

## February 23, 2025

## Follow Jesus' Golden Rule

Based on: 1 Sam 26:2, 7-9, 12-13, 22-23; 1 Cor 15:45-49; Lk 6:27-38

By Marianne Couture

Last week Jesus told us true happiness is not getting everything we want or having a lot of things. In this Sunday's Gospel, Jesus tells us three different things, "Love, do good, give." Jesus tells us to love our enemies and to do good to those who mistreat us. Wow! It's not easy. But if we follow Jesus' golden rule, our reward will be great.

A great example of a true follower of Jesus is St. Mother Teresa of Calcutta. She died in 1997, but her words about God's love and how we must share it still hold true today.

## She said we need:

- To pray: "Love to be true has to begin with God in prayer. If we pray we will be able to love and if we love, we will be able to serve. Let us pray for each other, for this is the best way to love one another."
- To smile: "We can never know how much good a simple smile can do."
- To love: "Start by making your own home a place where peace, happiness and love abound through your love for each member of your family and for your neighbor."
- To forgive: "Once you know you have hurt someone, be the first to say, "I'm sorry." We cannot forgive unless we know that we need forgiveness, and forgiveness is the beginning of love."
- To share: "Even if you write a letter for a blind man, or you just sit and listen to someone, or you take the mail for someone, or you visit somebody or bring a flower to somebody, or wash clothes for somebody or clean the house – small things, but God considers every kindness great."

God sent his Son, Jesus, into the world because he loves us. When Jesus was on earth, he went about doing good. Today, we are to bring Jesus and his love to others.

## COLORFUL SCRIPTURE

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