

# Why Eucharistic Adoration?

- The Holy Mass is the greatest miracle on Earth!!!

## **Eucharistic Adoration helps us to appreciate Holy Mass:**

- Can you imagine? Ordinary bread and wine become the body, blood, soul, and divinity of Our Lord, Jesus Christ.
- One Mass gives God more praise and thanksgiving, makes more atonement for sin, and pleads more eloquently than does the combined and eternal worship of all the souls in heaven, on earth, and in purgatory. In the Holy Mass, it is Jesus Christ, God as well as Man, who is our Intercessor, our Priest, and our Victim. Being God --as well as Man-- His prayers, merits, and His offerings are infinite in value. (see CCC 1410.)
- At the hour of our death, the memory of the Masses we have heard will be our greatest consolation.
- So how do we begin to appreciate this gift, this gift of the Holy Mass, this gift of Our Lord? *His answer: spend time with Him in Eucharistic Adoration!*

## **Brings about Conversion of Souls:**

- In addition to helping us to appreciate the gift of the Holy Mass, the time we spend in Eucharistic Adoration of Our Lord, blesses everyone. When St. Faustina was praying before Jesus in the Holy Eucharist, He showed her a vision. Each time a person entered the chapel and visited Jesus exposed in a monstrance, she saw His Divine Rays of Love and Mercy burst forth and encircle the whole world and everyone in it with graces and blessings!
- We pray for conversion of our hearts, the conversion of our children, our families, our extended families, and our world. If we had conversion of hearts, so many evils would go away.
- Some words of Our Blessed Mother spoken in Fatima in August 1917: ***Pray, pray very much. Make sacrifices for sinners. Many souls go to hell, because no one is willing to help them with sacrifice.***

## **For Peace in the World:**

- Throughout history, so many people have made many sacrifices to go to war. How few are willing to make even a small sacrifice in order to bring about peace. "The time you spend with Jesus in the Blessed Sacrament... will help bring about everlasting peace on earth." (St. Teresa of Calcutta) Be a prayer warrior for peace!!!

- Just as Moses prayed before God, as the Amaleks waged war against Israel (Exodus 17:8-13), so the Eucharistic Adorers pray before Our Lord. They are praying for themselves, for their families, for our parish, for our community. They are going before Our Lord to seek help not against the Amaleks but to win the spiritual battle that must be fought every day.

## **An Act of Faith and a duty:**

- Just by the fact that you get into your car and come to visit Him with the intention of a quiet hour of prayer in Eucharistic Adoration is in itself a prayer of great faith, for He said to His apostle: “Thomas, you believe because you see Me; Bless are they who do not see and yet believe.” (Jn 20:29)
- Some have asked, “Why should we spend time in prayer before our Eucharistic Lord? After all, is not God present everywhere?” The answer is that God is present everywhere, of course, but He is present to us in a most special way, the most complete way this side of heaven, in the Holy Eucharist. (see CCC 1373) We go to Eucharistic Adoration to express our praise and thanksgiving for such a great gift. We go to show our love for our Eucharistic Lord and in turn let Him love us. Before the exposed Host, we see with the eyes of faith what all long to see. We look upon God himself.
- From the Catechism of the Catholic Church (CCC 1418): “Because Christ himself is present in the sacrament of the altar, he is to be honored with the worship of adoration. ‘To visit the Blessed Sacrament is ... a proof of gratitude, an expression of love, and a duty of adoration toward Christ our Lord.’”

## **So many blessings come:**

- So many miracles come! Peace in our hearts and in our families and in our world! Love! More vocations! Conversions! We know that God is never undone in His generosity. He multiplies our small sacrifices many times over.
- A prayer particularly appropriate for Eucharistic Adoration was given to the children at Fatima by the Angel of Portugal in 1916: ***Most Holy Trinity, Father, Son and Holy Spirit, I adore You profoundly, and I offer You the Most Precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences by which He is offended. And by the infinite merits of His most Sacred Heart and the Immaculate Heart of Mary, I beg the conversion of poor sinners.***

**It is the best possible preparation for our time in eternity!**