



## MENTAL HEALTH RESOURCES – 2024 OTTER CREEK

### **COUNSELORS:**

Hunter Stanfield - [drstanfield@thebriggsinstitute.com](mailto:drstanfield@thebriggsinstitute.com)  
Heather Lefebvre - [heather@mytherapistheather.com](mailto:heather@mytherapistheather.com)  
Chris Gonzalez - [chris.gonzalez@lipscomb.edu](mailto:chris.gonzalez@lipscomb.edu)  
Terry Casey - [tamuphd94@gmail.com](mailto:tamuphd94@gmail.com)  
Clayton Bassham - [claytonbassham@gmail.com](mailto:claytonbassham@gmail.com)  
Allison Bassham - [Allisonbassham@gmail.com](mailto:Allisonbassham@gmail.com)  
Tracy Hall - [tracydhall@gmail.com](mailto:tracydhall@gmail.com)  
Chad Johnson - [Chaddouglasjohnson@gmail.com](mailto:Chaddouglasjohnson@gmail.com)  
Jim Frost - [jim.frost@live.com](mailto:jim.frost@live.com)  
Mike Runcie (pastoral counseling only) - [mike@ottercreek.org](mailto:mike@ottercreek.org)  
Steve Parham - [steveparham30@gmail.com](mailto:steveparham30@gmail.com)  
Hannah Dunsmore - [Hannahddunsmore@gmail.com](mailto:Hannahddunsmore@gmail.com)  
Nick McCollum - [nick@nickmccollumcounseling.com](mailto:nick@nickmccollumcounseling.com)  
Winn Thomas-Simmons - [winn@nashvilletherapy.org](mailto:winn@nashvilletherapy.org)  
Judith R. Roney - [judithronney@benlomand.net](mailto:judithronney@benlomand.net)  
Gracie Self - [gracie@nashvilletherapy.org](mailto:gracie@nashvilletherapy.org)  
Catherine Botes - [catherinebotesmft@gmail.com](mailto:catherinebotesmft@gmail.com)  
Kegan York - [kegan@keganyork.com](mailto:kegan@keganyork.com)  
Kimery McCollum - [kimery@sonderhauscounseling.com](mailto:kimery@sonderhauscounseling.com)  
Brooks Lokey - [brookslotkeycounseling@gmail.com](mailto:brookslotkeycounseling@gmail.com)  
Jenny Lokey - [jennylokeycounseling@gmail.com](mailto:jennylokeycounseling@gmail.com)  
Seth Franks - [seth@thebriggsinstitute.com](mailto:seth@thebriggsinstitute.com)

### **SPIRITUAL DIRECTORS:**

Steve Davidson - [steve.davidson@lipscomb.edu](mailto:steve.davidson@lipscomb.edu)  
Phil Roe - [Philroe1207@gmail.com](mailto:Philroe1207@gmail.com)  
Jackie Halstead - [jlhalstead@selahspiritual.com](mailto:jlhalstead@selahspiritual.com)  
Becky Frazier - [becky@ottercreek.org](mailto:becky@ottercreek.org)  
Becky Clark - [rebecca.clark@lipscomb.edu](mailto:rebecca.clark@lipscomb.edu)  
Paige Pope - [paige.pope98@gmail.com](mailto:paige.pope98@gmail.com)  
Lynn Biskner - [lynn@lifepointresources.org](mailto:lynn@lifepointresources.org)  
Roger Harwell - [roger.harwell@gmail.com](mailto:roger.harwell@gmail.com)  
Rachael Clark - [raclark@lipscomb.edu](mailto:raclark@lipscomb.edu)  
Marsha Carnahan - [mcarnahan5@gmail.com](mailto:mcarnahan5@gmail.com)

### **OTHER IMPORTANT RESOURCES:**

- **AGAPE** -counseling, crisis support, adoption and foster care services, pregnancy-maternity care, emergency domestic violence shelter, and court advocacy assistance [agapenashville.org](http://agapenashville.org)
- **Southeast Psych Nashville** -certified clinicians specialize in treating: depression, anxiety/OCD, trauma, ADHD, grief & loss, autism spectrum, behavioral problems, relationship issues, and more [southeastpsychnashville.com](http://southeastpsychnashville.com)

- **Daystar Counseling Ministries** -dedicated to providing support, encouragement & compassion to children, adolescents & families in need through counseling [daystarcounseling.com](http://daystarcounseling.com)
- **The Refuge Center for Counseling** -exists to offer excellent, accessible, and affordable mental and emotional healthcare services in support of a transformational impact on communities [refugecenter.org](http://refugecenter.org)
- **Insight Counseling Centers** -offers quality and compassionate mental health counseling services in person and via telehealth [insightcounselingcenters.org](http://insightcounselingcenters.org)
- **Sage Hill** -provides relationship-focused, evidence-based, counseling services to help you live fully [sagehill.co](http://sagehill.co)
- **Freedom Prayer Ministry** -offered through Otter Creek Church [ottercreek.org/freedom-prayer/](http://ottercreek.org/freedom-prayer/)
- **Grief Share** -hosted by Otter Creek Church \*Brentwood Campus [griefshare.org](http://griefshare.org)

#### **BOOKS:**

*The Wild Edge of Sorrow* by Francis Weller

*My Bright Abyss* by Christian Wiman

*When Breath Becomes Air* by Paul Kalanithi

*The Bible and Mental Health* edited by Cook and Hamley