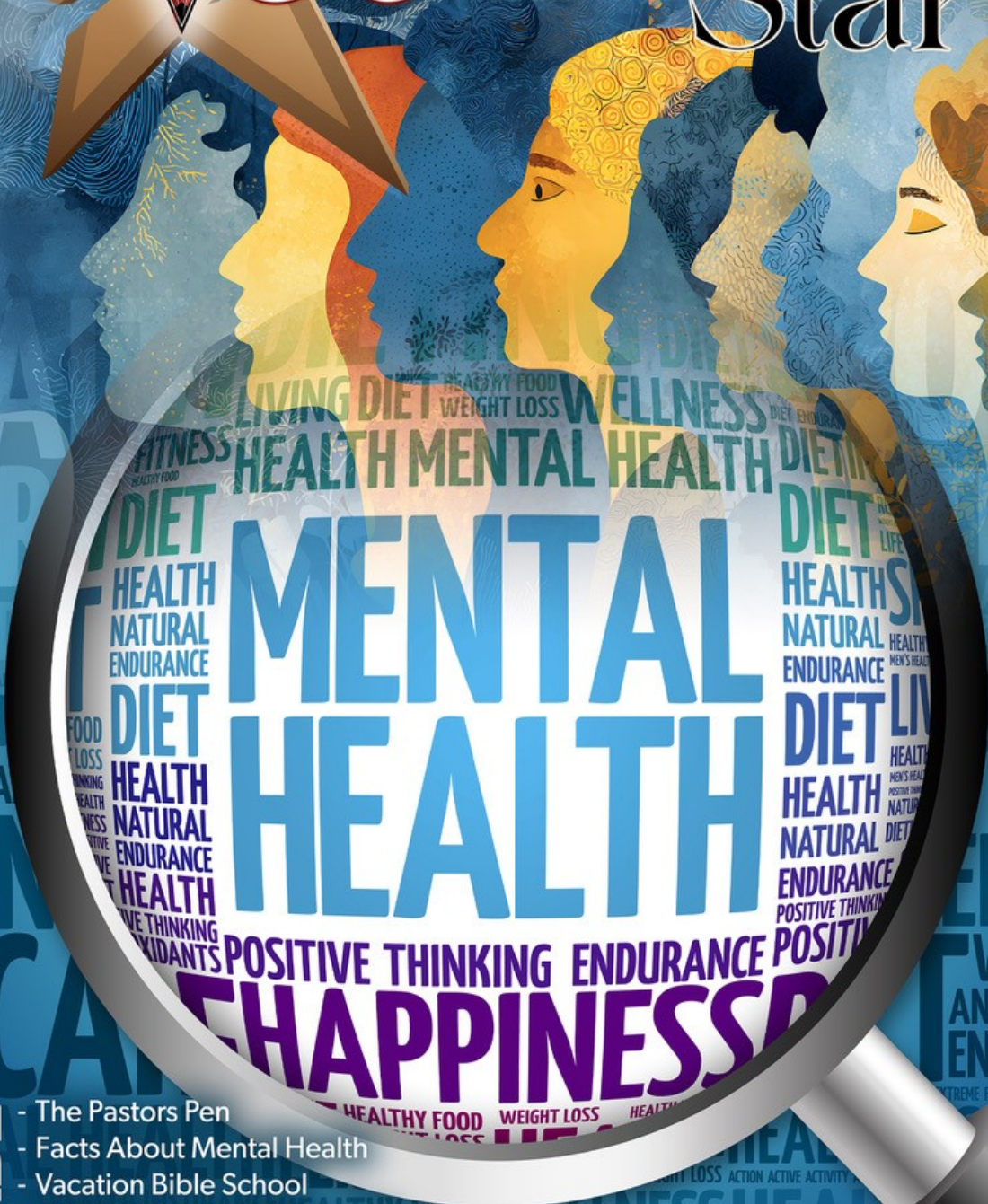




The BROOKLAND Star

MAY, 2026



INSIDE:

- The Pastors Pen
- Facts About Mental Health
- Vacation Bible School
- 2026 Graduates Celebration
- Kidz Korner
- Book Of The Month



BROOKLAND FOUNDATION

"Moving Mountains for Community"



HOW YOU HELP US MAKE A DIFFERENCE

OVER
11,000
SERVED IN OUR FIGHT TO
END HUNGER

OVER
800
HOMELESS CARE PACKAGES
DISTRIBUTED
EACH YEAR

HOMELESSNESS
PREVENTION SERVICES
PROVIDED TO
50+
FAMILIES FACING
DISCONNECTION OF SERVICES
OR IMMINENT HOMELESSNESS
EACH YEAR

60+ hrs.
OF FREE VIRTUAL TUTORING
SESSIONS PROVIDED EACH
YEAR

OVER
40+
SPORTS PHYSICALS
PROVIDED TO STUDENT
ATHLETES ANNUALLY

170+ hrs.
OF BREAST CANCER SURVIVOR
SUPPORT GROUP SESSIONS
FACILITATED EACH YEAR

OVER
50+
SERVED BY OUR HIV/AIDS
PROGRAM EACH YEAR



Visit & Support us
at

midlandsgives.org/TheBrooklandFoundation

CENTRAL CAROLINA
COMMUNITY FOUNDATION

Midlands Gives

Please
Donate Now!

5.05.26



Features

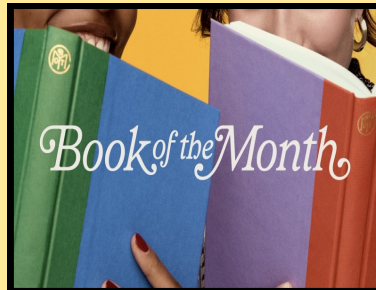
Featured Article on
Mental Health

4



BOOK OF THE MONTH

15



KIDZ KORNER

16



VIBE SUMMER

23



The Brookland Baptist Church is located at 1066 Sunset Boulevard, West Columbia, SC 29169, at 1203 Summit Parkway, Columbia, SC 29229, at 1032 Monticello Street, West Columbia, SC 29169 and Online at all social media platforms.

The mission of the Brookland Baptist Church is to proclaim the gospel of Jesus Christ through Evangelism, Education and Economic Empowerment.

The Brookland Star is published monthly
by
the Brookland Baptist Church.
Submit all articles, announcements,
celebrations and photographs to
TheStar@brookland.cc
by **MAY 15, 2026**

The **JUNE** edition of *The Brookland Star*
will be published online **JUNE 7, 2026**



Pastoral Staff

Dr. Charles B. Jackson Sr., Senior Pastor
Reverend Charles B. Jackson Jr., Co-Pastor

Dr. Chris Leevy Johnson
BNE Campus Pastor

Elder Mark Richard
VIBE Teen Church Pastor

Rev. Chavis Smith
BNE Youth Pastor

Dr. Darrell King
Pastor of Online Engagement

Rev. Vernon Davis
Monticello Campus Pastor

Rev. Betty Brown
Lead Associate Minister

MENTAL HEALTH AND BLACK PEOPLE!

In 2026, Black mental health is heavily impacted by cumulative stress and systemic racism, with studies showing these factors significantly increase mortality risk. While mental health needs are high, Black adults were 36% less likely than white adults to receive treatment in 2024, highlighting ongoing disparities in care access and cultural stigma.

Key 2026 Mental Health Issues & Trends

Systemic Stress: Chronic stress, including racism, is a leading factor in health disparities and mental strain, with a [Study Finds Online Racism Associated With Black Young Adults \(news.ncsu.edu\)](https://news.ncsu.edu) highlighting the specific impact of digital racism on young adults.

Access & Stigma: Black adults are less likely to seek professional treatment due to stigma and cultural factors, such as viewing mental health issues as a sign of weakness or relying solely on faith-based support, which are issues often discussed by the [National Alliance on Mental Illness \(NAMI\)](https://www.nami.org).

Emerging Risks: AI technology and the removal of DEI programs are cited as factors that could worsen mental health challenges in 2026.

Initiatives & Support Systems

The Black Mental Health Conference (BMHC) 2026: Held in February in Raleigh, NC, this event focuses on Black Power, healing, and liberation.

Culturally Competent Care: Organizations like [BEAM](https://www.beamcollective.org) and the Boris Lawrence Henson Foundation are working to dismantle systemic barriers and increase access to providers who understand the cultural context of Black mental health.

Faith Community: Many in the Black community turn to churches or mosques for mental health support, though integrating this with professional care is a focus for improvement.

Resources for Support

NAMI: Provides culturally relevant resources and support groups.

Mental Health America (MHA): Offers mental health screenings and educational materials.

Black Emotional and Mental Health Collective (BEAM): Focuses on training and advocacy.



MAY IS MENTAL HEALTH AWARENESS MONTH

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make healthy choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood.





BROOKLAND
BAPTIST CHURCH

**AT THE BROOKLAND CAFÉ,
@THE BROOKLAND BANQUET AND
CONFERENCE CENTER, DESIGNED
ESPECIALLY WITH MOM IN MIND.**

COOKING MOM'S FAVORITES:

- ▶ Cornish Hens
- ▶ Apple Glazed Pork Chops
- ▶ Braised Beef Tips
- ▶ Honey Glazed Ham (Craving Station)
- ▶ Famous Fried Chicken
- ▶ Crusted Parmesan Salmon
- ▶ Chicken Florentine

Main Campus of
Brookland Baptist Church
1066 Sunset Boulevard
West Columbia, SC 29169

SUNDAY
MAY 10th

9:30 AM-4:00 PM

\$32 PER PERSON

Dining with us includes Tea,
Lemonade and Coffee.

Reservations can be made at: 803-744-7956 or
in person at the Banquet and Conference Center

DENIM



Pearls

SENIOR PROM

Hosted by the **JB Adams**
Seniors

Friday - June 6, 2026

6pm - 9pm



Bogan Hall

Lakeview Empowerment Center

1218 Batchelor Street


West Columbia, SC 29169

For tkts and additional information contact
Jacquie Johnson @ bernjacq5457@gmail.com or
Rhonda Jones @rjones@brookland.cc

Rhonda Jones - Director, JB Adams Seniors

JB Adams Senior Members - \$10 | Non-Member/ Guest Tickets - \$25

Designed by Anne (303) 224-4139

Sponsored by 

COLLEGE-CAREER PLANNING WORKSHOP

Current 7th-11th Graders & Parents

(Students must be accompanied by parents or guardians)



- Preparation Readiness Overview
- Assessment, Professional and Personal Development
- College Life Panel
- Career Exposure Parent
- Real Talk Segment



SATURDAY 
MAY 16, 2026

9 AM - 1 PM 
DOORS OPEN AT 8:30 AM
PLEASE BE PROMPT

Christian Learning Center 
Brookland Baptist Church
1066 Sunset Blvd. West
Columbia, SC 29169



CLICK LINK OR SCAN QR CODE TO
REGISTER BY
APRIL 26, 2026

[Click to Register](#)



VIBEatBrookland@gmail.com



BROOKLAND
BAPTIST CHURCH
BOTH CAMPUSES

REV. CHARLES B. JACKSON, SR.
Senior Pastor

REV. CHRIS LEEVY JOHNSON
NE Campus Pastor

Annual
**CAP & GOWN
SUNDAY**

**STEPPING UP & STANDING OUT:
A MULTI-LEVEL MILESTONE EVENT
HONORING ACADEMIC
DISTINCTION**

**SUNDAY
JUNE 14
2026**

10^{AM} NE CAMPUS 11^{AM} MAIN CAMPUS

SCAN QR CODE
TO REGISTER



REGISTRATION DEADLINE:
SUNDAY, MAY 24, 2026

ONE EPIC DAY: TWO LOCATIONS – ONE MISSION

BROOKLAND BAPTIST CHURCH NORTHEAST
1203 SUMMIT PARKWAY • COLUMBIA, SC 29229
CONTACT: Pamela Felder at bnecapandgown@brookland.cc
803-369-1070



BROOKLAND BAPTIST CHURCH (MAIN)
1066 SUNSET BOULEVARD • WEST COLUMBIA, SC 29169
CONTACT: Melanie Byrd or Mikayla Smith at bwescapandgown@brookland.cc

The YWE continues to create opportunities for girls and teens to grow and develop spiritually, emotionally, and personally. Each event that is planned is to help them discover and realize the purpose and plan God has for them. The activities are designed to help shape them into well rounded and community focused adults.

The YWE hosts an oratorical contest each year to help girls and teens to find their voice. This event helps them to develop speech writing and speaking skills. It gives them the confidence to stand boldly before an audience and present their thoughts and ideas. The 11th annual contest coordinated by Sheral Bowman, Janice Williams and their team was held on March 29, 2026. The theme was “How Will You Shape the World Through Speaking Truth to Power? Speak and the World Will Shift.” The contest was divided into two groups, grades 5 to 8 and grades 9 to 12. Group One consisted of three 5th graders, Taylor Heyward, Leah Hudson, and Corrine Petersen, and one 8th grader, Brianna Hudson. Betty Jeffcoat, Margaret E. Suber, and Cynthia A. Taylor served as the judges and selected Taylor Heyward as the first place winner. She attends Polo Elementary School and loves creative art and reading. Her career goal is to become a nurse practitioner. The second place winner was Corrine Peterson, an 8th grader who attends North Raleigh Christian Academy. She enjoys playing the piano and drawing. Her career goals include playing basketball collegiately and working in sports medicine. The third place winner was Leah Hudson, a 5th grader who attends Roundtop Elementary. She enjoys writing, acting, drawing and helping others. Her career goals are to become a writer and a lawyer.

Group Two consisted of three 10th graders, Lauren Boykin, Naveah Davis, and Kai Symonette, two 11th graders, Alyssa Davis, Ivory Fulson and one 12th grader, Jasmine Johnson. The judges were Dr. Jackie Jones-Brown, Dr. Teresa Dillard and Dr. Sabrina Moore. They selected Kai Symonette as the first place winner, a 10th grader who attends Arts, Innovation and Media (A.I.M. High Charter School). She enjoys poetry, art, and writing. She aspires to become a journalist or poet. The second place winner was Alyssa Davis, an 11th grader who attends A.I.M. High Charter School. She enjoys dancing, cooking, and acting. Her career goal is to become an elementary school principal. The third place winner was Jasmine Johnson, an 12th grader who attends Covenant Classical Christian School. She enjoys singing, roller skating and playing the piano. Her career goal is to become a singer.

The YWE congratulates all the participants and winners. We give special thanks to all of the advisers, judges and everyone who helped to make the event a success.

The YWE also sponsors social events to allow the girls and teens an opportunity to learn social skills and to have fun. Berneice Breeland, Leslie Williams and their entire team coordinated an amazing YWE Father/Father Figure and Daughter Sneaker Ball on April 11, 2026 with approximately 80 persons in attendance.



This event gave the girls and teens a chance to dress up and enjoy an afternoon with their father or father figure. The event featured Father/Father Figure and Daughter first dance and a fashion show to showcase their sneakers. Kevin and Karyn Wimberly gave a heartwarming presentation about the special bond between fathers and daughters. Music was provided by DJ Branch Howard who kept everyone on the dance floor. During the event, a tribute was given in memory of Ms. Barbara Scarborough, a Titus 2 woman, and one of the visionaries of the YWE. Her family presented three \$1,000 Barbara Scarborough Spirit of Service Memorial scholarships to Koran Deshaun Wimberly of Ridgeview High School, Ethan Buddan of Sumter High School and Joshua Aiden of Blythewood High.

We thank Kevin Wimberly and Brenton Brown from the Brotherhood Ministry for their support and everyone else who helped to make this event a success. We look forward to an even bigger event next year.

To learn more about the YWE, visit our website <https://brooklandbaptist.org/ywe>.



Birthdays

Linda Hardge
Sheila Corbon-DeWitt
Wayne Harrington
Solomon Smalls
Leroy M. Jenkins
Rita Williams
Travis K. Williams
Monica Jacobs

1

Talisha Cooper
Laquisha Naylor
DaVonte Furtick
Christopher McIntosh
Rebekah E. Smith
Jaylen Davis
Reginald Stewart Jr
Mekhi Lynch

Lula Hartwell
Vivian Neal
Horace E. Brown
Jimmy Robinson
Iris L. Moyd
Barbara Sells
Jamille Ellis
Jeana Boyd
Shannon Martin

5

Joseph Nwaiwu
Davett Waden
Brian Etheridge Sr
Melanie Frink
Sherri Davis
Candace Wagner
Codillah Green
Erin McCray
Paul Edward Streater

Marshall Green
Carol Jackson
John Bines
Virginia Thomas-White
Bridget Tripp
Michael Gasque
Glenda McMichael
Janice Davis

2

Marion Summers
Jewel Trowell
Dara N. Hopson
Kevin Willis
Shakara Nall
Taleah Harris
Quaneisha Harrison
Kenya Mack

John E. Gladden
Sandra Richardson
Michael Boyd
Cornie J. Davis
Sharon Gaddist
Andrenea Josey
Karen McCain

6

Paris Sweeper-Pitt
Jessica Jacobs
Maurice Tucker
DeeVon Carpenter
Julian Syphert
William Godfrey
Arisa Abdullah
Joshua Daniel Green

Jimmie Howard
Joe Robinson
Deanna Smith
Charlie Chapman
Wesley Dodd
Johnny Hughes

3

Chanel Webb
Jocelyn Davis
Shanita D. Clark
Raymon Dobson
Kenneth Davis Jr
Char-Nayla P. Whosendove

Della Hart
Margie Miller
Alice P. Jones
Ujetta "Beth" Rhue
Reginald Turnipseed
Jennifer Rose

7

Erika Robinson
Clarence Williams
Eugene Hagans
Danielle Kelly
Morgan McCray
Arthur McDonald

Brenda Stembidge
Andre Lewis
Tonia Kerr
Arthur Houston
Evelyn Green
Barbara P. Jones
Vanessa G. Wall

4

Nicole Davis
Charvis Brown
Latoya Gillings
Christopher Campbell
Darrell Richards
Shana Evans
Trevor Brown
Janya Brown

Joyce Ravenel McCray
Deborah H. Gaffney
Cindy A. Land
Lisa Brumell

8

Alvin Hatcher
Jonathan Hills
Jeanine Toni C. Littles
Leroy McCoy Jr

Gelena Motes
David Stinchcomb
Cynthia Bodrick
Floretta Williams
Etta J. Graham
Carrie Washington

9

Emma Bleach
Minnie Thomas
Mariae Gibbs
Lashandra Scott
Rhonda J. Wiley
LaTonya Williams

Birthdays

<p>Keisha Moore Ralph A. Pitt Travis Jackson Tyima Johnson</p>	<p>9 Chauncey Furtick Jada Nicole Tolliver Sean Reilly</p>	<p>Jerry M. Free I.S. Leevy Johnson Renee Harvey Bessie Mack Artis Parker Sr Cathy Seawright Celina Fields Teedra Pope</p>	<p>16 Ralph Walter Jr Tasha M. Boone Veada Napier Felicia Myers Robert Wells Jim Stansfield Binet Gantt Kendra Leach</p>
<p>Tom Crosby Yvonne Jackie Griffin Benjamin J. Washington Jr Genno Getter Rhonda Askew-Grimmsley Essie General Leroy Mathis Jr</p>	<p>10 Dwayne Pittman Libbie Barnes Richie Barnes Catrena Britton Nathan Young Tyrell T Holmes Nitaya McCormick</p>	<p>Henry Henderson Yvonne Gregg James Stroman Kevin J. Banks Sonja Johnson Kervin L. Simms Doug Elliott Iphegenia Linen</p>	<p>17 Timothy Coleman Teresa Wilson Florence Kareem Warren Sr Brice Engram Carla Profit Tyler Johnson MiKayla Nelson</p>
<p>Steve Strouble Rudene Burton John Jones Michelle Harley Reginal Jenkins</p>	<p>11 Tawnya Jackson Marcus Alexander Karen Pitts Roland Tucker Tanaiah Smith Trista Smith</p>	<p>Susan Bennon Vivian McCray John Woods Lisa Gambrell McDonald Carmen Scipio Jim O. Stuckey Tarsha M. Gibbs Roscoe W. Turner III Anthony Bing Stephanie McFadden-Henderson</p>	<p>18 Cashena Hastie\ Courtney June Ebony Mercer Elijah Smalls Chrystal Pearson Dominique S. Donaldson Keyerria Howard Deris Alston Makili Wilson Lacee Getter Willis Goodwin</p>
<p>Carl E Burke Zoraida Turnipseed Nekoya D. Fisher Tammy Banks Darling Garway</p>	<p>12 Shanyce Harris Brianna Warren Zoyd Stivender Courtney Sims Jaden Johnson</p>	<p>Jeanette McQueen Jake Sello Theresa Praylow Willie Mae Moses Marilyn Curtain-Phillips Susan E. Delaine Samantha R. Gleaton Shiree Isreal</p>	<p>19 Andrea Myers Kevin Clark Cory Jamison James E. Carter LaShonda R. Young Jasmeen Pharr Shaw Robert Reid Justice Parker Sanai King</p>
<p>Elizabeth Wilson Thomas Stokes Marguerite Kaufman Joyce A. Gleaton Carrie Hunter</p>	<p>13 Hilery Burton Jr Melissa Berry Spruell O'Kema Greene-Ford Sean Payne</p>	<p>Elmer L. Garrett Gena Banks Bernard Jackson Stephon Jackson Amerithe Spann Renee L. Washington Janina Glisson Tabitha McAllister Latasha R. Whittaker Miranda Jacobs Bright</p>	<p>20 Andrea Smith Lothario Johnson Lasundra Jamison Matthias Copeland Shardae L. Hook Aisha Reid Brianna Holliday Marie G. Heath Jaylen Patrice Nesbitt Christopher Thompson</p>
<p>Lottie S. Chisom Jeanne White Gate- wood Thedford A. Rowser- Bey Pat Snow Noreen M. Doughty Reggie Delaine Anthony Bronzell</p>	<p>14 Jarrid Alexander Lukus Gipson Jarvon I. Williams Derrick Jeffcoat Adrian D. Humphrey Jessica Green LaToya Thompson Miguel Scarborough Josef E. Ivory</p>	<p>Laura M. Newton Stanley Hughey Edwina Walker Sandra Georges Phyllis Johnson Tarah Mickens-Cole Jacqueline Isaac</p>	<p>15 Charlotte Hughes Robin Thomas Lawanda Rembert Tiffany Hughes Amber Nelson Maurice Anderson Payton B. Davis</p>



Birthdays

We're Here for you

Your Deacon and the Pastoral Staff are concerned and care about every member in our Church "Family." When there is a sickness, surgery or death in your family, Please contact your Deacon and the Pastoral Office (Angela Taylor) at (803)744-7908



All birthdays listed on the previous pages are generated through the church membership database.

If you find any errors in the listings or if you have recently moved or changed your phone number, please contact the Church Office at the West Campus at (803) 796-7525 or the Northeast Campus at (803) 753-0610.

Sandra Nelson
Mary Bradford
Brenda James Pitt
Linda Smith
Angrina Martin
Adrian Davis
Chaka M. Davis
Vicky M. Lewis - Thomas
Wilbur Williams
Cynthia Minus
Wilma Hiller
Barbara Dingle
Roselle Oakman
Silisia Moses
Akhnaton Luqmaan
Felicia Reynolds
Michael D. Thom, Jr

Lavarres Lynch
Alexis Bosket-Jackson
Vianca C. Smith
Solomon Eli-Small
Harold Jones III
Tyson Gilbert Fitzpatrick
Michael Simmons
Cheryl Dickerson
Julian Dunlap
Brian Rashaun Wright
James McCord, Jr
Trinty Sells
JaKayla D. Risher
Alora Hatcher
Gabriel Holmes

Albert T Goodwin
G. Renee Graham
Jerome Mitchell
Tameeka Thompson
Matthew Drayton
Patrice Brooks
Elizabeth Jeffrey
Frank Rumph
Felix Cooper
Annie M. Nelson
Jacob Adamson
Linda Haggins
Doris S. Monroe
Loretta Franklin
Katrina L. Bridgette

Danielle Brown
Samaria Williams
Harvin Pollard Jr
Alicia Alford
Jalen Tart
Christopher Stewart
Wanda Felix
.L. Jerome Bracey
Troy Brown
Robert Gardner
Jennifer Gamble
Lonnie Chestnut III
Justin M. Sims
Monique James
Maya Taylor

-Carolyn Canton
Karen T. Horton
Kenneth McGregor
Mario Nix
Jona' Hodges
Steven L. Vandross
Pamela T. Felder

Fern D. Wilson
Kailanya S. Brailey
Ashlye Wilkerson
Christina L. Myers
Andre D. Delaine
Quantasha Brown

Vivian O. Baker
Samuel Brannon
Beverly J. Davis
Cordelia Cooper
Colleen Foster
Auderia Henderson
Phillip Goodwin
LaTisha Marie Felder
Markos Young
Kelli Drakeford
Leah Matthews

Aisha Robinson
Markita Daniels
Franchon Adams
Rachel A. Cross
Anna Gantt
Belton Garner III
Janiya Peterson
Cederia Adams
Amber Deanna Burton
Perrin Thomas
Zierin K. Thomas

Ethel Scott
Louis Gidron
Michael Wilkie
Wonakee Herrin
Kendal Noble
Tyrone Jeffcoat
Jerry Holmes
Joseph G. Watson, Jr
Tameca Wilson

Jerrneal Jones
Latoya Mack
Benita Hecker
Leslie Whitley
Shannon R. Palmer
Josie Wells
Lolita (Chantel) Smith
Meagan Wright
NaeTosha Young
Zaria Willingham

Donald Scott Sr
Randall Latimer
Charlene Maddox
Donna Folks
Quintin L. Felder
Melissa McCullough

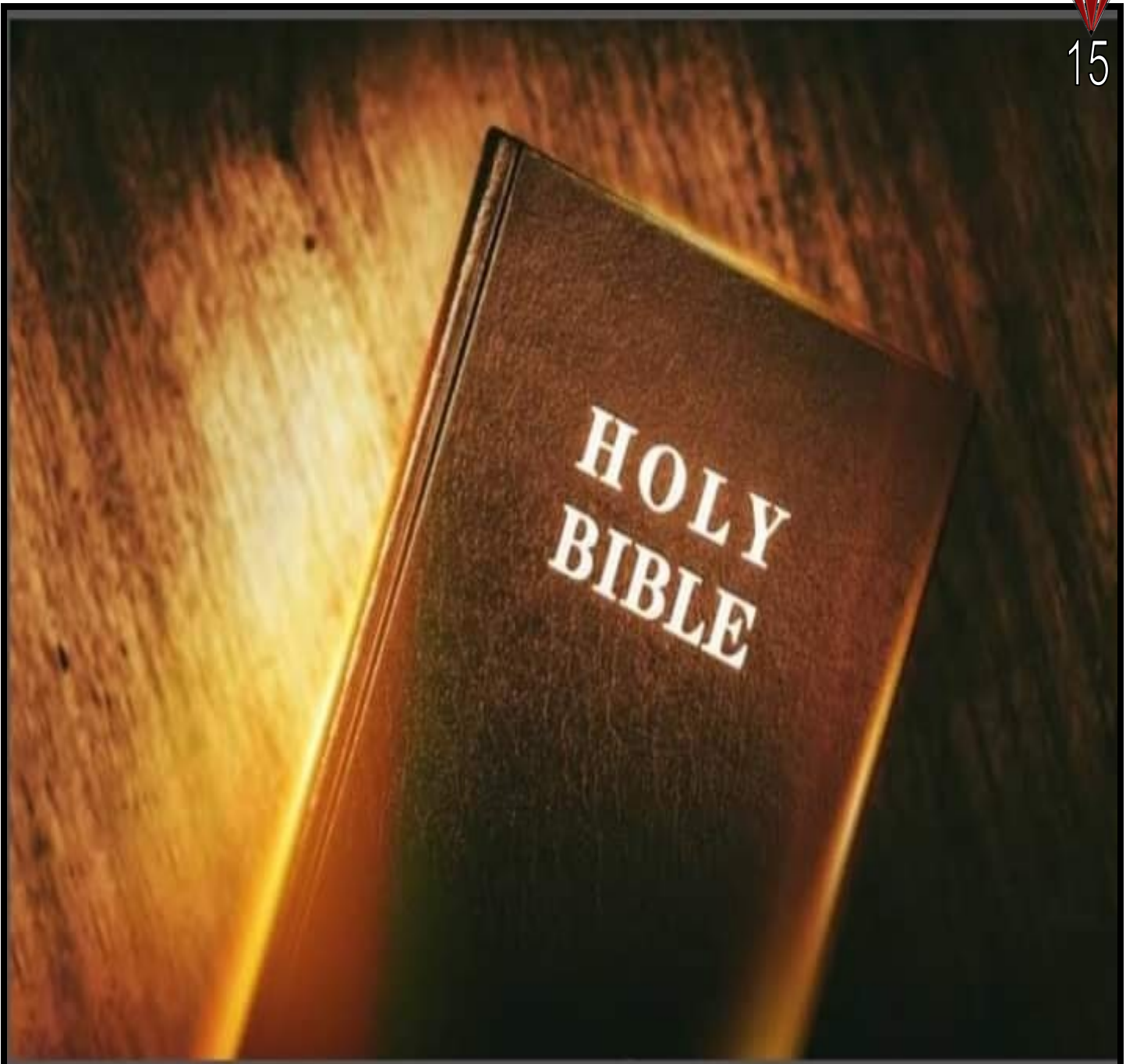
.Denise Brown
Denise Jones
Tory L. Blakely
Rina D. Aaron
Christopher Spain
Donell Boyles
Bria Brown Farris

Henry G. Scott
Aletha Jackson
Loretta Evans
Rosa Baylor
Harrietta Smith
Donna King
Christine Lawer
Brian Spruell
Renee Bellamy
Coletrain
William Bowman
Jimmy Behling
Denise Johnson
Donna Dalton
Tywatha Dreher

Renita Goudelock
Caprecia Hutto
Rhonda LaVerne Mansel
Courtney McGreer
Chaneta Burgess
Carlos Bellamy
Karen Lewis
Ashtyn Barr
Bakari Worthy
Darien A. Dean
Christopher Ferguson
Jonathan White
Daniel C. Jeffries

Brenda Simmons
Jimmy Thompson
Mary Mims
Regina Robinson
Elaine Simmons
Patricia Gasque
Patrica Speaks
Quoetta E. Alexander
Jimmie Nell Wise
Theodore Reese
David G. Williams, Sr
Willie Huggins
Yvonne Jones
Wanjulia Ezekiel
Angela T. James
Sheila H. Etheredge
Clarence Wallace Jr
Sandra Watson

Isaiah English
Sophis Williams
Charlene McKevie
Sharee Parker
Theresa S. Brown
Aldreannia Belton
Justice Ishmal
Errol Rochester III
Janice Byrd Woodall
Andre' Dent
Dexter Boyd
Whitnie Davis
Alexandria Jones
Anthony Howard
Marquise Davis
Lauren Reed
Rachel Myers
Carolyn Rice



Guinness World Record's estimates that over five billion copies of the Bible have been sold, making it the best selling book of all time.

Name: _____

Our Father



Directions: Fill in each blank with the missing word.
Choose from the word bank below.

Our Father, who art in _____,
Hallowed be thy _____;
Thy _____ come; thy will be done
on _____ as it is in heaven.

Give us this _____ our daily _____;
and _____ us our trespasses as we
forgive those who _____ against us;
And lead us not into _____,
but _____ us from evil.

Amen.



WORD BANK

earth day temptation heaven
deliver kingdom forgive
trespass bread name



BIBLE




SCRIPTURE
 TESTAMENT
 COVENANT
 COMMANDMENTS
 PROPHECY
 MIRACLE
 PARABLE
 APOSTLE
 DISCIPLE
 GOSPEL

SALVATION
 REDEMPTION
 RIGHTEOUSNESS
 HOLINESS
 SANCTUARY
 TABERNACLE
 TEMPLE
 ALTAR
 SACRIFICE
 WORSHIP

PRAYER
 PRAISE
 THANKSGIVING
 MINISTRY
 SERVANT
 FAITHFUL
 OBEDIENCE
 REPENTANCE
 FORGIVENESS
 ETERNAL



Grits Recipe

A Southern staple breakfast or side dish that is creamy, cheesy, and so versatile. Great served with eggs and sausages for breakfast and as a side for other meaty deliciousness!

Course	Breakfast, Side
Cuisine	Southern
Diet	Gluten Free
Prep Time	5 minutes
Cook Time	15 minutes
Total Time	20 minutes
Servings	4
Calories	391kcal



Ingredients

- 1 cup quick grits
- 2 cups water
- 3 cups milk , sub with water
- 1 bay leaf
- 3-4 tablespoons unsalted butter
- 1-2 cups white sharp cheddar cheese , preferably smoked
- salt to taste

Instructions

- Start by adding water, milk, bay leaf, and salt to a heavy saucepan. Bring to a boil.
- Gradually whisk in the grits a little at a time until you've added all of them to the pot. Keep stirring with a whisk to prevent lumps from forming. You may have to remove the saucepan from heat while getting rid of lumps.
- Reduce heat and cook grits at a bare simmer, covered, stirring frequently, until water is fully absorbed and grits thickened. This takes about 15 minutes.
- Remove grits from heat, then add butter and cheese, stirring with a whisk until cheese melts.
- Assemble the dish by placing the grits at the bottom of a shallow bowl, top with Cajun shrimp and its sauce. Enjoy piping hot!



Join us at our

Sisterhood

Empowerment & Scholarship Luncheon



MAY
SATURDAY 30th 11 AM - 1 PM
2026

Brookland Banquet & Conference Center
1608 Sunset Blvd
West Columbia, SC 29169

Our Speaker
Benedict College President
Dr. Roslyn Clark Artis



Use this QR Code to purchase your \$40 ticket or \$400 table and pick them up at the Sisterhood table after church



Senior Day

AT THE BROOKLAND CAFE

EVERY WEDNESDAY 11AM – 2PM



\$12.50

**BUFFET INCLUDES TEA, LEMONADE & WATER
(GRATUITY & TAX NOT INCLUDED)
AGES 65+**

**BROOKLAND BANQUET AND CONFERENCE CENTER
1046 SUNSET BLVD. WEST COLUMBIA, SC**



Join Us For A
*Women's Day
Breakfast*



May 16, 2026

8:30 AM - 12:00 PM | Cost: \$20.00

Enjoy a morning of fellowship, inspiration, and a delicious breakfast as we celebrate together!

Registration table available throughout April 2026
for convenient in-person sign-up & payment

Brookland Baptist (Main Campus) Gymnasium
1066 Sunset Blvd., West Columbia, S.C. 29169

*Featuring a
Special Message from
Minister Vickie Rogers*





GOD HEALS



VBS

Mon-Fri

June 1-5, 2026

6-8:30 PM

Psalm 34:17-18

“The Lord hears good people when they cry out to him. He saves them from all their troubles. The Lord is close to the brokenhearted. He saves those whose spirits have been crushed.” (ICB)



scan to register!

Contact: Shawnette Leach-sdleach3@gmail.com



**COME
JOIN
THE
VIBE**

UPCOMING EVENTS 2026 SUMMER VIBEZ



May/June

- 16** college & Career Workshop
- 29** NextGen Night Of Worship
- 31** Vibe Pep Rally/ VIBE All-Star
- 1-5** Vacation Bible School
- 12** Movie Night
- 14** Cap & Gown Sunday
- 18** Bridging The Gap
- 20** College & Career Workshop
- 27** Mental Health Day
- 28** VIBE Pool Party

July

- 10** 2026 VIBE GALA
- 20** Choir Rehearsal
- 24** VIBE Family Fun Night
- 26** VIBE Annual Blood Drive
- 27** Choir Rehearsal
- 29** Back To School Prayer Hour

August

- 3** Choir Rehearsal
- 4** Usher Rehearsal
- 6** Choir Rehearsal
- 8** Choir Rehearsal
- 9** Youth & Teens Day 2026

VIBE TEEN SERVICE

2nd, 4th and 5th Sundays
10:45am

Brookland Baptist Church
1066 Sunset Blvd
West Columbia, SC 29169

VIBE KIDS SERVICE

Every Sunday
Except 3rd Sunday
8am & 11am

For more information Email Us: VIBEatBrookland@gmail.com

Follow Us: VIBEatBrookland on all platforms



VIBE

2026 ALL STAR CHALLENGE

[REGISTER HERE TO]
[PARTICIPATE IN SKILL EVENTS]



Register Now

SKILLS
CHALLENGE

3-POINT
CONTEST

DUNK
CONTEST

BATTLE FOR
THE LAND

\$5 ENTRY

5 & UNDER FREE

MAY 31ST
DOORS OPEN AT
3:30PM

(NORTHEAST CAMPUS
VS WEST CAMPUS)

Brookland Baptist
Church

1066 Sunset Blvd
West Columbia, SC 29169

Call: 803-904-3754

Email Us: VIBEatBrookland@gmail.com