



August 31, 2025

A Promise

Romans 8:28

As we study the book of Romans, one central theme consistently rises to the surface: The Gospel.

In chapters 1–3, Paul exposes the universal guilt of sin. Chapters 4–5 offer the remedy—justification through faith. Then, in chapters 6–8, we’re invited to explore the profound blessings and realities of our salvation in Christ.

Yet even amid these rich spiritual blessings, Paul reminds us of a sobering truth: suffering is still a part of the Christian life. In Romans 8:24–25, we are encouraged to suffer with patience. Verses 26–27 urge us to suffer with prayer. Then, in Romans 8:28, Paul reveals something even more powerful—our suffering has a purpose.

Romans 8:28 gives us one of the most reassuring promises in all of Scripture:

“And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose.” *Romans 8:28, NASB95*

This verse doesn’t say all things are good. Life teaches us otherwise—and so does Scripture. But it does promise that God is at work in all things, weaving every thread—both joyful and painful—into His eternal plan for our good and His glory.

The evangelist R. A. Torrey once described Romans 8:28 as “a soft pillow for a tired heart.” On this promise, weary believers can rest. And in this promise, we can discover several key truths:

1. The Certainty of the Promise – “We know”

This isn’t wishful thinking. It’s a truth we can stand on with confidence.

2. The Completeness of the Promise – “All things work together”

Nothing is excluded. God uses every detail—big or small. God is actively orchestrating every element of our lives to fit His divine design.



3. The Conclusion of the Promise – “For good”

The end result is not destruction, but something ultimately beneficial.

4. The Condition of the Promise – “To those who love God”

This promise is specific to those in a relationship with God, who are called according to His purpose.

5. The Confidence in the Promise – “According to His purpose”

God’s purposes are sure, sovereign, and unshakable. We can trust Him.

In every season—whether in joy or in hardship—we can cling to this truth: God is working. Even when we can’t see it, even when we don’t understand it, He is faithfully carrying out His purpose in our lives.

Let Romans 8:28 be your pillow today. Rest in it. Believe it. Live by it.