



## Small Group Discussion Ideas

- Why do you think Paul is bringing such a stark contrast in characteristic or behavior to the believers Galatia: the works of the flesh and the fruit of the Spirit?
- Share names of two people who have been a spiritual influence in your life. Which fruit did they embody the most?
- What is the difference in happiness and joy? What are some practices that help you cultivate joy in your life? What is keeping you from experiencing joy?
- How do we bring about wholeness? What does it mean to seek peace?
- Are you ever kind for the wrong reasons? Why do we do that?
- Which fruit of the spirit is the most elusive for you in this season of life? Which fruit do you feel is the most present in your current circumstance? Which fruit do you long for the most?
- In thinking about goodness, is there a difference in doing good things and being a good person?
- What gets in the way of your gentleness most often—pride, fear, hurry, insecurity, or something else?
- Where do you struggle in faithfulness the most: Being faithful in others, being faithful for others, trusting in God's faithfulness?
- In your life, how do you know when the Spirit is working versus when you may just be going through the motions? Can you tell a difference (and does it matter?)?
- Is there someone in your small group who embodies one of these qualities really well? Tell them (like, right now, just tell them).