

Our Community LISTENS

a foundational course from the Chapman Foundation for Caring Communities

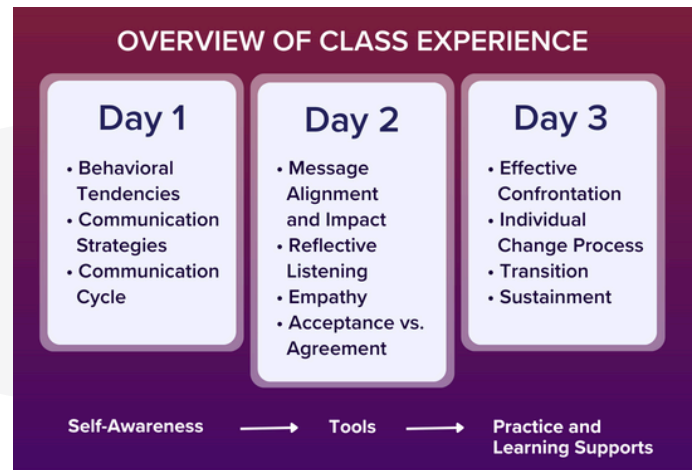
May 08-10 | 8:30AM - 4:30PM

**St. Peter's Episcopal Church
110 N Warson Rd, St. Louis, MO 63124**

Listens is the first of our foundational courses. The three-day course is designed to help participants learn how to listen effectively, express themselves clearly, and build better relationships. These skills are essential for success in both personal and professional contexts.

You'll receive a customized and extensive, eight-part DISC profile and valuable insight from trained facilitators on how to:

- Improve your ability to listen attentively and understand others to foster better relationships at home and work
- Understand your unique communication profile
- Learn about core behavioral tendencies
- Discover how to flex your communication for the comfort of others
- Appreciate the diverse contributions others bring to our lives and leadership
- Express yourself more clearly and effectively
- Resolve conflicts peacefully and productively
- Lead more effectively and inspire others
- Improve Self Awareness



Why You'll Learn It

In a world where differences often divide us, this course teaches the critical skill of listening—a tool that fosters unity through our shared humanity, fuels genuine connections, and is essential for achieving positive outcomes in confrontations. In a society where we are taught to debate and talk, this course answers the question: when do we truly learn to listen and connect?

How It Will Help You

Enhance your interpersonal relationships and confidence in effective confrontation, and grow your leadership skills in all aspects of your life.

What You Can Expect

Experience a transformation in communication skills through our course, led by expert facilitators in a personal setting for up to 24 participants. Learn, reflect, and practice new techniques over three days in person or seven weeks virtually, designed for deep engagement and practical application.

[Register Now!](#)

