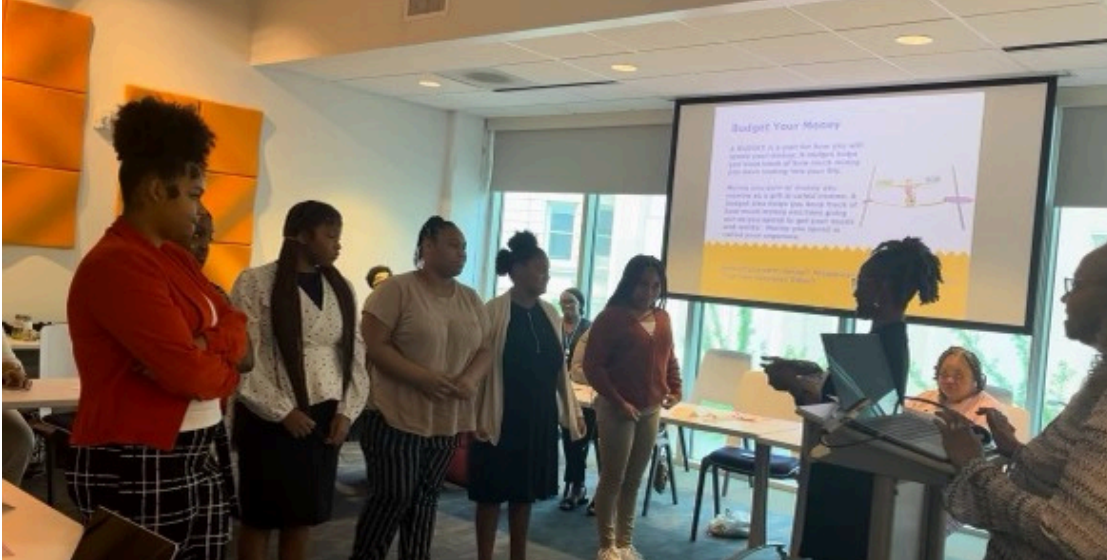
The success of this workshop underscores the importance of financial education as a cornerstone for a secure future. It’s a heartening reminder that when communities invest in the financial well-being of their youth, they are planting the seeds for a more prosperous society. **The power of compound interest is not just a financial concept; it’s a metaphor for the exponential growth that can occur when we invest in our young people’s potential.** Let’s hope that the Springfield Economic Empowerment Ministry’s initiative inspires many more such workshops across the nation, cultivating a generation of savvy, empowered wealth builders that bring Glory to God!





# EEM News

## EEM + EDGY GIRLS



*What EEM provided:  
age appropriate  
financial education  
for girls with hands on  
activities, props and  
demonstrations to  
help solidify lifelong  
tips*

### EEM in the community

**Name of group:** Edgy Girls

Members of the EEM Team, Kandaree Dawkins & Vicky Jenkins traveled to Durham for a Back to School "Let's Get Ready To Sparkle" event sponsored by NJC Mentors.

NJC Mentors & Guest hosted this back to school seminar and invited the EEM to share financial tips to the young ladies of Edgy Girls

**Who We Served:** Ages: 12-15; Each young lady has an adult mentor who was in attendance with her/them

**When We Served:** Saturday, August 10, 2024 in Durham 1:30 pm -3 pm

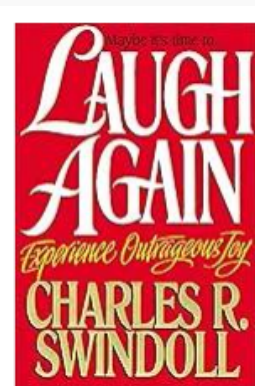
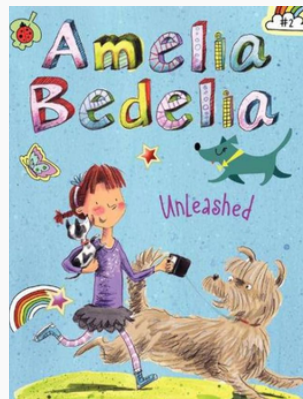
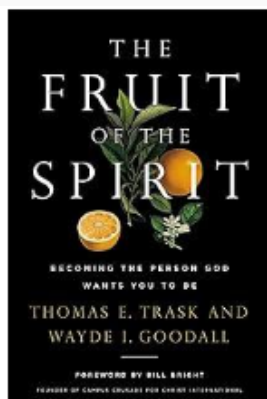
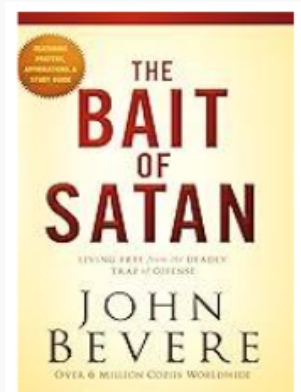
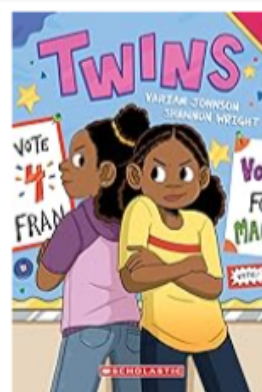
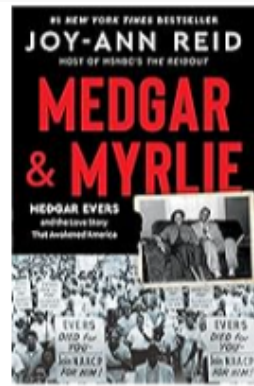
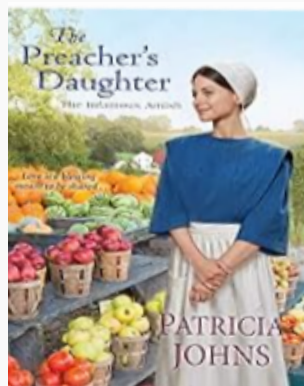
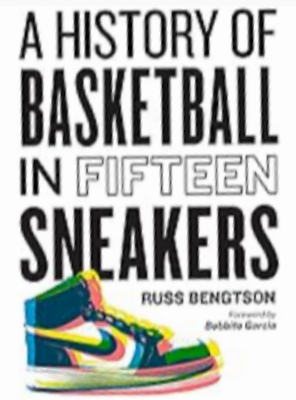
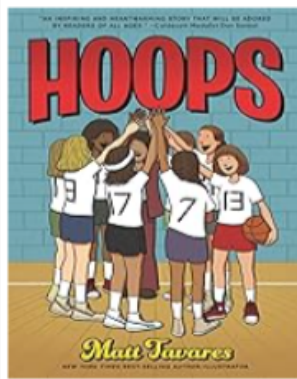
An SBC entrepreneur that has benefited from the EEM teachings, Nicole Neal, provided 10 minutes of knowledge and experience via virtual media; two of the 12 Edgy Girls members are entrepreneurs so Nicole's insight was invaluable to hear from someone who started a business at their age and have successfully run it for 5 plus years. Nicole too provided her contact info for them to reach out and have another source of support. The girls have taken her up on that offer.



I'm So Satisfied Isaiah 58:11

# FALL INTO Reading

**The SBC Library welcomes you to check out one of these!!**





# Ministry News



## P.A.C

### Political Action Committee

**2024 is a vital political year.**

We will elect a president, a governor, state senators and congressmen along with City council members and commissioners. This SBC Political Action Committee (PAC) wants all members to be informed and knowledgeable about items on the ballot and the importance of voting.

- This year we are promoting voter registration, voter IDs and early voting.
- *Early voting started October 2, 2024.* We are asking for all SBC members and friends to request your early ballot.

### Making Our Gateway To Springfield Cleaner

**Each fourth Saturday at 9:00am** Springfield has a very organized litter pickup effort. This is a **CHURCHWIDE** event so everyone is welcome to join in this effort to keep our roadway pristine.

#### What Do I Wear?

*When you come out, please wear long pants and closed toe shoes.*

#### Why Participate?

- 1. Make a Difference: By picking up litter, you directly contribute to a cleaner environment.*
- 2. Connect with other church members: It's a great opportunity to meet fellow members and work together.*
- 3. Feel Good: There's something satisfying about transforming a litter-strewn area into a spotless one.*
- 4. Students can earn "community service" hours to add to their resume' for college applications and scholarships.*

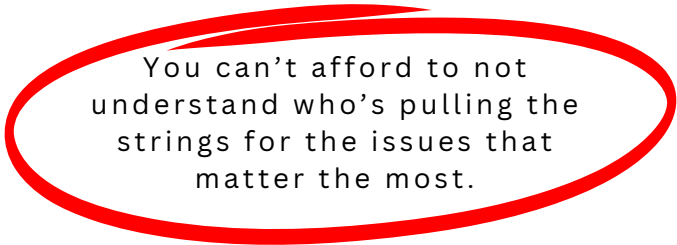
#### What it looks like?

- 16 people to clean-up
- 1 person to drive the van
- Job completed in 1 hour



**Let's maintain a cleaner, more beautiful gateway to Springfield TOGETHER!**

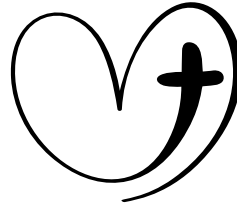
**Thank you for caring about our community. See you there!**





COME JOIN US!  
8:30 - 9:30

### Sunday School Classroom Location



Senior Class - Fellowship Hall  
Teachers: Sis Bowden, Dec Cooper  
Dr. Hawkins, Sis Wilmore

Youth Class - DSMB, Room 234  
Teachers: Bro Davis, Sis Dobbin,  
Sis. Emerson, Sis Evans

Adult Class - DSMB, Room 182  
Teachers: Sis Aguilar, Rev Farmer, Dec Gibson,  
Bro Hinton, Bro Marshall

Children Class - DSMB, Room 242  
Teachers: Bro Dobbin, Sis Nalls,  
Sis Stokes, Sis Twitty

Young Adult Class - DSMB, Room 238  
Teachers: Rev Davis, Sis Hinton,  
Rev Turner

Economic Empowerment Class - DSMB, Room 248  
Teachers: Sis Dawkins, Sis Holloway,  
Dec Jenkins

### OCTOBER SUNDAY SCHOOL LESSONS

#### Songs of the Old Testament

- Oct 6 - Regret and Remorse  
— (Psalms 51: 1-4, 10-12, 15-17)
- Oct 13 - We're in a Tight Spot  
— (Psalms 22: 1-11)
- Oct 20 - Dinner Time!  
(Isaiah 25: 1-10a)
- Oct 27 - Let the Silence Speak  
(Psalms 62: 1-12)



### NOVEMBER SUNDAY SCHOOL LESSONS

#### Psalms of Thanksgiving & Praise

- November 3 When the Road is Long  
(Psalm 23: 1-6)
- November 10 Whom Can You Trust  
(Psalms 146: 1-10; 150: 1-6)
- November 17 A Gratitude Attitude  
(Psalms 100: 1-5)
- November 24 Wonderfully Marvelous  
(Psalms 139: 1-12)





# The Victim and the Predator

## By: Lorraine (L.W.) Smith

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### Final Part 3

For each of those bad acts – I wish there were a way I could take it all back.

My heart has a lifetime of regret.  
You don't have to forgive me,

The time it would take to make it up to you would outlive me.  
But if you should ever need a friend, or someone to have your back,

Just call or give me a text.

She paused and said, I now walk the roads of your loneliness.

I was blinded by my own inner mess.  
I am not that bully I use to be,

For years, the abuse I gave to you came to me through my own family.”  
I could not believe what I was hearing, my predator was a victim too!  
Her words felt like a single tear falling upon my heart.  
Colliding our worlds that once stood apart.  
Right then and there, in that very moment!

My forgiveness could not be delayed, I knew I had to act upon it!  
I told her, I forgive you, but how can I forget?  
It was not me who mistreated you with abuse.

3

So why was I the one you accused?  
And now you come to me for refuge.  
For years you caused me to pay a price I did not owe,  
To trust you now is a way of life I do not know.  
I needed undeniable truth, so I asked her,  
When tomorrow comes will you be the same?

Or will you be tempted to seek remnants of your narcissistic fame?

Will do your part to fulfill our destinies?  
Will you be a friend standing next to me?  
Or will you become another two-faced frenemy?  
Do you have a sincere motivation  
To undo these past years of trials and tribulations?  
Because I need a friend like no other,

A friend that will be closer to me than a sister or a brother.

I just don't know what to do.  
Give me one reason why I should trust you.  
And she said, “Love those who persecute you.  
That means this unlovable ex-bully too.  
For no greater love than this is the One who  
Laid down His life for His friend.  
A true friendship endures until the end.  
Blessed are those who suffer for what is right.  
Great is their reward in Heaven.  
Forgiveness does not stop at seventy times seven.

~~~~~

Greater love hath no man than this, that a man lay down his life for his friends. John  
15:13

So, watch yourselves. If your brother or sister sins against you, rebuke them; and if they repent, forgive them.  
Luke 17:3

*I write about life issues for children, teenagers, and young adults. As a youth I was bullied sometimes and would find ways to avoid my in-home bully. When I was ten, we lived in a house that had an attached ladder that led up to the rooftop at the back of the house. During that summer I would stay on the roof until the sun went down to avoid the bullying.*

*I wrote this Spoken Word during the pandemic in 2020 and based on current events involving some of America's youths it is applicable. Train up a child in the way he should go and when he is old, he will not depart from it. Proverbs 22:6*

# Lifestyle news

*Thank you to  
Mrs. Linda  
Gladney for  
submitting  
this great fall  
treat*

## Baked Pears with Cinnamon Honey

### Ingredients

- 4 medium pears
- 3 tablespoons honey
- 2 tablespoons coconut oil or butter
- ½ teaspoon cinnamon
- ½ teaspoon vanilla extract

### Instructions

Preheat oven to 400 degrees.

Peel the pears.

Cut the ends off and then cut the pears in half.

Scoop out the core.

Place the pears face down on a baking sheet or in a 9 x 13 glass baking dish.

In a small bowl, combine the honey, cinnamon, coconut oil and vanilla extract and heat in the microwave for 30 seconds. Stir to combine well.

Spoon half of the sauce over the pears.

Bake for 30 minutes until soft and turning brown.

Remove from oven and add additional sauce over each pear.

ENJOY!!



## Maple Pecan Oats

### Ingredients

- ¾ cup rolled oats
- ¾ cup non-dairy milk (almond, oat)
- 2 tablespoons chopped pecans
- 1 tablespoon maple syrup
- ¼ teaspoon vanilla extract
- 1/8 teaspoon cinnamon

### Instructions

Mix everything together in a jar or container.

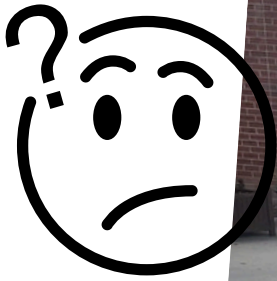
Cover and let sit in the refrigerator overnight.

Enjoy in the morning, cold or warm.

Add your favorite fruit(s)- blueberries, raisins, apples, etc.



AS OUR CHURCH GROWS AND GROWS AND GROWS...  
ARE YOU ATTENDING EVENTS? ARE YOU MEETING PEOPLE YOU DON'T KNOW? ARE YOU LEARNING NAMES OR FACES?  
WE INVITE YOU TO GET TO KNOW SOMEONE NEW



were you  
**THERE**



CAN YOU GUESS WHAT EVENT  
THESE PICTURES ARE FROM?



HOW MANY OF  
THESE SBC  
MEMBERS NAMES  
DO YOU KNOW?



FALL EDITION

# Springfield Chronicles

*I'm So Satisfied - Isaiah 58:11*



Senior Pastor  
Reverend Dr. Kevin D. Sturdivant

**Surely Goodness**  
**Television Broadcast**

Sunday: 5:00 PM  
WARZ-TV — Cable TV 5

Monday: 8:00 PM  
Raleigh Television Network  
RTN22

Tuesday: 6:30 AM  
WLFL — CW22

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**Springfield**  
BAPTIST CHURCH

**I'm So Satisfied - Isaiah 58:11**