

Brookland Baptist Church  
Spiritual Warfare  
Pastor Charles B. Jackson, Jr., Presenter

**Defensive Armor #5 – Helmet of Salvation**

- “Accept salvation for a helmet.” (TEV)
- “Take the helmet of salvation.” (NIV)
- “Accept salvation from God to be your helmet.” (Jerusalem Bible)
- “You will need the helmet of salvation.” (LBD)

This piece of Roman soldier’s armor was elaborate and expensive. It was designed to make a statement of strength and authority. It covered the head entirely, including the cheeks and parts of the chin. It was made of bronze with ornate carvings and etchings. To help the soldier bear the weight of the helmet, which may have weighed as much as 91 lbs., it was lined with a soft, spongy material. The helmet was made heavy so that only the sharpest ax or heaviest hammer could penetrate or pierce it. Without the helmet, the soldier could quickly lose his head.

The head in spiritual warfare represents the mind. Just like the breastplate of righteousness protects the heart; the helmet of salvation protects the mind. Every believer needs to protect their mind because the mind is the battlefield.

The devil is building strongholds on our minds. For that reason, we need to be sure we have on the helmet of salvation. You need to know that you are saved.

- **Ephesians 2:8-9**

**Grace** and **faith** are required for a person to be saved. **Grace** and **faith** secure salvation for us.

**Grace + Faith = Salvation**

When God’s hand of “**Grace**” reaches down and says, “**I love you, and I want to save you,**” and your hand of “**faith**” reaches up and says, “**I believe You, and I want to be saved,**” the moment God’s hand of grace touches your hand of faith, **you are saved!**

Your hand reaches up in faith, and God’s hand reaches down in grace; at that very moment when they connect, **you are saved.**

The helmet of salvation simply means **KNOWING** that you are saved in the name of Jesus.

**We will not have Bible Study next Wednesday, March 27<sup>th</sup>.** We will observe Holy Week at our Northeast location beginning on Tuesday – Thursday at 7PM nightly. Dr. Lewis Watson from Salisbury, MD, will be the preacher. The Lord’s Supper will be served on Thursday night. Bible Study will resume on Wednesday, April 3<sup>rd</sup>.