

# Discipleship Growth Habits



## HABITS

### PRAYER

*Doesn't' pray or only prays when there is a need.*

*Prayer becomes a conversation with Christ*

*Spends quality time in prayer –reflective*

*Prayer is an intimate relationship with Christ*

### SCRIPTURE/ SPIRITUAL STUDY

*Doesn't' read the Bible on their own. May hear the Gospel at Mass or through other contacts.*

*Knows some of the major Scripture stories. Occasionally reads the Bible on their own.*

*Praying with Scripture and spiritual works regularly*

*Scripture and spiritual study-essential to daily life*

### SACRAMENTS

*Attends Mass sporadically*

*Attends and participates in Mass regularly*

*Encounters Christ in the sacraments*

*Sacraments are transformational and sustaining discipleship*

### COMMUNITY

*Doesn't belong to a Christian community*

*Sense of belonging to a Christian community*

*Is actively engaged in a Christian community.*

*Fully sharing life together as spiritual family/home. Accountable to one another.*

### MISSION

*Doesn't know their purpose or calling*

*Exploring and discerning their gifts and talents*

*Trained/equipped for mission and ministry*

*Serving Christ, giving testimony, accompanying others through the discipleship process.*