



BRIDGING FAITH AND FINANCIAL SUCCESS



Features

National Black Business Month

4



NEW MEMBERS

8-9



AUGUST BIRTHDAYS

10-13



KIDS CORNER

16-17



The Brookland Baptist Church is located at 1066 Sunset Boulevard, West Columbia, SC 29169 and 1203 Summit Parkway, Columbia, SC 29229.

The mission of the Brookland Baptist Church is to proclaim the gospel of Jesus Christ through Evangelism, Education and Economic Empowerment.

The Brookland Star is published monthly by the Brookland Baptist Church. Submit all articles, announcements, celebrations and photographs to

> TheStar@brookland.cc by AUGUST 15 2025

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The Brookland Star

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Pastoral Staff

Dr. Charles B. Jackson Sr., Senior Pastor Reverend Charles B. Jackson Jr., Co-Pastor

> Dr. Chris Leevy Johnson BNE Campus Pastor

Elder Mark Richard VIBE Teen Church Pastor

Rev. Chavis Smith BNE Youth Pastor

Dr. Darrell King
Pastor of Online Engagement

Rev. Betty Brown Lead Associate Minister



History of National Black Business Month

National Black Business Month was founded in 2004 by Frederick E. Jordan, an engineering entrepreneur, and John William Templeton, a historian and journalist. They aimed to highlight the achievements of the then 2.6 million Black-owned businesses and advocate for policies that support their growth and sustainability.

Over the years, this observance has gained traction, with increasing participation from individuals, communities, and organizations committed to economic equality and empowering Black entrepreneurs.

The history of Black business in America is rich and varied, dating back to the nation's early days. Despite systemic challenges and discrimination, Black entrepreneurs have made remarkable strides, contributing significantly to various industries.

According to the Pew Research Center, about 3 percent of American businesses are Black-owned, and most Black adults believe supporting Black businesses is highly effective in advancing equality for Black individuals in the United States.

Black women reportedly start businesses faster than any other demographic, primarily out of necessity. According to Project Diane, a biennial demographic study by leading non-profit digital undivided, women represent 35 percent of Black-owned businesses, compared to 27 percent of female-owned businesses of other racial identities.

Because black entrepreneurs are often underrepresented, National Black Business Month honors their legacy and encourages ongoing support and advocacy for Black business owners.



National Black Business Month Participation Ideas

Supporting Black-owned businesses can be both rewarding and impactful. Here are some practical ways consumers can get involved:

Shop at Black-Owned Businesses: The next time you consider making a purchase, make a conscious effort to purchase goods and services from Black-owned businesses. This can range from dining at Black-owned restaurants to buying from Black-owned online stores.

Promote on Social Media: If you're interested in (or already use) a product or service from a Black-owned business, use your social media platforms to highlight and promote Black-owned businesses. Use hashtag #BuyBlack in your social media posts.

Leave Positive Reviews Online: Consumers use the internet to broadcast bad encounters, but why not do that for Black-owned businesses you want to succeed? Help Black-owned businesses gain more visibility by leaving positive reviews on Yelp, Google, and TripAdvisor platforms. Your feedback can make a significant difference.

Attend Events and Workshops: Participate in Black business networks' events, workshops, and webinars. These events often offer valuable insights and networking opportunities.

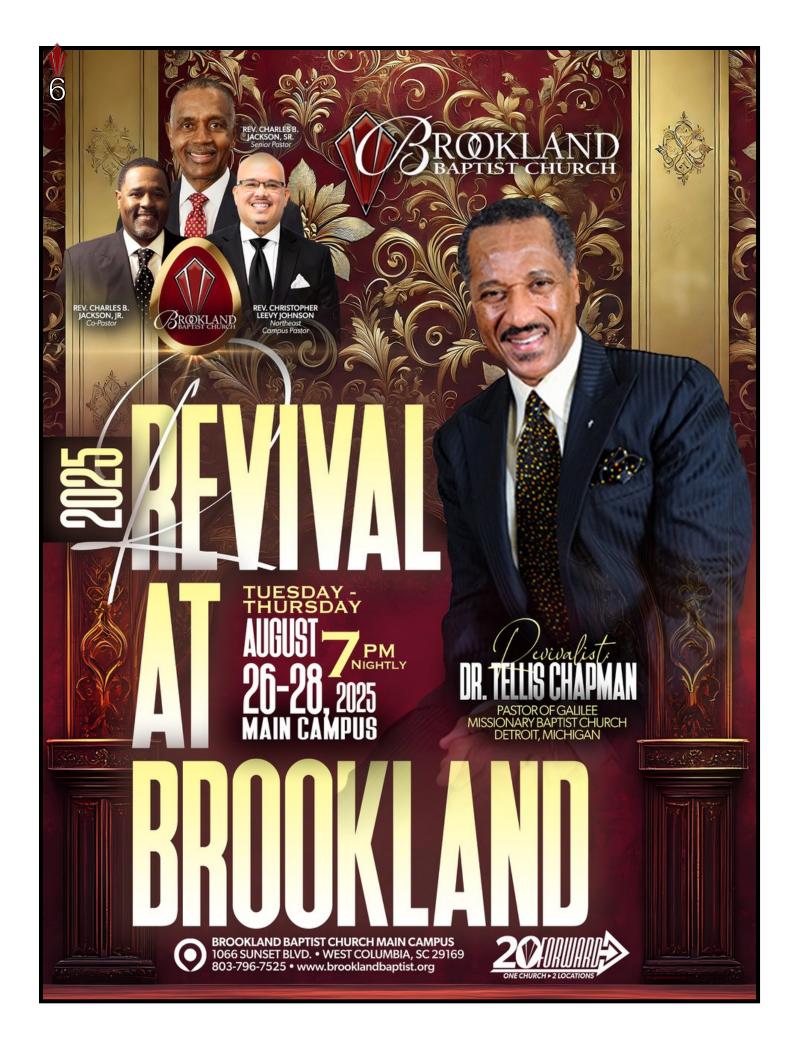
Recommend to Friends and Family: Word of mouth is powerful. Recommend your favorite Black-owned businesses to friends, family, and colleagues. By sharing Information within your social circles and among colleagues, you can help amplify the message of Black-owned businesses, extend their reach, and introduce them to new customers.

Acknowledge & Support Black Creators & Artists: Buy art, books, music, and other creations from Black artists and creators not only during Black Business Month but year-round. This not only supports their livelihoods but also enriches their cultural experience.

Educate Yourself: Take time to learn about the history and contributions of Black entrepreneurs. Understanding the context can deepen your appreciation and commitment to supporting Black businesses.

National Black Business Month celebrates the resilience, creativity, and contributions of historically underrepresented black entrepreneurs. By supporting Black-owned businesses, consumers can help foster a more equitable and inclusive economy.

Join us this National Black Business Month to support Black-owned businesses. Visit our Community Business Page on our website (www.brooklandbaptist.org) to learn more about investment opportunities and how you can make a positive impact through informed and conscious financial decisions. We can build a more robust, inclusive economy for everyone.



IN THIS HOUSE WE BELIEVE IN HEALTH

AND THAT INCLUDES

HEALTH INSURANCE

Choose Healthy Life is excited to help you and your family live an abundant life through health insurance! Your church has its own skilled Health Navigator ready to guide you through the Health Insurance Marketplace.

4 in 5 consumers can find a Marketplace plan for \$10 or less per month with financial help.

CONTACT

Kristopher Jones

BROOKLAND BAPTIST CHURCH HEALTH NAVIGATOR 803-728-3358

LEARN MORE TO ENROLL TODAY



choosehealthylife.org/southcarolina







New Member Orientation Graduates & Sessions

On Saturday, July 19, 2025 we hosted a joint **Virtual New Member Orientation (NMO) session** via Zoom from 9AM to 11AM. New members who successfully completed the session earned their Certification of Participation.

Congratulations to our July 2025 NMO Graduates who attended the virtual sessions:

Main Campus:

Staci James Tamia Mitchell

Northeast Campus

Timya Green
Zundria Green
Vincent Hegenauer
Erine Odom
Brenda Watson
Aiden Webber
Sherita Wilson

New members, we look forward to your service in ministry as we endeavor to fulfill the mission of Brookland Baptist Church!

For those who missed the last sessions, who recently joined or never completed the New Member Orientation, we currently offer two options, In-Person (*Main Campus only*) and Virtual (*combined session*) for you to complete the sessions.

When:

In-Person (Sundays at 9:30 AM) in CLC Classroom 1 Virtual (Saturday, September 20, 2025, from 9:00 a.m. to 11:00 a.m.)

Where:

In-Person (Brookland Christian Learning Center (CLC) Room 1 **Virtual Via Zoom** (login details will be sent once registered)

What to Expect:

Session topics may include Conversion and Baptist Beliefs, Stewardship & Discipleship, Overview of Brookland Baptist Church and Ministries at Brookland

Certificate: To earn your certificate of completion you must complete either 4 in-person sessions or 1 virtual session!

How to Sign Up: Brookland Baptist Church New Member Orientation Sign Up Form

For more information, please contact Pamela Felder, BNE NMO Coordinator via email at brookland.cc or Deacon Harold Reed, Director of NMO.



NEW MEMBERS FROM OUR MONTICELLO SITE

Welcome to our new members who joined Brookland and completed the New Members Orientation Class led by Deaconess Terri Bell.

New members, we look forward to your service in ministry as we endeavor to fulfill the Mission of Brookland Baptist Church: "To Proclaim the Gospel of Jesus Christ through Evangelism, Education and Economic Empowerment".

Charles A. Johnson Michael Pugh Deborah Gibson Wesley Leaphart Mary Leaphart Jada Strickland Kareem Leaphart Roxanna Garrett Joyce Hyman Oliver Daniels Kennedy Daniels Barbara Hubbard Dianne Dash Jamie Lakin Ernest Squirewell Jr Sheldon Jackson





Kenyeda Adams
Xavier Baker
Frank Bell III
Tanesha Bing
Terrence Brown
Winnical Brown
Alain Butler
Linda Butler
Tamika Cook-Harley
Daisy Goldsmith
Kennedy Guyton
Takela Hampton
Brandon Harrison

Deron M. Alston

Pamela Andrews

Omar D. Blue

Clarissa Brown

Angela Edwards

Scottie Etheredge

Larry Getter

Katie Goff

Tonya Henderson

Myrna Hodges

Donald Hickson Mavis Hook Bryan Hydrick Lorraine Jennings Viola A. McClerklin Brittany Napper Estelle Pauling Barbara Pinckney Nicole V. Williams Kimberly Yon Maxine Young

> Angela Ladson James K. Lewis Rodney B. Miller Milton Morris Jessica Percell Russell Pope Yolanda Solomon Edna Thompson NiKeita Weeks LaTonya Wingard

Ronnie Baker Jerhond L. Boards Kenyatta Y. Boles Tameka Breland Christal Brooker Bobby Davis II Renea J. Ellerbe Jayquan Hughes Justin Jenkins Kenya Johnson Ronald King
Johnette Martinez
Harry McFadden
Candace Pattman
Sophia Gore Pearson
Mark Sims
Mattie Spencer
Tiffany N. Taylor
Odell Thomas
Peteria Turner

Brenda Barton
Bryan Brown
Teresa Conelly
James Davis
Zandria D. Fredrick
Anouk Gary
Tameika Hart
Desiree Henderson
Lawrence Johnson
Patricia Johnson

Russell Adams
Wynston M. Andrews
Jarrell Bellamy
Brandon R. Belton
Nicole Berry
Michael Brown
Venita Cannon
Logan Davis
Russell Dean

Cynthia Artis Ada Belk Jamar Boyd Michael T. Brown Sonya Carree Shanta Chambliss Dominique A. Croswell Julaunder V. Davis Mitchell Drayton Jelena Evans Gregory Fanning Tiffany House Grant Pamela Harvin Eboni A. Hoover Kandace Joye DeHaven Kennedy

Ian McLeod
Tyjuan Montgomery
Candace Mosley
Orietta Gayle Powell
Alethea M. Robinson
Jenesa Salmond
Isiah C. Simpkins
Ella Smith
Amber Suber
Terrence Wilson

Charles Doughty Vernon G. Gettone Lisa C. Glover Shavonna Graham Jackie Griffin Simon Miller Sharon Nimmons Delores A. Terry

Lorraine Mickle Kwajaleyn H. Myers Mikea L. Peterson Alexander Risher Brenda Ross Winyon Rush Tara Scott Sonya Strother Annette Tyler Tianna Walker Marcus Works

Birthdays



Sheral W. Bowman
Bridget Adams Burton
LeeShawn Cayruth
Devin Cleveland
Kayla Dodds
Najmah Wingate Eaves
Estelle Gidron
Alvina C. Harrison
Danielle Houston

Nicole Hunt
Kyla Keith
Demetrice King
Nathele Roberson
Jimmy Sells
Loretta Tyler
Juliet Varnum
Reginald S. Wilson

Karen Blake
Ricardo Chin
David Etheredge
Alban Evans Sr
Marilyn Frederick
Horace Gillins
Deborah Johnson
Delores Hall Lancaster
Brandon Lee
Monica C. McKinney
Patricia McWhite

Caponda Narciso
Donna Peebles Washington
Lashira Spencer
Michael Squire
Ryan C. Stewart
Dyann White
Cleveland Williams
Datrell Williams
Tamika Wise
Cindy Workman

Austin Boatwright
Brittainy Bostick
Beryle Browman
Sandy Brown
Sharon Fashaw
Druscilla C. Frederick
Enesa Jeffcoat
Maxine McNeill Johnson
Sheila Lloyd
Herman Lyles
Lorenzo McCray

Justin Nelson
Dauda Nuhu
Glenn Quattlebaum
Brianna N. Robinson
Stanley Ross
Porcha L. Spencer
Allison S. Waymyers

Cindy M. Boulware Ronald Bridgette Jr. John Dozier Maria Gaffney Shanika Harrington Dianne N. Harris Eric Devon Harvin Darlene Holmes Natyra Jackson Kimberly McIntee Kenyatta N. McLeod Yolanda Montgomery David S. Myers Tony Rhodes B Asia Settles Wayne Slaughter Taylor Williams

Brenda Allison
Elaine Jamison Brown
Shani Brownlee
Miquel Charleman
Al Deas
Lorenval Evans
Sandra Gibson
Wendell Graham

Savia Hampton Melvin Jennings Anashea T. Jones Valarie L. Jones Michael Keels Victoria E. Singleton Jasmine Williams

Tiandra Best
Trivia Bradley
Clem Cannon
Richard Fuller
Sparkle Glover
Albert Hammonds
Makiba Jackson
Clarence Jones
Michelle Kennedy
LaRon Nesbitt

Tanicka O'Bannon
Arlene Prince
Nena Walker- Staley
Ricky Taylor
Dexeter E. Thorton
Curtis Washington
Gabrielle Washington
Sinthia Willis
Bre Young
Kelsey Young Jr

Travis Barnett
Christopher Bellamy
Doris L. Brown
Velise A. Buckson
Jamaa Coleman
Lauri Cunningham
Barbara Gibson
Ketra Goldwire
Dwight Jackson Sr.
Betty R. Jenkins
Sean Kane

Tamara Mansel-Tucker Tiffany McFadden Charmaine McIntosh Valerie Nesbitt Paige Oestricher Charles Deon Pralow Lawrence Tarvin Larrell Wilkinson

Bernard Barnes
Michele Brock
Trinita Brown
Erica Bryant
LaTashae B. Caldwell
Rhudine Carter
Debbie Cherry

Darriel Council Michael Ferguson Michael Genwright Cedric Grant Shanika Harper Thomas J. Holloman Michelle L. Johnson

Ernest Alexander
Levern Bostick
Jonee' Chestnut
Krystal H. Cooper
Jacqueline Austin- Daniels
Marlon J Dickerson
Ava Goodwin

Raymond Gray Ashley Jackson Nancy McClary Johnessa Mitchell Betty Parker Joshua Staley Cecilia White



Birthdays

Frison Benn
Wanda R. Bennett
Lydia M. Best
Doris Brown
Robert Coleman
Olivia Daniels
Maurice Goings
Nathan Harrell
Damara Hightower
Davis Briana Jeffcoat
Johnathan A. Jenkins
Katherine Mack
Corlette S. Minor

Tammy Reid Alicia J. Robinson Deborah Robinson Paul Romey Angela Rumph Faith Olyvia Staley Dionthra White Tiffany D. Williams

Ellis K. Hunter Briana P. Johnson Shawnette D Leach Charmaine Lewis Natalie Renee McCausland Veronica C. McCray Debra J. Oree George Pearson

Whitney Adams

Eric Archie

Cherry S. Brooks

Mark Childress Jr.

Jamelia Corbitt

Evie Thomas Florence Williams Nikole Williams Yolanda Willingham



J. Kevin Ali
Britney Amiker
Gwendolyn Babb
Deborah E. Baldwin
David G. Boseman
Stacy Buckson
Joshua Cannon
Annie-Belle Dreher
Janafer Evans
Zambolist Fredrick
Samuel Gantt
Daisy M. Glover
Stacy Goodwin

Michelle L. Gregg Sharon Hunter Vondessa B. Johnson Bernard Jones Donald Kennedy Lee Little Shannon Lynch Felicia E. McClerklin Leroy Spencer E. JeVaughn Syphertt Michelle Walker

Keandra Anderson Felicia Boone Fliceanna Boseman Damian Bridges Wanda H. Carter Tammie Epps Delmarsha Gamble Samuel Caleb Grant Reginald Greene Presley Hill Tara Hill Vivian Johnson Ashley Ladson

Briana Luckey

Telissa H. Lykes

Coretta McGill
Shannon O'Berry
Ernest Pryor
Brandon Richmond
Andrew Robinson
Margaret Robinson
Santanna M. Staley
Joyce Thompson
Michael D. Wade
William C. Waymyers, Jr.



Your Deacon and the Pastoral Staff are concerned and care about every member in our Church "Family." When there is a sickness, surgery or death in your family, Please contact your Deacon and the Pastoral Office (Angela Taylor) at (803)744-7908

Latifah C. Anderson Lotus-Alysse Bell Jessica M. Bradley Deloris Cotton Paul Etheridge April Garrett Maya L. Genwright Brenda Henicks Kelci Jenkins Travis Jennings Kimberly R. Myers Stephanie Henry Payne Harold Reed Craig Smith Loretta Solomon Aisha Thomas Janie Thomas Darius J. Whiteside

Vanessa Alford Harry Brown Laura Cherry Pamela Coleman Bridget Cook Ashley Corley Phyllis Davis Jason Dingle Mary Elam Harriet Green Shandra R. Hall Kimberly Hanton
Lola Marie Harrison
Sharronda Kirk
Clayton Lindsay II
Timothy McAllister
LaNora Moore
Tiffany Pierce
Albayan Shabazz

All birthdays listed are generated through the church membership database.

If you find any errors in the listings or if you have recently moved or changed your phone number, please contact the Church Office at the West Campus at (803) 796-7525 or the Northeast Campus at (803) 753-0610.

Dominique Archie Marcia Benson Ronald Bridgette Rodessa Briggs Raigan G. Cobbs Gayethel Coleman Chariti Crum Megan DeLeon Drayton Carla Felder Doris Fludd Jerome Franklin
Bessie Glenn
Sonja D. Glover
Erika L. Grissett
Darrin T. Johnson
Chasity L. Jones
Latoya Lewis
Amberly Nesbitt
Stanley Smith

Joyce Alexander
Luke Boston
Markeeta Bradshaw
Brack Clemons
Wilhemenia Golston
Therese A. Griffin
Jarguard Grinnell
Jazzmine Hall Ronald
Hilton Matrice Holman
Betty L. Jenkins

Travis Keller Annie March Damon McDuffie Brandi Muller Rodney Robinson Tracy A. Stephens Jr. Lakesha Taylor Payton Vereen Donnie Williams

Birthdays



Unetta Anderson Corey Barboza Thomas L. Blackwell Horace Bookman Jonathan Brown Marquise Brown Delarrett Canzater Keashawn Coleman Reagan Davis Lisa Evans Sharon Feliciano Gwen Hampton Lakaisha Houser Jason Howard Alvin Hughey Hortense (Kymm) Hunter Katie London

Jacqueline M. Peterson
Janai Pinckney
Cherlyn Porter
K.Nicole Pressley
Rachel Reid
Lee Snider
Kaili A. Walker
Emmanuel Wardley
JoAnn Williams
John Henry Wilson III
Jamila Wright
LaPearl Zanders

Arlena Albert Charlton Brown Tesha Brown Jamilo B. Daniels Tyquaisha L. Davis Sentell Greene Tara Harrington Kacey Hayes Michael Haynes

Jesulon Gibbs Brown

Gary Cross

Anita Darby

Terry Edmond

Marlin Gibson

Maggie Griffin

Homer Hutto

Evans Kohn Jr.

Claybon Marshall Jr.

Barbara L. McFadden

Savon Keith Johnita Long Jordan Mims Akiah Reid Donna Scott-Bellamy Corteastia R. Taylor

Ashley Gadson Pamela B. Banks Angela Boyd Richard Browder Ruth E. Brown Mary Bush Wytisha S Carter Danny Etheredge Donald Fletcher Shamella Gaillard Aisha R. Griffin Jametta HodgesStewart Harold Jones Jr. Stephanie King Denzel Lawton Kenneth Mason

Beauty Ann McPhatter Tara S. Mitchell Kezia Myers Reginald J. Myers Elijah Profit Jr. Elizabeth W. Small Eris Taylor J.C. Moore Roscoe Patterson Cameron Smalls Kimyatter Southern Torrance D. Squire Jr. Dorothy Sutton Cybil E. Walters

Tiara Banks
Alexis Blair
Yvette Chotalal
Amber Dunlap
Macy Glisson
Shawn Keith
Mi'chael Kelly
Anah Livingston
William E. Luckey
Anna Lykes
Darrell Mack

Mary A. Barrett

Lauren Bennett

Erica N. Booth

Robin Z. Brailsford

Carol Bronzell

Canita Bunton

Kevin L. Cooper

Timothyus Council

Kenneth Covington

Keshaunna F. Duckson

Henrietta McCants
Jerron Mickle
William C. Miller
Ronnie Moore
Joseph Robertson III
Delores Robinson
Robin R. Simmons
Yolonda Singleton
Lauryn Squire
Ricky Way

Keshawn Adams
Sharon Chapman
Darnel H. Croswell
Valerie Daniels
Austin Davis
Reginald Garvin
Decole Holmes
James E. Huggins
Donald J Jackson
Mildred Lenix
Katherine B. Lykes
Mona Mack
Travlers Parker
Gwen Rawls

Theresa Reid

Aneshia Seabrook

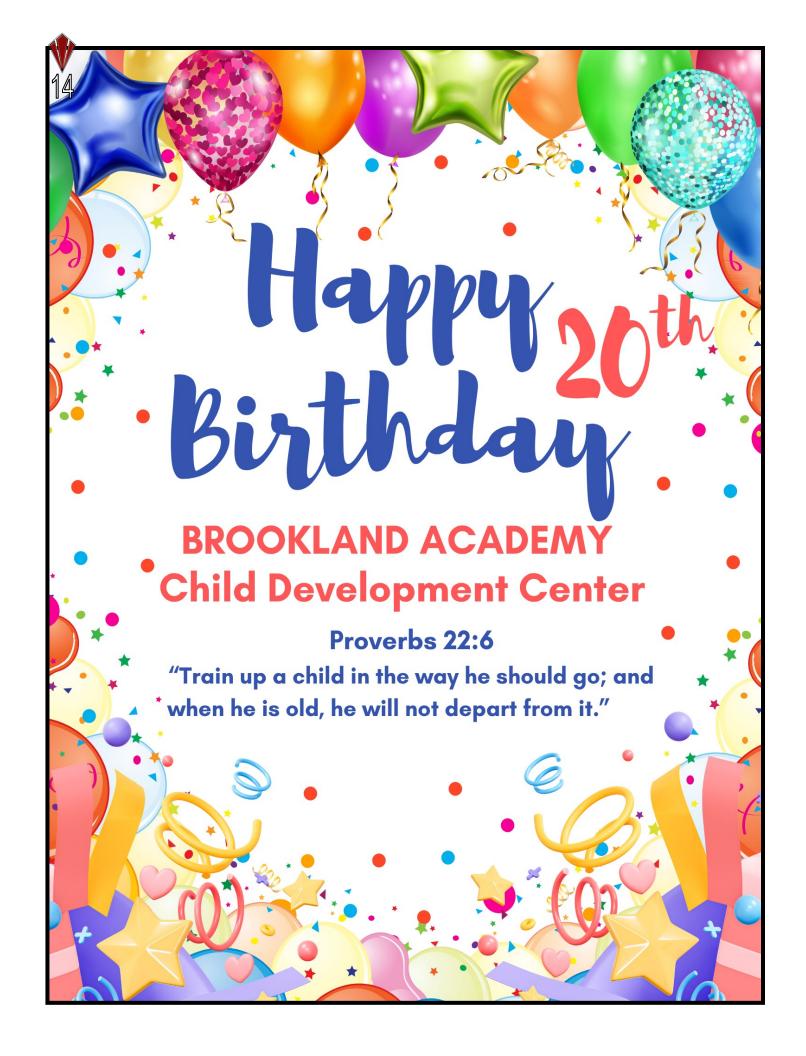
Lyric J. Simon Lauren A. Smith Leslie Tyler Wisdom

> Patricia A. Abnathey Melanie Cooper Jamal DeBarr Keyonna Goodwin Pamela M. Gregg Marilyn Huskey Armeter W. Ivory Trevis Jackson Wendy Jackson Zyere Lee Ryan Murphy

Tracy Dunn
Shana K. Garrick
Sylvester Hallmon
Essence Harris
Yolanda Hiller
Miles E. Jefferson
Darcel Renee Jones
Lottie Laws
Mack Gerald Williams
Pearlina WilliamsBurke

Denecia Osborne Michael Robinson Andre Sowell Lemeul Stephens Tanisha M. Tate James Wilds

。 1. 引办区内内有各种证据内内实验中设定这种关键等的问题都是多个区域。





Our Father
Our Father, who art in heaven,
hallowed be thy ;
thy kingdom come;
thy will be done on
as it is in
Give us this
our daily bread;
and forgive us our trespasses
as we those who
and us not into
temptation,
but us from evil.
Amen earth deliver forgive

name heaven lead day

١	lame	



John 3:16 Word Search



W	Р	Н	М	В	Z	R	ø	D	Р	0	S	Т	Е	U
F	Z	S	F	Е	0	Т	F	G	Y	Т	W	D	0	M
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Ν	Е	Р	U	٧	7	0	H	z	X	T	L	8	0	В
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W	H	0	Е	٧	E	R	ш		R	0	Z	>	Z	T
Н	×	Н	1	G	В	×	ш	R	L	S	A		7	T
Т	1	М	G	R	G	G	Z	М	Z	G	Α	Х	F	Е
М	Ø	М	Z	В	Е	L	В	1	В	Α	Α	Y	L	Z
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LOVED PERISH
ETERNAL BELIEVES
LIFE SON
ONE BEGOTTEN

WORLD GOD GAVE HIM WHOEVER BIBLE JOHN SHALL NOT







Brookland Baptist Northeast Community Food Pantry

A Community Food Table Program of the Brookland-Lakeview Empowerment Center



Alternative:

Brookland-Lakeview

Mobile Food Pantry

Transportation may be available upon request.



Location:

Brookland Baptist Church
Northeast Campus

1203 Summit Parkway Columbia S.C. 29229



Day and Times:

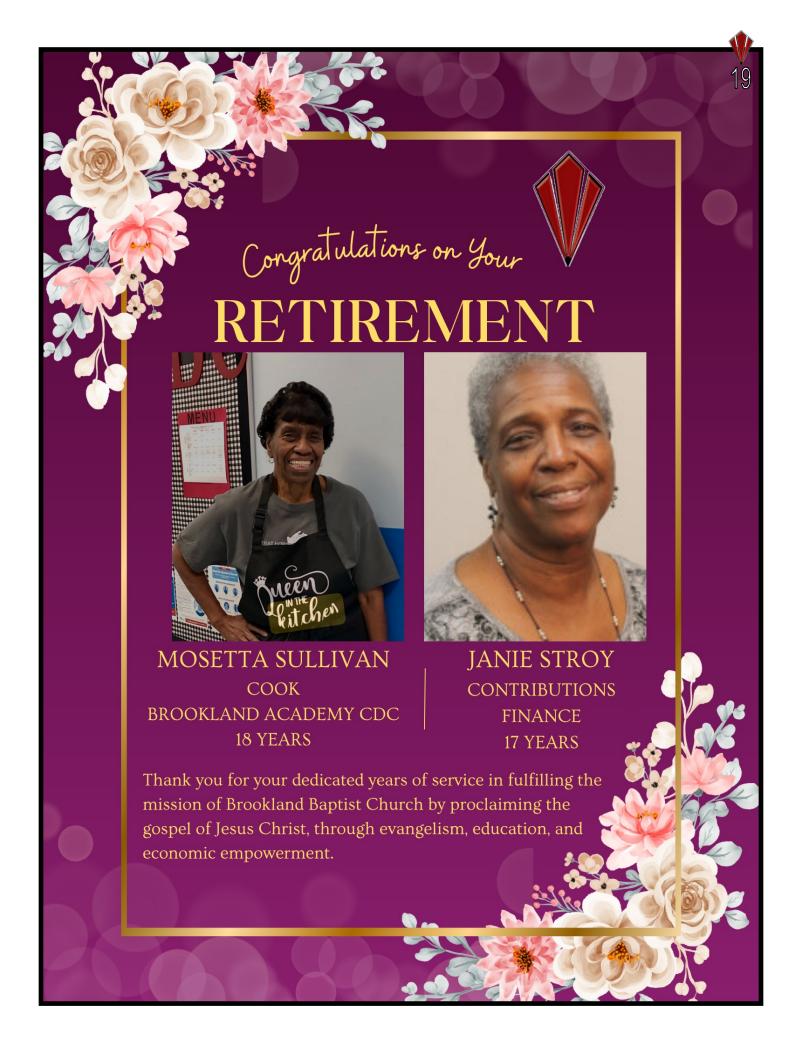
Every Tuesday 11:00 a.m. - 3:00 p.m.

Criteria for Services:

- Low-to-moderate income families are eligible to receive food.
- All heads of households must complete initial assessment form and sign-in for each subsequent visit to the pantry.

For more information, please contact

Ms. Frenchie Walker, Food Pantry Staff (803) 753-0611 | fwalker@brookland.cc





For millions of Americans, **Labor Day** is one of the most welcome holidays of the year—a moment of pause in the midst of a busy schedule, a chance to sleep in, catch up with loved ones, and maybe fire up the grill. But Labor Day is more than just a long weekend. It's a tribute to the hard work, sacrifices, and resilience of **employees like you**—the people who keep our businesses, communities, and economy moving forward.

As we approach Labor Day 2025, it's a powerful opportunity not only to enjoy some well-earned rest, but to understand the roots of this holiday, the challenges still faced by workers today, and the way this special day is honored across the globe.

What Is Labor Day, Really?

Labor Day in the United States has been celebrated since the late 19th century, but its origins lie in the struggles of everyday working people. In the 1800s, many Americans—men, women, and even children—worked 10 to 16-hour days in unsafe conditions, often without weekends off, healthcare, or job protections.

In response, workers began to organize. Labor unions formed, strikes were staged, and voices were raised in a collective demand for change. One of the first Labor Day celebrations occurred in **New York City in 1882**, organized by the Central Labor Union. Thousands of workers marched through the streets to show their solidarity and strength.

It wasn't until **1894**, after the government cracked down violently on the **Pullman Strike**, that Congress officially made Labor Day a federal holiday, in an effort to repair relations with the labor movement.

Today, Labor Day honors that legacy. It's a day to recognize how far we've come—and how essential it is to continue pushing for dignity, fairness, and respect in the workplace.

Why Labor Day Matters in 2025

In 2025, the meaning of Labor Day resonates more than ever. The workplace has undergone tremendous transformation in recent years—driven by technology, social change, and global events.

Here's why Labor Day 2025 feels especially important:

Labor Day is a chance to reclaim that balance—even for just one day.

Monday, September 1, 2025 (THE BROOKLAND CAMPUS IS CLOSED)



What Employees Can (and Should) Do on Labor Day

Labor Day is your day. Whether you're clocking in or enjoying time off, use this holiday to take care of yourself in ways that truly restore your energy and well-being. Here are a few ways to honor yourself this Labor Day:

Rest—Truly Rest

Let yourself sleep in. Take a nap in the afternoon. Turn off the notifications. Real rest isn't lazy—it's necessary. You can't give your best at work if you're running on empty.

Use Labor Day as a rare opportunity to slow down and reconnect with the things that make you feel grounded.

(S) Unplug from Work

Emails, Slack, Teams—whatever your platform, **mute it.** It might feel uncomfortable at first, but even a 24-hour break can have powerful effects on your mental clarity and emotional health. It's important to remind yourself that **you are more than your job.**

Spend Time with People You Love

Whether you plan a family picnic, call an old friend, or just sit on the porch with someone close, use the day to nurture relationships that fill your heart—not your calendar.

Human connection is one of the best antidotes to burnout.

Selebrate Your Wins

Take a moment to think about what you've accomplished at work over the past year. What challenges did you overcome? What progress have you made? Often, we're so busy chasing the next goal that we forget to appreciate how far we've come. Labor Day is a perfect time to do just that.

Final Thoughts

Labor Day 2025 is more than just a holiday. It's a celebration of you—the employee, the teammate, the problem-solver, the essential contributor.

Whether you're taking the day off to rest or showing up to keep things running, remember: **your work matters**. You deserve to be recognized, supported, and appreciated—not just on Labor Day, but every day.

So here's to the people who show up, who hustle, who care, who create, who build, who lead, who support, and who serve.

This Labor Day, take a deep breath, enjoy your time off (or your bonus pay), and feel proud of all that you do.

Monday, September 1, 2025 (THE BROOKLAND CAMPUS IS CLOSED)





