



Tri-Village Sermon Discussion Questions

Topic: *Crying Out to God*

Text: 1 Samuel 21:9, 11; 1 Samuel 22:2

Service Date: February 1, 2026

Note: The questions are only a starting point for discussion. Don't hesitate to modify, adapt, or highlight only specific ones to fit your group and/or personal study.

Getting Started

- We are now a few weeks into the new year. Do you sense any new themes or rhythms in the way that God is speaking to you right now? Does one thing keep coming up consistently in your quiet times with Him?
 - What's one daily gratitude from your Formation Journal last week that you would be willing to share with the group?
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Sermon Discussion

- Paul talked a lot about cave exploration this week. When you think about exploring a cave, do you feel a sense of adventure or claustrophobia?
- In 1 Samuel 21, David is given Goliath's sword, a weapon he won by faith. What "swords" or reminders of past victories do you have in your own life? How do they help you when you face new challenges?
- David says of the sword, "There is none like it." Is it possible to rely on the tools of past successes (talents, status, old methods) rather than God who gave the victory in the first place?
- Read Psalm 142 together. What stands out to you? What do you sense about David's demeanor and attitude from reading the passage?
- Psalm 142 contains honest, raw, and unfiltered thoughts from David. Why is this type of vulnerability important in our relationship with God? What keeps you from being vulnerable with God in your time with Him?
- David's first followers were those in difficult situations, debt and discontent. Why do you think God often builds his strongest communities among the broken people rather than people who "have it all together"?
- David was a fugitive leading other fugitives. How can our own "times in the wilderness or caves" qualify to help others in similar situations?

- The cave of Adullam become a place of safety for 400 men. How does our church and the small groups within it become a "cave" where we can feel safe?
 - Like David, we can often feel disoriented and deserted when we are struggling. In the hard times, how can we remember that God is near to us and hears our call to Him? What are some of God's promises that we can cling to when we feel disoriented and deserted?
 - Many people, even Christians, try to carry the weight of their hurts on their own. What keeps us from reaching out to others for help? What can we learn from David and his Psalms about this?
 - In the midst of his suffering, David was humble enough to learn from God and bolster his dependence upon Him. Why is humility important as we seek God in times of darkness?
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This Week's Action Response

- We are not meant do this life alone! Increase your time in the Lord's presence, knowing He is close to you and approaching Him with vulnerability and humility. Share your burdens with one another in this group, allowing this time to be your "cave of Adullam" where you can be open and honest.
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Help Make a Difference

- Our Souper Bowl Drive for LEADS is almost over! Please help families in our community by bringing non-perishable food items to the metal bin in the Café. Donations will be accepted through Sunday, February 8.
- Pray daily for someone you can invite to your Formation Group and look for ways that God draws you to them. You know how great your group is? Someone is missing out on being a part of a great community, but you can change that by inviting them to your next meeting!