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Features

Pastor's Pen

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HEALTH FAIR 2025

7



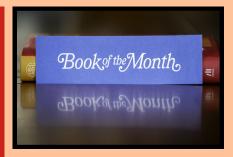
Birthdays

14-17



Book of the Month

19



The Brookland Baptist Church is located at 1066 Sunset Boulevard, West Columbia, SC 29169 and 1203 Summit Parkway, Columbia, SC 29229.

The mission of the Brookland Baptist Church is to proclaim the gospel of Jesus Christ through Evangelism, Education and Economic Empowerment.

The Brookland Star is published monthly by the Brookland Baptist Church. Submit all articles, announcements, celebrations and photographs to

TheStar@brookland.cc by MARCH 21, 2025

The **APRIL** edition of *The Brookland Star* will be published online **APRIL 6, 2025**



Pastoral Staff

Dr. Charles B. Jackson Sr., Senior Pastor Reverend Charles B. Jackson Jr., Co-Pastor

> Dr. Chris Leevy Johnson BNE Campus Pastor

Elder Mark Richard VIBE Teen Church Pastor

Rev. Chavis Smith BNE Youth Pastor

Dr. Darrell King
Pastor of Online Engagement

Rev. Betty Brown Lead Associate Minister



ONE CHURCH, TWO LOCATIONS



Brookland Baptist Women in Ministry Celebrates 20 Years of Service

As we celebrate Pastor Charles B. Jackson Sr. for 54 years of faithful and sacrificial service along with 27 years of honoring Women's History Month, we also celebrate 20 years of service for Women in Ministry at Brookland Baptist Church. This ministry began as several women sought guidance and training from Pastor Jackson after acknowledging their call to ministry. Our beloved Pastor prayed. When the time was right according to what the Spirit of the Lord gave him; he was led to choose a "Vessel of Honor" in the person of Reverend Betty H. Brown to teach and lead the Women in Ministry.

Reverend Betty H. Brown was ordained at the Open-Heart Church of God in Christ in Kingstree, South Carolina under the leadership of her brother Bishop Robert Hannah. She ministered there monthly. She was gifted at working with leadership and navigating the challenges of women ministers in the church. Being well suited for the task given her by Pastor Jackson, she immediately got to work to pave the way for the women who accepted God's call to ministry. The women were trained and the inaugural class completed this training with licensure in 2005. These trailblazers are Reverend Marilyn Bassfield, Evangelist Loretta

Coleman, Reverend Maxine Johnson and Reverend Josetta Smalls.

Here are reflections that they have shared:

Reverend Marilyn Bassfield – "Being licensed and ordained into the Gospel Ministry over the past 20 years has significantly impacted my life by providing a deep sense of purpose while fostering a stronger connection to my faith, community and church. This call has deepened my spiritual understanding, offered opportunities to serve others and shaped my personal values. I take seriously the responsibility of guiding and supporting people through life's challenges: through prayer and supplication and sharing the words of salvation (John 12:32 KJV)." This 20-year journey has also brought with it many challenges. However, it has been an honor to serve."

Evangelist Loretta Coleman – "It is such a blessing to have been the benefactor of the leadership of my pastor and friend, Reverend Dr. Charles B. Jackson, Sr. He knows me better than most, and I have been able to grow and thrive under this ministry. I was blessed to be a part of the inaugural class for the Women in Ministry led by Reverend Betty H. Brown."

Reverend Maxine Johnson – "I give honor to ABBA, for intentionally planting me at Brookland Baptist Church under the leadership of Pastor Charles B. Jackson, Sr., my father in ministry. I am so grateful that he appointed Reverend Betty H. Brown, my mother in ministry, to teach and lead the women who accepted God's call to ministry. It is such a blessing to serve under leaders that receive, recognize and respect the gifts and call of God on your life. Down through these 20 years, the joy of the Lord has strengthened me to serve Him in various capacities at Brookland Baptist Church and in the community. 2 Corinthians 3:17 says, "Now the

Lord is that Spirit: and where the Spirit of the Lord is, there is liberty." I rejoice in the fact that I have been free to operate in my calling under their leadership."

Reverend Josetta Smalls – "I am so honored to have been one of the trailblazers and first class to be licensed as an Evangelist 20 years ago, in the beginning stage and development of the Women's Ministry. From this so many other Women have followed this class in being licensed and ordained Reverends, as myself. I am so grateful to my Spiritual leader, Pastor Charles B. Jackson Sr. for recognizing the gift that God has placed within, and giving me his blessings to operate as a woman of the gospel. To God I give the Glory."

Since that inaugural class, the Women in Ministry have increased greatly with the very strong support of Pastor Jackson, Sr.. Reverend Brown has stayed the course with great stamina, tenacity and grace.

See our current roster below:

Female Associates of Brookland Baptist Church			
Denean Ambersley	Loretta Coleman	Maxine Johnson	Sandre Reaves-Bey
Marilyn Bassfield	Gwen Daniels	Mary King	Melvina Rogers
Terri Bell	Crystal Evans	Angel Malone	Dr. Annie Settles
Betty H. Brown	Sharon Gambrell	Leuvertia Moore	Josetta Smalls
Dr. Jackie Jones-Brown	Shyeda Garrett	Willie Mae Moses	Leiliani Stringer
JoAnn Brown	Shirley Grant	Gloria Newman	Mardel Whyte

The Women in Ministry continues to grow. Two additional women will be licensed as ministers on Sunday March 23, 2025. They are Melvina Rogers and Leiliani Stringer.

As Women in Ministry, we honor all of our forerunners, the women who have stood shoulder to shoulder with the leaders of the Brookland Baptist Church since its inception in 1902. Women of this present age at Brookland, we honor you. Whether you're participating at Brookland West, Brookland Northeast or Brookland Beyond, we honor you. Thank you for operating in God's original design to walk alongside our male counterparts to reach ABBA's Jeremiah 29:11 expected end. Your fingerprints shall forever remain a part of women's history at the Brookland Baptist Church and serve as a foundation for Women in Ministry.

We are grateful to our Senior Pastor and Spiritual leader, Dr. Charles B. Jackson Sr. for his support in honoring the great work of women of the Brookland Baptist Church as we celebrate twenty years of service.

With the love of the Lord,



2025 DECLARATION

"No weapon formed against you shall prosper, and every tongue which rises against you in judgement you shall condemn. This is the heritage of the servants of the Lord, and their righteousness is from Me, says the Lord." (Isaiah 54:17 NKJV)

God is saying to me tonight no weapon formed against me shall prosper and every tongue that rises against me in judgement He will condemn. God says "As one of His children, I may encounter battles that may feel overwhelming, but never forget He is my Shield and my Defender. Though the enemy's arrows are aimed at me, they will miss their mark. What was meant to harm me will only fortify my faith and draw me closer to Him.

I will not fear the words spoken against me. God will give me the power to silence them. Every accusation will crumble and God's truth and love will prevail. I am not without protection. I am wrapped in God's righteousness. God has already secured my victory over every challenge.

When I feel surrounded by darkness, I will remember God is my Protector. The shadows may seem to close in, but they will never extinguish God's light. God's hand is upon me guiding and guarding me through the storm. I will rise above it all, untouched by the destruction that seeks to shake me. My inheritance is one of peace, strength and divine favor. God is the One who defends me, covers me and lifts me to higher ground. My heart rests in this truth.

I have already fought and won the battle. I am more than a conqueror through Jesus Christ. I will stand firm in my faith. I will not let the winds of doubt or the lies of the enemy discourage and depress me. God has equipped me with all I need to stand my ground and own the victory that is mine. Though weapons may be formed, they will not succeed. Though the enemy may attempt to block my blessings, prevent my ascent, steal my joy and destroy my relationship with Christ, they will not prevail.

God is with me always and insuring that nothing can stop God's plan for my prosperity. In 2025 my strive is to be the head and not the tail; to live above and not beneath; to become a lender and not a borrower. I am God's child and I boldly claim Kingdom citizenship and the privileges and promises of my Heavenly Father."









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SATURDAY MARCH 8, 2025 10:00 AM -2025 2:00 PM





PANEL DISSCUSSIONS AND ENTERTAINMENT

FREE HEALTH SCREENINGS:

- **■** Blood Pressure
- **■** Diabetes
- **◄** Prostate Cancer
- **Sickle Cell Anemia**
- **◀** Breast Cancer

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1066 Sunset Blvd. West Columbia, SC 29169

For more information, contact Katrina Bridgette, 803-261-4723 or email us at hwguild@brookland.cc

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Oven-Roasted Salmon with Charred Lemon Vinaigrette

BY WOMAN'S DAY KITCHEN



INGREDIENTS

1 lemon

2 bulbs fennel, thinly sliced

2 small red onions, thinly sliced

2 1/2 Tbsp. olive oil, divided

Kosher salt and pepper

1 1/4 lb. skin-on salmon fillet

1 tsp. stone-ground mustard

<mark>3 cups</mark> baby arugula

DIRECTIONS

STEP 1Heat broiler. Cut pointed ends off lemon, halve crosswise, and place on a rimmed baking sheet, center cut sides up. Broil on top rack until charred, 5 minutes; transfer to a plate and set aside.

STEP 2Reduce oven temperature to 400°F. On rimmed baking sheet, toss fennel and onions with 1 1/2 Tbsp oil and 1/4 tsp each salt and pepper; arrange around edges of sheet. Place salmon in center of sheet and season with 1/4 tsp each salt and pepper. Roast until vegetables are tender and salmon is opaque throughout, 17 to 20 minutes.

STEP 3Juice charred lemon halves into a small bowl and whisk in mustard and remaining Tbsp oil. Remove baking sheet from oven and fold arugula into vegetables. Drizzle charred lemon vinaigrette over fish and vegetables and gently toss vegetables.

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Kristopher Jones

BROOKLAND BAPTIST CHURCH HEALTH NAVIGATOR 803-728-3358

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DATE: SATURDAY, MARCH 22, 2025

TIME: 12 PM - 2 PM

Brookland Baptist Church
Christian Learning Center Dining Hall

Speaker: Mrs. DeAnna Wages
DIY Paint Session
Light Refreshment

Donation

\$15

For more information email: bbcywas@gmail.com

Text for Tickets

Text "YWAWorkshop"

Text "YWAWorkshop" to 234-324-3332 Scan for Tickets



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BROOKLAND BAPTIST CHURCH





"The Pulse of a Praying Parent"

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Date::



MONDAY MORNINGS

Time:



5:30 AM

Phone:



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Join Mothers, Fathers, Grands, Godparents, Adopted and others, as we fortify the lives of our children through the power of "hearing God's heart" in prayer!

FOR MORE INFORMATION, CONTACT EVANGELIST TERRI BELL AT TERRIBELL1990@YAHOO.COM/803.381.3693



ROCK OF AGES:

TEENS IN PRAISE 36th Chuniversary

Concert

MARCH

SUNDAY

16

AT 3PM

2025

BROOKLAND BAPTIST CHURCH

MAIN SANCTUARY



Deloris Williams

John H. Agard Carla D. Brown Letra Davis-McDuffie Woodrow Dixon Tanya Eaddy Carrie Elliott Shadelle Goodson Darlene Dickerson-Holm

Charles Bennett Kristy N. Way Bethea Rosalie Brown **Taylor Cross** Isaiah Grant Dorothy G. Ham Tiffany Williams Jones Carla White Mathis CJ McConnell Jennifer M. McConnell Brittney Millhouse

Aunya Nance Joseph J. Pierce Sue E. Shands Carla J. Smalls LaToya Souser Tonya Stroman Destiny R. Thomas Ricky A. White Shakira Williams Calvin Wrighten Komalether Young

Shardae Brice Kayla Briggs Floyd B. Brown Jon Cheagle Katie Etheridge William Golston Crystal Hall

Shira S. Holmes Stacy Howard Niema Hulin Anthony E. Johnson Lincoln O. Lawton Renee Rush Erik Rutherford Stephen Smalls

Greta Bennett Rosie Boyd Cynthia L. Brown Yolonda Byrd Debra Davis Tracey Greene Nicholas Jackson

Darrell Manigault CeCelia D. Neal Tanya Pierce Brenda P. Streater Tanya Williamson Kira Wooden

Lesley Alston LaQuan T. Canty Shakala Daniels Joann Dinkins W. Russell Earle Ronald Epps Shariba Freshley Mark Holloway Allene Jackson Esther Jackson Pearle Jenkins

Brian Johnson Shawana D. Martin Lyde Jasmine Mix Chisom Okoli Melissa Sims Pigford Michael Pressley Darryl Riley Delaine Salley Veda Weston Anya G. Whittleton Darnai Williams

Karen R. Alexander Jamie L. Bradley Jason Brown Yvonne Earl Mariko Feemster Lee Allyson Gailliard-Thompson

Brent Austin Gaymon Taylor Jamie Gilbert Fitzpatrick Shirley Kennedy Sophia Mill Kimicka Oliver **Treasure Thomas** Waymond Washingtonn



Birthdays



Ronnie Adamas Nia S. Berry Jayden Seth Brown Martha Bryson Elaine Burton Anesshia L. Collins LaQuile Cummings West Page Finney Jared Gamble Anika Greene Shaneika Holmes Tammie Howell Willie L. Johnson
Pamela Lanier
Vincent A. Lyde
Avri McKnight
Shelby Moses
Xavier Peterson
Felicia Prior-Brooks
William Robinson
Luther C. Russell
Conserverina Smith
Tarshia Ware

Lundyn Anderson Jocelyn Boykin April Bracey Shanice S. Brown Gloria C. Cooper Ann Green Guy M. Jeath Rick Henry Maurice Jackson
Bryan S. Jeffries
Charlene Curry Martin
Jaiven Martinez
Joyce McRae
Eric A. Stewart
Patrice Sutton Brown

Lisa A. Blume Nikashia Brown Tashima M. Brown Rozialyn Burison Mathias Chaplin Bobby J. Dozier Tori Harrington Wallesca Johnson Hazel Keels Nikeshia Mace Corlyan Pridgeon Vanessa Reed Jason Staley Bruce W. Strouble, Sr. Monique Taylor Gregory Williams Maurishka Williams

Dion Bethea Tiana Butler Justin Vaughn Earle Cynthia Green Brandon Greene Vivian Howard Gwendolyn Prioleau Vickie Walker Tatiana Washington Benjamin Williams Jr

Mary S. Foust
Clifford H. Barrett
Leana Blair
Betty Boyd
Nikki R. Boyd
Zaria Brown
Machelle Gantt
Lelon General Jr
Carlton L. Harris
Cassandra Hutchinson
Alkini Johnson

Roxanne Johnson Chautuaqua Jones Christianetta Jones Cynthia Lipscomb Kendra Sprouse Price Chasiti Reid Veronica Richmond Carolyn Smith Delara Thompson Gwendolyn Williams William Young IV

Danielle Alston Jerome Bell Sr Edmond Brown III Lawrence Brown Jr Ivy M. Chestnut Kendall L. Corley Monique Dozier Brant Johnson Christian Johnson Corey J. Johnson Kevin Paul Vidalyn Rowley Jacob Smith Chadori Verette Brandon Williams

Teri Acox
Deborah Bailey
Zakiya Briggs
Kerner Charles
Broadhurst
James Burgess
Kendrick Campbell
Christopher Carrasquillo
Geneva Cuttino
Lisa Davis
D'Juana Ferguson
Tracey GravesMcDaniel
Eddie E Gregg Jr
Nihihon Hulim

Brittany Hutcherson Rejeana Inabinet Sherrline Johnson Chris Mack Pam O'Leary Nathaniel M. Rembert Coretta F. Richmond Chinell Singletary Tierra Smith Dawane Taylor Miriam Taylor Roma Thomas Michael O. Tisdale Franklin Turner Shelley N. Williams Koryn Wimberly

Dennis Breeland
David Brown
Mariah Campbell
Keisha Cyrus
Henrietta Etheredge
Anthony Fair
Anna K. Johnson
William Leaphart Sr.

Valerie Reynolds Martin
Brantly Minor
Annie Moore
Eburrell Jermaine Sims
Ashley Louden Turner
Floyd White Jr
Angela M. Williams
Paris Young



Birthdays

Denean Greene Mary Hill Diane Lawson Johnnie McCcray III Darrell Minor Gloria Scott Momita Swapsy Ashley Thompson

Kaneisha Black
Amira Brown
Helen Curtain Jackson
Charles Dodd
Torya N. Evans
Briana Georges
Aerial Griffin

Jacoby Myers
Annette Porterfield
Beverly Rhoden
Lila Roberson
Ursula T. Samuel
Frederick Simpkins
Patricia J. Smith
Nichole Swinton

Grant Blevins Kylee Bostick Spavernta Bostick Kayla Brown Clifford Dawkins Jeffrrey B. Dyer Adrianne Ford Kelsey Jacobs Cameron Napper Vanona Squire Joshua White

David Cooper
Angela Culbertson
Brenda Dantzler
Adreane Grant
Thelma G. Green
Traice Greene
Laura Hagans
Janice Hicks
Rashad Ishmal
Brandi Jones

Josephine Jones
Estelle McLean
Arthur Monroe Jr
James Perlite
Fionte Peterson
Patricia H. Scott
Allan SpryWaymyers
Chris Turnipseed
Ann Young
Carmen Young

Beverly Alexander Deborah Alexander Phillip Barrett Brad L. Coleman Dale Collie Bianca Crawford Brent Davis Ashanti Dickerson Horace Dukes Devin Earle Ursula Edwards Crystal Evans Jacob "Jermaine" Fulks Quincy Goodwin Kyle Harris TaKara Jones

Clayton Lawer
Andrea Lucas
Somaya Mason
Donnell McDaniel
Charmane Orr
Gabriella Orr
Kayla Orr
Stephanie Phillips
Courtney Price
Leisa Pringle
Damarah Reid
David Smith
LaVaciette Thomas
Jamesa Williams
Tomekkia Wright-William



Byron R. Bright Sheila Burgess Natasha Davis William Dozier Jimmy Garvin Al Georges Jade Alexus Gidron
Cedric R. Jones
Romi Yolanda Robinson
Gail V. Singleton
Bernita Stuckey
Karndy Williams

Lorraine Withers

Minnie Anthony Stanton Bennett Jazmine Bowman Tenisha Budden Thomas K. Daniels Sr Judy Frazier Judi A. Gaston Patricka Hagans

Kinzie Bryant III
Mitzi Campbell
Betty Davis
Justin Greene
Diana Harrison
Brandi Hawkins
Tylea Hughey
Renee Hulin
Shirley Hunter
Jeremy Jenkins

Donald Hambrick
Josey James
Lyndon Jones
Xzavien Lancaster
Archie R. Lee Jr
Shamari Lettsome
Fremont Nelson
Doris "Tia" Taylor Thomas
Torrey Young

Lamonte Johnson
Jackson McGregor
Adrian Parker
Rodney Reid
Cayla R. Richardson
Shana Thomas
LaQuenta Tinsley
John Washington
Krissy Williamson
Benjamin Wright



Your Deacon and the Pastoral Staff are concerned and care about every member in our Church "Family." When there is a sickness, surgery or death in your family, Please contact your Deacon and the Pastoral Office (Angela Taylor) at (803)744-7908

All birthdays listed on the previous pages are generated through the church membership database.

If you find any errors in the listings or if you have recently moved or changed your phone number, please contact the Church Office at the West Campus at (803) 796-7525 or the Northeast Campus at (803) 753-0610.

Birthdays



Kimberly Baker Cierra Bess Rubye Brown Quantrell Felder Billy Goodwine Andrew Green

Erma Amedee
Patricia Curry
Shameika Durham
Minuette Floyd
Reggie Floyd
Ronald R. Graham
Keema Davis Harley
Grazia Hayes
Elicia Howard
Linda Jackson

Andrew Greene Stephen Hallman Shaniqua McMillan Taneisha Mickle Charmaine Minick Kameryn Reid Brianna Wilson

Ebony Jeffcoat
Bree Jones
Cameron Kendrick
Jamila Minor
Nyomi Oliver
James Palmer
Stanley Rivers
Avril Stephens
Sheena A Thompson
Cmarkeon D. Tutt

Janice Alexander
Sherlaine Bowman
Curlie Felder
Theodore R. Foster IV
Crystal Fulmore
Khalid Quemar Heatley
William A. Johnson
T. Nicole Montgomery
Jacqueline Moore
Reginald Myers

Fabrienne C. Payne
Whitney Percell
Nichelle Peters
Mammie C. Price
Prudence Ware Stokes
Nyiedra String
Chanda Tidwell
Clarice M. Wesey
Whitney Weston
Valeria Williams

Carolyn Benson
Carolyn Burton
Victoria Gunter
Stephanie Johnson
William Norris Luckey Jr

Terry J. McDuffie Tamiko Outten Jamar Riley Detris E. Williams Zena Williams

Brandon Brown
Da'Kwaun Brown
India Brown
Beatrice Dickerson
Tarvia Funderburk
Jessica Gill
Shirley Henry
Tre' Jenkins
Bathsheba Joe

Daisy Percell
William Randolph
Clyde Shepard
Shelton Ezekiel Smith
Charlie Stephenson
John F. Thomas II
Marketa Wesley
Shenika Williamson

Omagbitse Bellamy
Roosevelt Bess
Unita Busby
Curtis E. Hopkins III
Lisa Johnson
Cam Jones
Kasha Jones
Eddie Livingston
Cedric Luckey
Justin Mitchell
Courtney Montague

Melanie L. Byrd
Barbara Cone
Floyd Davis
Robert Davis
Chaini C. Demas
Alexis Henderson
Darrell Alonzo Hutto
Latisha D. Lowery-Sims
Jennifer Wilson McClinton
Brittney McDaniel
Willie Minor
Gloria Moore

Ernest L. Adams
Sul M. Black
Lisa Campbell
Vanessa Coulter
Deirdre L. Duley
Kyle Edwards
Cynthia Greene-Cash
Noah Guyton
Sonja Halloway
Monica McLain King

Calvin Lyles
Tyler McAllister
Leslie McClary
Tennille Harding Mitchell
Willie Mae Nelson
Kesean Palmer
Netanya Denise Smith
Beatrice Stephens
Shirley A.H. Watkins
Cathy C. Williams

Shureka Blackmon
Brittney Domaneek
Patricia Boswell-Glasgow
Natosha Wilson Glenn
Eva M. Hannibal
Brendan O. Jackson
Hope McKenzie Jackson
Waddell Jasper
Charles Bruce Johnson

Kenneth Jones Sr.
Sandra Murray
Pamela J. Nero
Jerrell R. Pinckney
Priscilla Robertson
Jessica Scott
Charles D. Stephens
Quentin Woodward Jr.

Angie L. Overton
Darryl Patterson
Quinton L. Samuels
Alison Smalls
Meesha R. Spence
Amanda Trotty
Rodrick Tucker
Shanta Washington Feaster
Marla Williams Watkins
Felicia J. White
Lanny Williams Jr
Larkyn Williams

Marcus E. Reynolds Veronia L. Ross Shayla Monique Scott Allon T. Small Loria Thomas Jada S. Washington Erica White Kenyetta Whiteside

John H. Whittleton Jr.

Gloria Newman

LaQuista Peterson





AN UPDATE FROM OUR BROOKLAND BEYOND MINISTRY

(this is from our listeners who tune in every Sunday from Kenya)

Dear Rev. Darrell,

Greetings to you today in Jesus Name, hopefully this email finds you doing well. We really thank you for your continued prayers for our Ministry here in Kenya, we again appreciate your loving heart for us. God is so faithful, we finally received the gift that you sent, we checked yesterday with our bank and we received the gift we give Glory to God. We appreciate our church senior Pastor Rev. Charles there, and your church for giving to help the ministry here in Kenya. We have been praying that when we receive the gift, it will be used to give Glory and honour to God. We used the gift to purchase amplifier/mixer, piano and microphone to use during our church services. We thank God for the wonderful gift, keep praying for us more especially for our spiritual growth. I will send you some pictures of the items that we were glad to purchase. Let all our brothers and sisters know that we really appreciate and thank God for everything. Be blessed as we pray and hope to hear from you soon.

Yours in Christ, Pastor Schmke





19

OUR SELECTED BOOK OF THE MONTH



In her "vulnerable, tender, and infinitely inspirational" (Oprah Daily) memoir, the first Black woman to ever be appointed to the Supreme Court of the United States chronicles her extraordinary life story. With this unflinching account, Justice Ketanji Brown Jackson invites readers into her life and world, tracing her family's ascent from segregation to her confirmation on America's highest court within the span of one generation.



RED DRESS DAY AT THE LAND

American Heart Month is observed every February. Every year more than 600,000 Americans die from heart disease. Heart Disease affects all ages, genders, and ethnicities. Unfortunately, African Americans are more at risk for complications from heart disease. Risk factors include high cholesterol, high blood pressure, smoking, diabetes, and excessive alcohol use.

The American Heart Association, Churches and other faith-based organizations, community leaders and the medical community have formed partnerships to increase awareness of the impact of heart disease.

Promotions such as Wear Red Day continue to affect positive changes towards healthier outcomes and reduction in health care cost. People are taking action but there is still room for a higher engagement.

Heart Attack Warning Signs

Uncomfortable pressure, squeezing, fullness, or pain in the center of the chest that lasts more than a few minutes or goes away and comes back. Pain or discomfort in one or both arms, the back, neck, jaw or stomach. Shortness of breath with or without chest discomfort. Other signs such as breaking out in a cold sweat, nausea or lightheadedness.

As with men, women's most common heart attack symptom is chest pain or discomfort. But women are somewhat more likely than men to have some of the other common symptoms, particularly shortness of breath, nausea/vomiting, and back or jaw pain.

Stroke Warning Signs

- Sudden numbness or weakness of the face, arm or leg, especially on one side of the body.
- Sudden confusion, trouble speaking or understanding.
- Sudden trouble seeing in one or both eyes.
- Sudden trouble walking, dizziness, loss of balance or coordination.
- Sudden, severe headache with no known cause.



AMERICAN HEART MONTH IS OBSERVED EVERY FEBRUARY

HEART ATTACK WARNING SIGNS

Uncomfortable pressure, squeezing, fullness, or pain in the center of the chest that lasts more than a few minutes or goes away and comes back.

Pain or discomfort in one or both arms, the back, neck, jaw or stomach. Shortness of breath with or without chest discomfort.

Other signs such as breaking out in a cold sweat, nausea or lightheadedness.

STROKE WARNING SIGNS

Sudden numbness or weakness of the face, arm or leg, especially on one side of the body.

Sudden confusion, trouble speaking or understanding.

Sudden trouble seeing in one or both eyes.

Sudden trouble walking, dizziness, loss of balance or coordination.

Sudden, severe headache with no known cause.

Brookland Baptist Church Main Campus - Main Sanctuary 1066 SUNSET BLVD. • WEST COLUMBIA, SC 29169 803-796-7525 • www.brooklandbaptist.org

22

CONGRATULATIONS GENERAL ELAM

United Way of the Midlands is pleased to announce Calvin H. Elam as the 2025 Humanitarian of the Year award recipient. The Humanitarian of the Year Award is given each year to individuals who clearly demonstrate extraordinary leadership in philanthropic and human services in our community. It is the highest single honor of philanthropic achievement in the Midlands.

Mr. Elam is a native South Carolinian who began his career in the wealth management and insurance industries in 1992, after spending five years as a successful commercial and retail banker with Bank of America, (formerly Nations Bank). He is a graduate of the United States Air Force's Air War College and holds a BS degree in Business Administration from the University of South Carolina, a MBA from LSU-Shreveport and a MS in Financial Services (MSFS) from the American College in Bryn Mawr, PA.



Mr. Elam truly believes that community service is the "price you pay to live in a community" and leads by example. He has served on the Boards of Trustees of the following organizations: University of South Carolina's Education Foundation, Prisma Health System, SC Pension and Employee Benefits Authority (PEBA), United Way of the Midlands, Central Carolina Community Foundation, and Claflin University. He has been an active board member with United Way of the Midlands for the last six years. In that time, he played a critical role in establishing UWM's Race, Equity, and Inclusion Standing Committee and served as its Chair.

Currently, Mr. Elam serves as Co-Chair of the Campaign for Good, spearheading the effort to raise \$10 million to match MacKenzie Sco 's \$10 million contribution. Grants from this fund will focus on affordable housing, access to healthcare, ensuring reading and STEM proficiency by third grade, and preparing young men for career and college success.

Mr. Elam is a retired Brigadier General with active duty and National Guard service totaling over 33.5 years and he holds the distinction of being the first African American Brigadier General in the history of the SC National Guard, Army or Air.

Mr. Elam is a member Brookland Baptist Church in West Columbia, where he serves on the is Vice Chair on the Governing Council. He and his wife Mary have three grown children.





HELP US BUILD!

We invite you to be a supporter of our Capital Campaign by pledging and donating to our BNE Community Learning Center (CLC). Your generosity will help us build a new center for worship with much needed space to serve the community.

We treasure your support!

Here's how you can give...

Text
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to (803) 223-7519
OR
Scan the code.

