

SMALL GROUP DISCUSSION GUIDE

The Good Life - Week 5



CONNECT

Spend some time checking in. What are highs and lows since you last met? How can your group members pray for and support each other this week?

GROW

How would you differentiate between *loneliness* and *being alone*?

When have you experienced loneliness? How did you get to the other side of the loneliness in those moments?

When has someone's invitation positively influenced you? How could you *start* being an inviter or reach out to someone who's hurting?

Where could you *show up* for someone who is lonely? What does it look like to put yourself in intentional proximity to others?

Does it feel risky to *share your stuff* with others? Why?

What does it mean that humans are God's vision and strategy to combat loneliness?

BIBLE

Read 2 Corinthians 1:4, Genesis 2:18, Mark 5:25-34, Deuteronomy 31:8 and Matthew 28:19. What do you notice?

PRAY

Gracious God, life was never meant to be lonely, hurried, and anxious. Guide us to live the good life you invite us into. In your son's name, Amen.

