

# Tuesday Time-outs 6:15—7:30 PM | Parish Arts & Activities Center

All adults are invited to take a "time out" to grow in their knowledge and understanding of the Catholic faith. Time Outs provide an opportunity for prayer, formation, and community. Please consider joining us when the topic or time works for you whether you are just beginning, need a refresher, or wish to learn more.

THERE IS NO NEED TO SIGN UP OR RSVP!



#### September 24: VOTING WITH CONSCIENCE PART 1

This session will provide an anthropological foundation for understanding the issues that face our country from a Catholic perspective. The Catholic Social Teachings establish the perspective Catholics are to have when making decisions.

#### October 1: VOTING WITH A CONSCIENCE PART 2

This session shares the guidance provided by the United States Conference of Catholic Bishops in their document "Forming Consciences for Faithful Citizenship: A Call to Political Responsibility from the Catholic Bishops of the United States" (2015).

### **October 8: VOTING WITH A CONSCIENCE PART 3**

This session will help you take the Catholic principles we have learned and apply them to our modern political reality. We will examine the role of the media in forming our political consciences, analyze public policy in light of Catholic Social Teaching, and provide pointers for how to prayerfully approach the election season with hope and humility.

#### **October 15: THE ROSARY AND OTHER DEVOTIONS**

**TO PRAY ON IT** What do you know about the Rosary? Are you aware that other devotionals can be prayed on it? Attend this Time Out to learn more about this powerful prayer aide in the life of a disciple.

#### October 22: THEOLOGY OF THE BODY AND GENDER

**THEORY** The teachings of the Church are quite clear but often misunderstood or miscommunicated. Learn about what the Church actually teaches about God's plan for humanity and its application to some of the challenges our culture presents.

## November 5: PARENTING IN THE APOSTOLIC AGE

Parenting is hard especially if you are striving to raise your children to know Truth, Beauty, and Goodness. This Time Out seeks to support parents in how to raise your children to be Christ-centered when the world seems to have lost sight of Him.

# November 12: NATURAL FAMILY PLANNING: GOD'S DESIRE FOR YOU AND YOUR FAMILY

How much do you know about Natural Family Planning? It is more than what you may think it is. Learn how the Catholic Church supports women, men, and families.

# November 19: SOLITUDE. SILENCE. STILLNESS. WHY THESE ARE IMPORTANT FOR SOULS

Take a Time Out to slow. . .down. Guest teacher, Grace Urbanski, will explore the practice of solitude, silence, and stillness for the soul of every disciple. Learn practical tips and tricks to easily fill your cup.

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QUESTIONS? Contact Jill Fischer at 262.781.3480, Ext. 252 or jill.fischer@stdominic.net

# Tuesday Time-Outs Cont. 6:15-7:30 PM | Parish Arts & Activities Center

#### **November 26: ADVENT NIGHT**

Join us as we enter into Advent by focusing on our silent disciple St. Joseph.

#### December 3: MEDITATIONS WITH ST. JOSEPH

We know very little about St. Joseph from his words in Scripture, but we know a lot by his actions. Come spend some time learning about this very important father-figure in the life of Jesus.

#### December 10: TELL ME A STORY

Do you know how to read the stories in sacred art? Author Lorrie Wenzel will share the visual name tags of biblical figures found in cathedrals throughout the world.

January 14: THE ACTS OF THE APOSTLES PART 1 What happened after the Ascension? Come and learn!

**January 21:** THE ACTS OF THE APOSTLES PART 2 How is it going? Are the apostles succeeding? What obstacles are they encountering? Come and learn!

#### February 4: ANGELS AND DEMONS ENCORE!

This popular Time Out topic from 2024 is back! Angels and demons do exist and we're gong to teach you all about them.

**February 11: HEAVEN, HELL, AND PURGATORY** *They are real, and why you should care.* 

#### February 18: VIRTUE AND VICE

Did you know that the characters on Gilligan's Island are based on the 7 deadline sins? Be entertained by this presentation about virtue and vice.

#### March 4: LENTEN NIGHT

Join us as we enter into Lent by focusing on the strength of St. Joseph.

### March 11: FORGIVENESS IS MORE THAN AN APOLOGY

In order for us to be merciful, we must know about forgiveness. We must be able to receive and give forgiveness in order to live the Great Commandment: to love God above all things and to love your neighbor as yourself.

March 18: WHO IS THE HOLY SPIRIT? HOW DO WE HEAR GOD'S VOICE Learn about this often neglected entity of the Blessed Trinity.

### **April 1: WORKS OF MERCY** Learn how the Holy Spirit uses us to fulfill important work in the Kingdom.

#### May 6: MARIAN APPARITIONS AND WHAT THEY TELL US

Mary is on the move! What has she been saying to us, her children, since the command to "Do what he tells you" at the Wedding at Cana.

#### May 13: THE MASS EXPLAINED PART 1

Come learn "the why to the what" of the Mass.

May 20: THE MASS EXPLAINED PART 2 Continue to learn "the why to the what" of the Mass.

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