

## GATEWAY TO THE PSALMS

### PSALM 1

6/2/24

#### I. CONTEXT OF THE PSALMS

- A. The Psalms are organized, not a random collection
- B. Psalms convey the deepest and rawest of emotions

#### II. DO'S AND DON'TS

*Psalm 1:1-2 - "Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers;<sup>2</sup> but his delight is in the law of the Lord, and on his law he meditates day and night."*

##### A. DON'T

- 1. "Walk, Stand, Sit" in wickedness
- 2. Shows a gradual decline

##### B. DO

- 1. Delight in God's word
- 2. Meditate on God's word

#### III. TWO OUTCOMES

*Psalm 1:3-4 - "He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.<sup>4</sup> The wicked are not so, but are like chaff that the wind drives away."*

##### A. A Life devoted to God has...

- 1. Roots
  - ~ Not moved by false teaching or doctrine
- 2. Fruits
  - ~ Product of a transformed life

##### B. A Life apart from God (wicked)

- 1. Chaff
  - ~ Driven by the wind...unstable

#### IV. TWO DESTINIES

*Psalm 1:5-6 - "Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous;<sup>6</sup> for the Lord knows the way of the righteous, but the way of the wicked will perish."*

##### A. Wicked – will not stand in judgment

##### B. Righteous – "Known" by God

- 1. Known = Covenant, Relational and Intimate knowledge

*Matthew 7:23 - "Depart from me I never knew you."*

## COMMUNITY GROUP DISCUSSION QUESTIONS

1. What did you think about the message this week? What stood out to you or challenged your thinking?
2. What things/people are negatively impacting the ways in which we walk today? Why is it important to acknowledge and understand the nature of these things?
3. What does delight in God's Word look like? What things rob us from delighting and meditating in God's Word?
4. What will happen if we try to obey God's commands without first delighting and meditating in His Word?
5. How would being more rooted in God's word affect your life, job, your family, your community?
6. How does God's intimate knowledge of you encourage you in your prayer life?
7. What is one practical application from the sermon that you want to implement this week?

## **PRAY THE PSALM**

- As a group read through the Psalm again and pray the Psalm back to the Lord!
- Here are some ideas of what to pray from Psalm 1...
  - Thank God for His word (v.2)
  - Pray that God would help you take delight in His word (v.2)
  - Pray that God would keep you wise to the way of wickedness (v.1)
  - Pray that God would root you with a strong foundation on His word (v.3)
  - Pray for God to produce fruit in your life (v.3)
  - Thank God that He "knows" the way of the righteous (v.6)