



THE GOOD LIFE IS...

A JOURNEY THROUGH 1 CORINTHIANS

SESSION 1 – 1 Corinthians 1:1-9

The Good Life Is...

1. How have love and control intersected in your life?
2. How would you define "The Good Life"?

SESSION 2 – 1 Corinthians 1:10-31

Who are you following?

1. Who are you following?
2. What does it mean to you that God works through weakness?

SESSION 3 – 1 Corinthians 2:1-5

When You're Afraid

1. What was a time when you thought something was going to go great, but it didn't turn out that way?
2. When is a time that you surrendered and experienced God's work through you?

SESSION 4 – 1 Corinthians 2:6-16

Ego Check

1. When is a time you got too big for your britches?
2. Where in your life do you need discernment now?

SESSION 5 – 1 Corinthians 3

What's Your Foundation?

1. What's your specific role in building God's church?
2. In what ways can you build on God's foundation of Jesus in your life and in the lives of others?

SESSION 6 – 1 Corinthians 4:1-13

Winners or Losers?

1. Which is your Christian identity more wrapped up in: Being a winner or a loser?
2. Why is it important, as followers of Jesus, to make sure we "don't get puffed up," as Paul says? Where do you see Christians puffed up and it having a negative impact?

SESSION 7 – 1 Corinthians 4:14-21

Talk is Cheap

1. When you are around Christians who seem to know more than you, articulate their faith better than you and talk eloquently about the Bible, how does that make you feel?
2. When you are around Christians who care for you, help you, support you and love you the way Christ loved us, how does that make you feel?
3. Which would you rather be known for?

SESSION 8 – 1 Corinthians 5

Let's Talk About Sex

1. In what ways have you seen people dishonor one another with the way they approach sex?
2. What happens to trust?
3. As an adult who follows Jesus, if you had the courage, what would you want the young people to think about when it comes to their decisions about sex?

SESSION 9 – 1 Corinthians 6:1-11

Not Like Everyone Else

1. Do you agree with Paul, that Jesus followers should be known for being different from everyone else?
2. How are you "easily angered" these days and find yourself tempted to respond like everyone else does?

SESSION 10 – 1 Corinthians 6:12-20

Just Because You Can...

1. How would you finish this sentence: God created my body for _____.
2. Why do so many people get themselves in trouble sexually?



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SESSION 11 – 1 Corinthians 7:1-16

Relationship Superpowers

1. In what relationships are you the giver?
2. In what relationships in your life are you the taker?

SESSION 12 – 1 Corinthians 7:17-24

Grow Where You're Planted

1. How are you using your current situation/vocation/circumstance to glorify God?
2. What experience in your life could you use to help others?

SESSION 13 – 1 Corinthians 7:25-40

Life's Greatest Gift

1. How does knowing your time is limited change the way you live?
2. What in your life feels like existential urgency?

SESSION 14 – 1 Corinthians 8

When You're Tempted

1. How hard is it for you to not do something when others around you are doing it?
2. What could you give up to support someone else?

SESSION 15 – 1 Corinthians 9:1-18

A Christian's Authority

1. How have you experienced freedom in your life?
2. How can you serve another person today?

SESSION 16 – 1 Corinthians 9:19-23

I'm Free To Do Whatever I Want!?

1. How did you understand faith as a child? A set of laws and rules meant to control, OR did you understand your faith to be something that sets you free?
2. What do you think of Paul's idea of followers of Jesus choosing to self-limiting our freedom for the sake of others?

SESSION 17 – 1 Corinthians 9:24-27

The Good Life and Discipline

1. In your life, what is that one thing you have all the right to do it, but you know it's holding you back from the life God wants for you? Is it anger, alcohol use, jealousy, an unhealthy relationship?
2. Why do you think Paul believes the life God wants for us is so good we should make sacrifices in our own life?

SESSION 18 – 1 Corinthians 10:11:1

History Repeats Itself

1. In your family, where do you see the history repeating itself? What ills or struggles of the past have this way of repeating themselves generation to generation?
2. What does it take to put an end to these types of systemic, generational struggles?

SESSION 19 – 1 Corinthians 11:2-16

You Do You

1. Paul's words are confusing here. How could they be misconstrued?
2. In a world that is too often homophobic and sexist, what is Paul saying about the breadth of God's love?

SESSION 20 – 1 Corinthians 11:17-34

The Lines Are Blurry

1. What lines are Christians known for being fond of? Lines that do more to hurt the church than grow faith.
2. What lines are you working to blur in your own walk with Jesus?



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SESSION 21 – 1 Corinthians 12:1-11

Finding the Common Good

1. What groups have you been a part of where each section or each person played a unique role?
2. What does prioritizing the common good look like in your life?

SESSION 22 – 1 Corinthians 12:12-31a

Shared Suffering

1. As you think about the Good Life that God wants for us, why would that include sharing both joys and suffering with one another?
2. Where do we lean toward separation rather than unity in the church, and how could that change?

SESSION 23 – 1 Corinthians 12:31b-13:13

What Keeps You Grounded?

1. What are the barriers that prevent us from loving in the way God loves us?
2. Make a love plan and be practical -- What would it look like for you to be grounded in love?

SESSION 24 – 1 Corinthians 14:1-25

When There's Chaos

1. Where do you see chaos pushing people away from a life of faith?
2. How could the church do a better job of helping everyone to feel welcome and to understand the story of Jesus?

SESSION 25 – 1 Corinthians 14:26-40

Should Women Remain Silent?

1. Where have you seen women or other marginalized communities being excluded from the church on the basis of Scripture, and why is that problematic?
2. How does building up everyone contribute to the Good Life that God desires for us?

SESSION 26 – 1 Corinthians 15:1-11

The Full Story

1. Growing up, was faith more about traditions of the church or the event of Jesus that changed the world?
2. What does it mean that the story of Jesus is the story of your roots? Your heritage? You don't get your full story without the story of Jesus?

SESSION 27 – 1 Corinthians 15:12-58

Transformed

1. Paul talks a lot about resurrection in chapter 15 because, well, the Corinthians (like us) had a lot of questions about the resurrection. What questions about resurrection, heaven and the afterlife do you have?
2. Where do you see Christians tending to not take responsibility for the world today, believing that God's got the future covered so what we do doesn't really matter all that much?

SESSION 28 – 1 Corinthians 16

Love Stitches It All Together

1. What "stitching" - if you will - holds together the various relationships in your life? Think specifically about the good, bad and the ugly relationships in your life - what stitching holds them together?
2. What would stitching those relationships together with God's grace and love do to those relationships? Especially the more difficult relationship?