

The Prayer of Being Strengthened in the Lord

Be joyful always; pray continually, give thanks in all circumstances, for this is God's will for you in Christ Jesus. 1 Thessalonians 5:16-18

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:6-7

David strengthened himself in the Lord.

And when David and his men came to the city, they found it burned with fire, and their wives and sons and daughters taken captive. Then David and the people who were with him raised their voices and wept until they had no more strength to weep. David's two wives also had been taken captive, Ahinoam of Jezreel and Abigail the widow of Nabal of Carmel. And David was greatly distressed, for the people spoke of stoning him, because all the people were bitter in soul, each for his sons and daughters. But David strengthened himself in the Lord his God. 1 Samuel 30:3-6

When we go through difficulties and trouble; i	t does two things to us.
It us and	us.
It proves to us how strong our	is by how we handle those situations.
How you respond to storms and trials will always what needs improving about your life and wal	, , ,
From the mountaintop we	life.
From the valley we	life.
And that is where our faith gets tested.	
Disasters might drive some people away from driving them into the arms of Jesus. When disc Erwin Lutzer	· · · · · · · · · · · · · · · · · · ·
David reaches his breaking point and typically our breaking point comes right before the	

enemy be exalted over me? Consider and hear me, O Lord my God; Enlighten my eyes, Lest I sleep the sleep of death; Lest my enemy say, "I have prevailed against him"; Lest those who trouble me rejoice when I am moved. But I have trusted in Your mercy; My heart shall rejoice in Your salvation. I will sing to the Lord, Because He has dealt bountifully with me. Psalm 13
Delays are not They reveal our maturity, our proving and what needs improving.
David does not like God's, and we don't either.
David prayed how long but God was and did not answer.
Has God trusted you with His silence. It is a silence with a great meaning. God's silences are actually His answers. His silence is the sign that He is bringing you into an even more wonderful understanding of himself. Oswald Chambers
Think for a moment. Can God forget? Can omniscience forget? Can unchanging love forget? Can infinite faithfulness forget? God cannot forget anything, it is impossible. Charles Spurgeon
The starting point to going from pouting to shouting:
1 to the right person.
2. Pray the thing.
David changed his prayer from how long to my eyes.
Psalm 13:3 Answer me, O Lord my God; give me light in my darkness lest I die.
DavidI want timeframes, but you want to give me
Psalm 92:2-4 Every morning tell Him, "Thank you for your kindness," and every evening rejoice in all his faithfulness. You have done so much for me, O Lord. No wonder I am glad! I sing for joy.

How long, O Lord? Will You forget me forever? How long will You hide Your face from me? How long shall I take counsel in my soul, Having sorrow in my heart daily? How long will my