

Lent

*A Season Exploring the
Questions God Asks Us*



*Who Do You Say
That I Am?*

PALM SUNDAY

MARCH 24, 2024

10:30 AM

WELCOME!

*"Whoever welcomes you welcomes me,
and whoever welcomes me welcomes
the one who sent me."*

(Matthew 10:40)

At Community of Faith, we believe each individual is of sacred worth and dignity as part of God's creation and as demonstrated by the life and ministry of Jesus Christ. We celebrate the beautiful diversity of all races, nationalities, and ethnicities. We welcome and affirm you whether you are rich or poor; love the Church, have never been to Church, or have been wounded by spiritual communities; gay, straight, or whatever your gender identity, expression, and sexual orientation may be; married or single; a person with children or without children; able-bodied, differently-abled, or challenged with mental or emotional health issues; certain of many things or full of questions. We vow to be a safe community truly open to everyone to grow in faith - God's love has no bounds.

Getting Connected

We are truly glad you are here! We invite you to take a look at this week's announcements and feel free to participate in any upcoming activities that interest you.

Check out **cofumc.org** for information about:

- ◆ Children & Youth
- ◆ Adult Learning & Small Groups
- ◆ Choir & Music Ministry
- ◆ The Food Pantry
- ◆ Local Mission & Outreach

Prayer Ministry

You may submit prayer concerns and praises online at pastor@cofumc.org at any time. These prayers are then collected and shared on Mondays with a small, faithful prayer team who commits to praying over all needs within the community.

Holy Communion

As a United Methodist congregation, we practice an open Communion Table. This means that **all** are welcome to participate. For those with allergies, gluten free elements are available upon request.

Guest Wi-Fi

To access wi-fi during worship, the guest password is: **Godlovesyou**



Giving

No cash today but still want to give? No problem. To give online by credit card or EFT transfer, please scan the QR code. Thank you!

WORSHIP GUIDE

Welcome! We are glad we could worship with you today!

May you experience God's blessing upon you.

** Please stand as you are able.*

PRELUDE

Be Still for the Presence, Evans

Kelly Nam
Helen East, Acolyte

THE STORY OF PALM SUNDAY

Mark 11:1-11

Video

*CALL TO WORSHIP

Hosanna to the Son of David

Hosanna in the highest!

Blessed is the One who comes in the name of the Lord.

Hosanna in the highest!

*OPENING HYMN

Hosanna, Loud Hosanna

UMH #278

*OPENING PRAYER

God of the foolish cross, tottering down the streets of Jerusalem on a donkey, You are not the savior we expect. Your power doesn't look like the power we want our God to demonstrate. Your wisdom makes no sense to us. We are happy to join the crowd, waving branches, but not so sure we want to follow you into the temple courts, into the upper room, and into the Garden of Gethsemane to the foot of the cross. Forgive our false assumptions. Clarify our clouded vision. Let us relax into the foolishness of your love, your grace. Hosanna, hosanna. Save us, we beseech you!

WORDS OF WELCOME & THE PEACE

Rev. Abi Foerster

SCRIPTURE LESSON

Mark 8:27—38 (NRSV, p. [41 NT](#))

Bill Huff

At the conclusion of the reading:

Holy Wisdom, Holy Word.

Thanks be to God.

CHILDREN'S TIME

Hannah Godfrey

PRAYER OF CONFESSION & PARDON

Rev. Abi Foerster

All: O God, you know us well. We are quick to speak of faith, but slow to live it fully. We shout "hosanna" as Jesus approaches, as did the people of Jerusalem many years ago; but we do not want him to come too close -- not close enough to really see...

Silent Confession

All: O God, you know us well. We are quick to claim faith in Jesus as our Lord and Savior; but, like the throng who greeted his entry into Jerusalem, we are fickle, slow to live fully and everywhere as faithful disciples. We know where we fail...

Silent Confession

All: O God, you know us well. We are quick to want the blessings of faithfulness; but, like the Twelve who spent the last week with him, we are slow to accept the pain and suffering of authentic Christ-like living. Forgive our weakness and fear...

Silent Confession

ASSURANCE OF PARDON

The Lord is God. The Lord brings light to those in darkness, forgiveness to those who truly confess, and pardon to all who seek to follow Jesus. Rejoice that the steadfast love of the Lord endures forever and ever. In the name of Jesus the Christ, receive the love that never dies and never fails. Amen.

*HYMN OF PREPARATION	<i>Tell Me the Stories of Jesus</i>	UMH #277
WITNESS TO THE WORD	Who Do You Say that I Am?	Rev. Abi Foerster
INVITATION TO THE OFFERING & PRAYER		
OFFERTORY	<i>Jesus, Savior, Lord I Adore You</i> , Martin and Stevens	Sanctuary Choir
*DOXOLOGY	Holy, Holy, Holy	UMH #64, v. 1
PRAYERS OF THE PEOPLE		Hannah Godfrey
THE LORD'S PRAYER		UMH #895
*CLOSING HYMN	<i>Lift Up Your Heads, Ye Mighty Gates</i>	UMH #213
*BENEDICTION		Rev. Abi Foerster
*SUNG BLESSING & DISMISSAL	<i>Go Now in Peace</i>	UMH #665
POSTLUDE	<i>By Your Side</i> , Richards	Kelly Nam

WAYS TO CONNECT, GROW & SERVE



RISE Against Hunger Event Sign Up: We will be packing 15,120 meals on April 7! Please sign up for a shift to help set up, pack meals, or clean up between 8 AM—1:00 PM — and invite a friend to join you. Scan the QR code to sign up for the April 7 meal packing event. Our goal is 100 volunteers!

Rise Against Hunger is growing a global movement to end hunger. Targeting remote, last-mile communities within hunger pockets designated serious or higher by the Global Hunger Index, RISE works with local leaders to harness the strengths of their communities and tackle their own food and nutrition security challenges with agency, dignity and resilience.



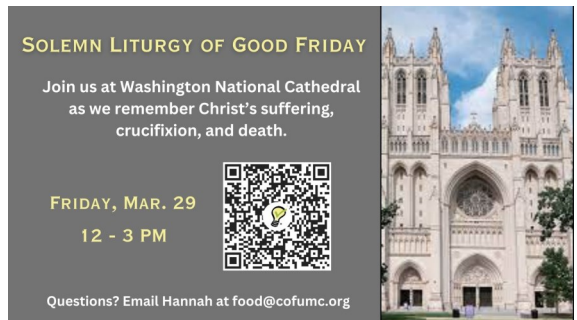
Plan to attend this meaningful meal and worship service commemorating the events of Jesus and his disciples in the Upper Room. The

service is being co-hosted with Vale UMC and will feature a combined choir and the talents of a local oboe player as well as a relevant message from Pastor Abi, Holy Communion and an optional foot-washing experience.

Menu for Maundy Thursday

- Creamy Loaded Potato Soup w/Bacon {GF}
- Tomato & Basil Bisque {GF}
- French Bread
- Garden Salad
- Brownie Bites

To RSVP, please contact Pastor Abi by cell, (703) 887-6952 or email, pastor@cofumc.org. Or, sign up on the clipboard at the Welcome Desk. Cost of the meal is by donation.



Community of Faith is facilitating a road trip to Washington, DC as we join the Cathedral community to remember Christ's suffering, crucifixion and death on Good Friday. This solemn service of Scripture, music and ancient prayer will feature music by the Cathedral Choir. Passes are not required and ASL interpretation is offered for this service.

For those who are not able to join in person, this special service will be streamed online here: <https://cathedral.org/>

HOLY WEEK SERVICE & WORSHIP EVENTS



Easter Egg Hunt Invitation: We are hosting our annual Easter Egg Hunt on Easter Sunday, March 31 following 10:30 AM worship for infants and children up to 6th grade! We're planning for two areas to hunt for eggs (for younger & older children). Please help us get the word out and invite a friend to join you on the front lawn. Plus, an Easter photo booth will be available for all to enjoy!

Helpers & Hiders: A group of volunteers is needed to help hide Easter eggs during worship, so they are ready for our kids after worship. If you attend 8:30 AM worship and can stay to support this event or if you are available around 10:30 AM to help hide eggs, please let Miracle know by talking with her or emailing nextgen@cofumc.org. We have 1,000 eggs to hide and a team of hiders would be greatly appreciated.

Easter Day Photo Booth: Do you have the gift of photography and time to share on Easter Sunday? If so, we would love to have someone available to take photos for individuals or families during the Easter Egg Hunt. Speak with Miracle (see contact info above).



The Food Pantry needs your Egg Cartons!

We purchase eggs in bulk and need empty cartons to put them in. They can be dropped in the Rubbermaid bins outside the church or given to Hannah on Sunday. Thanks!

Please Welcome Tierra Whitlow as our new Receptionist beginning Tuesday, April 2!



He Is Risen! Plan to have a meaningful Holy Week & Easter!

PRAYERS

*Do you have an immediate prayer request?
There is an intercessory prayer team that prays
for all submitted prayer requests each week.
Please email any prayer requests to Pastor Abi.*

For our members

- Marcia, Ali, Gail, & Violet for health
- David Durfee recovering from hip surgery
- For Food Pantry donations and volunteers
- Larissa Peppler recovering from surgery

For our parents and families

- Tom Magness, upcoming surgery
- Chad Gabriel, for health
- June, Jocelyn's daughter, healing from ACL surgery
- Miracle's brother Kevin
- Wes, Eva Barcia's uncle as he recovers from an illness
- Levi, Abi & Lacy's son, during treatment
- Parents of Lara Fries (Shelby), Jeff Mowery (Fred), Chris Gohrband (Virginia), Terri Orvis, Di Hannum (Dottie) Don & Debbie Fultz (Dorothy) (Beth) Joanna Dietz mom

For our friends & neighbors

- Trevor Brown, firefighter in Sterling, who passes away
- Tom and Alice, friend of Gail Van Buren
- David Paranzino. recovery double organ surgery and comfort for Tracy
- Kerry Cathcart, PT hip replacement, friend of Natalie Gohrband
- Josh Wall, friend of Mike Folsom as he recovers from a serious car accident
- Krystal, friend of Joe Mclean

For our state, nation, and world

- People of Ukraine

- Gratitude for the release of hostages
- Philippines
- Communities dealing with gun violence
- US Military who are being deployed
- Peace between Israel and Palestine
- Christians of Pakistan
- For those suffering from natural disasters throughout the world
- In solidarity with the Ecumenical Prayer Cycle, this week we pray for the people, resources and leadership of **Czech Republic, Poland, Slovakia**. [The Ecumenical Prayer Cycle | World Council of Churches \(oikoumene.org\)](http://oikoumene.org).
- People of Ukraine and the opposition in Russia to the invasion
- For the VAUMC delegation preparing for General Conference, including retired pastor, Rev. Rob Vaughn

Expression of Christian Sympathy

- Mary Ann East and her Family upon the death of her mother, Jackie ,on Wednesday, March 6. Cards may be mailed to: 15003 Ulderic Dr., Centreville, VA 20120.
- The family of Randy Wakefield, upon his untimely death, friend of the Gohrband's



Bless the Community
AND Honor or Remember a Loved One!



Sign Up to Dedicate
a Flower Arrangement
for Worship
Using the QR Code!

Available Dates April 14 - August 25

WHAT'S HAPPENING & UPCOMING DATES

SUNDAY, March 24

In-Person Worship 8:30 AM

Adult Sunday School 9:30 AM

The Walk Lenten Bible Study 9:30 AM

In-Person & Livestream Worship 10:30 AM

MONDAY, March 25

Food Prep, 11 AM

TUESDAY, March 26

Food Prep, 11 AM

Food Distribution, 4 – 6 PM

Vespers with Pastor Abi 7 PM

WEDNESDAY, March 27

Boy Scouts 7 PM

THURSDAY, March 28

Maundy Thursday Service @ COF

Dinner 6 PM, Service 7 PM

GOOD FRIDAY, March 29, 12—3 PM

Road Trip to National Cathedral, Carpool to meet in COF Parking Lot @ 10:30 AM

EASTER SUNDAY, March 31

Sunrise Service at Vale UMC 7 AM

With Breakfast to Follow

Easter Services at COF 8:30 & 10:30 AM

Easter Egg Hunt after 10:30 Service

SUNDAY, APRIL 7

In-Person Worship 8:30 AM

Rise Against Hunger Event 9 AM

Ministry Huddle, 4 –5:30 PM

TUESDAY, APRIL 23—MAY 3

UMC General Conference in Charlotte, NC

LEADERSHIP & CONTACT INFORMATION

Ministers - The Entire Congregation

Leadership Board 2024

Gwen Zanin, chair | Terri Orvis | Jocelyn Gabriel (Lay Leader) | Greg Carter | Larry Gittings
Gina Lindquist | Sandra Baron | Bill Huff | Carol Larsen | Abi Foerster

Music Director: Dr. Mary Ann East | *Music Accompanist:* Dr. Kelly Nam

Food Ministry Director: Hannah Godfrey | *Children & Youth Ministry Director:* Miracle Ryder

Office Manager – Di Hannum Beatty | *Nursery Care* – Ali Greenberg

Resident Deacon – Joanna Dietz (revjodietz@gmail.com)

District Superintendent – Sarah Calvert | Bishop – Sue Hauptert-Johnson

Community of Faith United Methodist Church

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