



COME, GROW & GO 12-WEEK DISCIPLESHIP

Bible STUDY

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Theme: Trust That Shows Us **How** to Take Action

September 30, 2026

Power Word: TRUST

*Trust Requires Relying on the **One** We Believe In*
Proverbs 3:5-6, 9-10



Who God Is: God is trustworthy.

How I Follow Him: I show Jesus that I trust Him by relying on Him to lead my life.

COME

Proverbs 3:5-6, 9-10

Solomon calls us to trust the LORD with our whole lives rather than relying on ourselves; we lean in, acknowledge Him, honor Him, and trust Him to direct our lives.



GO

Read Proverbs 3:1-26

Solomon, known as the wisest man, shares insights. Consider an area of your life where Jesus is inviting you to place your trust in Him.

Take one concrete action that demonstrates,
"Jesus, I trust You." ❤️

Document this journey of "trusting" Jesus.

GROW

Trust: Relying on **God** Requires:

1. **Wholehearted Trust in Him:** We need to see the benefits of placing complete confidence in God. This trust requires full reliance on His faithfulness and wisdom, not our own understanding. (v.5)
2. **Acknowledging God in All Aspects of Life:** We need to see the great need to seek God's guidance, recognize His sovereignty, and submit our decisions to His will, allowing Him to direct our paths. (v. 6).
3. **Honoring God with What He Gives:** What we possess in life reveals who we truly trust. Giving back the **first** and **best** of what we receive from God testifies that He is **"Worthy & Worth It."** Walking this out brings increase. (vv. 9-10).

*Faith **believes** that Jesus and His Word are true.
Trust **relies** on Jesus to direct our lives.*

My Prayer Response

Lord Jesus, help me trust You with my whole heart instead of relying on my own understanding. Direct my path and teach me to honor You with all You have placed in my hands; in Your name, I pray,
Amen.

Notes:



POWER Words

Trust: Relying on the One We believe In

Take a look at what God is saying about **TRUSTING IN HIM**.

TRUST - To place our full confidence and dependence in God because He is faithful and trustworthy. *"Trust in the LORD with all thine heart..." Proverbs 3:5*

LEAN - To rest our weight upon or **depend** on God for support. We must not rely on our own reasoning above God's wisdom. *"...and lean not unto thine own understanding." Proverbs 3:5*

ACKNOWLEDGE - To recognize God, seek His will, and submit every area of our lives to His direction. *"In all thy ways acknowledge him..." Proverbs 3:6*

DIRECT - To guide, lead, or make the right path clear. God directs us as we trust and acknowledge Him. *"...and he shall direct thy paths." Proverbs 3:6*

HONOR - To recognize God's worth and put Him first in how we use what He has given us. *"Honour the LORD with thy substance..." Proverbs 3:9*

SUBSTANCE - The possessions, income, and resources God has placed in our hands. *"Honour the LORD with thy substance..." Proverbs 3:9*

FIRSTFRUITS - The first and best portion of what God provides, given back to Him as an act of honor and trust. *"...and with the firstfruits of all thine increase." Proverbs 3:9*

The reward of trusting God with what He gives: "...barns filled with plenty, and presses that burst out with new wine." This speaks of relationship, trusting God with everything we have, giving what he gives back to Him and His people, and the **OVERFLOW BLESSINGS** He gives in return. **Proverbs 3:10**

WHAT is Trust?

Trust is relying on God because we believe He is true, wise, and faithful. It is more than agreeing with what God says. Trust places the weight of our lives on Him and responds through dependence, obedience, and action.

Foundation of Trust in Scripture

Proverbs 3:1–6, 9–10 teaches that trust begins with God’s Word and God’s character. We remember His teaching and keep it in our hearts. Scripture tells us, “Trust in the LORD with all thine heart; and lean not unto thine own understanding.” We acknowledge Him in all our ways and honor Him with what He has given us.

The Importance of Trust in our walk with Christ

Trust turns what we believe into the way we live. When we rely on Jesus, we submit our thinking, decisions, direction, and resources to Him. We may not see the entire path, but we can follow the One who does. As we seek Him, He directs our paths.

The Difference Between Trust and Belief

Belief and trust are closely connected in Scripture. Belief accepts that God and His Word are true. Trust relies on God because He is true and trustworthy. This is a difference in emphasis, not a rigid rule for every use of these words. Genuine faith brings belief and trust together through obedient action.

Practical Implications

We trust God by keeping His Word in our hearts, seeking His wisdom above our own, acknowledging Him before making decisions, and putting Him first in our time, gifts, finances, service, and other resources. Choose one area of your life and take one specific action that says, “**Jesus, I trust You.**”

Key Takeaway

Belief accepts that God is trustworthy. Trust relies on Him enough to follow His direction. Genuine faith is made visible through obedient action. Trust requires relying on the One we believe in, Jesus our Savior.