

Rediscovering our United Methodist

Roots

WEEK 2: HOLY

CONFERENCING

COLOSSIANS 3:14 – 17

PENTECOST

MAY 19, 2024

10:30 AM

OUR VISION

To be a church that is creative, fearless, diverse, and vibrant, where everyone is welcome regardless of where they are in their faith journey.

WELCOME!

*“Whoever welcomes you welcomes me,
and whoever welcomes me welcomes
the one who sent me.”*

(Matthew 10:40)

At Community of Faith, we believe each individual is of sacred worth and dignity as part of God’s creation and as demonstrated by the life and ministry of Jesus Christ. We celebrate the beautiful diversity of all races, nationalities, and ethnicities. We welcome and affirm you whether you are rich or poor; love the Church, have never been to Church, or have been wounded by spiritual communities; gay, straight, or whatever your gender identity, expression, and sexual orientation may be; married or single; a person with children or without children; able-bodied, differently-abled, or challenged with mental or emotional health issues; certain of many things or full of questions. We vow to be a safe community truly open to everyone **to grow in faith - God’s love has no bounds.**

Getting Connected

We are truly glad you are here! We invite you to look over this week’s announcements. Feel free to participate in any upcoming activities that interest you. Pastor Abi, staff or greeters are happy to answer any questions.

Check out **cofumc.org** for information about:

- ◆ Children & Youth
- ◆ Adult Learning & Small Groups
- ◆ Choir & Music Ministry
- ◆ The Food Pantry
- ◆ Local Mission & Outreach

Prayer Ministry

You may submit prayer concerns and praises online at pastor@cofumc.org at any time. These prayers are then collected and shared on Mondays with a small, faithful prayer team who commits to praying over all needs within the community.

Holy Communion

As a United Methodist congregation, we practice an open Communion Table. This means that **all** are welcome to participate. For those with allergies, gluten free elements are available upon request.

Guest Wi-Fi

To access wi-fi during worship, the guest password is: **Godlovesyou**



Giving

No cash today but still want to give? No problem. To give online by credit card or EFT transfer, please scan the QR code. Thank you!

WORSHIP GUIDE

Welcome! We are glad we could worship with you today!

May you experience God's blessing upon you.

** Please stand as you are able.*

CHORAL PRELUDE

Holy Spirit, Come, Douglas Nolan

Kelly Nam
Allison Nguyen, Acolyte

WORDS OF WELCOME

Rev. Abi Foerster

*PASSING THE PEACE

*CALL TO WORSHIP

We don't always get it right.

So, we learn from one another.

Sometimes our conversations cause pain -

but we are called to speak with love.

Forgiveness is key to working together,

just as God forgives us.

We are called to do everything out of love,

because God loved us first!

*OPENING HYMN

In the Midst of New Dimensions

TFWS # 2238

*OPENING PRAYER

God of us all, thank you that we do not have to do this life of faith alone. Thank you for the community, both near and far, that walks alongside us. When we experience division in your beloved family, help us to remember our common bond in Jesus Christ. Give us your Spirit of compassion, kindness, humility, patience, and love in our relationships with one another. May our life together show the world what is possible with you. All this we pray in Jesus' name. Amen.

SCRIPTURE LESSON

Colossians 3:12—17
(NRSV, p. 190 NT)

Lacy Lusk, Jr.

At the conclusion of the reading:

May God add a blessing to the reading of this Word.

Praise be to God!

CHILDREN'S MESSAGE The Travels of Christian T. Bear Rev. Abi Foerster &
Rev. Dr. Rob Vaughn

*SONG OF PREPARATION *Help Us Accept Each Other* UMH # 560

A TIME OF CENTERING *Roots* Video Clip

WITNESS TO THE WORD Root #2: Holy Conferencing Rev. Abi Foerster
With Rev. Dr. Rob Vaughn & Jacques Akasa Umembudi

INVITATION TO GENEROSITY Hannah Godfrey

OFFERTORY PRAYER

*OFFERTORY *Reconcile*, Kyle Perderson Sanctuary Choir

During the Doxology, please bring your tithes and offerings and place them in the brass plate on the altar. Or you may give electronically through our website <https://cofumc.org/mycof-donate/>. Thank you for your generosity.

DOXOLOGY UMH # 94

*CLOSING HYMN *Draw the Circle Wide* W&S # 3154

*BENEDICTION Rev. Abi Foerster

*SUNG BLESSING & DISMISSAL *Go Now in Peace* UMH # 665

*POSTLUDE *One Lord God*, Mullins Kelly Nam

WAYS TO CONNECT, GROW & SERVE

Wings of Caring Aviation Ministry Talk: Did you know that the Democratic Republic of Congo, 3 times the size of Texas, has less than 1000 miles of paved road? So, transportation is a very serious problem! Learn more about this vital mission (Advance Special #08595A supported by the Global Board of Ministries) as our guest missionary, Jacques Umembudi, shares more about the ways his ministry is positively impacting the church in the Central Congo and the witness of the UMC. Today, between services in the Narthex.



Pentecost Potluck: Today is Pentecost, a festive holy day 50 days after Easter when the Holy Spirit was given. All are invited to our last community meal with Epiphany EC on Sunday, May 19 at 6 PM before the contemplative worship service (which begins at 6:45 PM). The contemplative service in the Celtic tradition is rich with prayer, silence, scripture, music, and Holy Communion. Mike Folsom will share a part of his story and poetry. Please bring a side, dessert, or appetizer to share. We'll provide **Chicken from Raising Cane's** as the main course.



Food Pantry Volunteers: To help support the Pantry, volunteers are needed to make food pick ups, sort groceries, and to distribute food to our neighbors (Tuesdays from 4—6 PM). To volunteer, contact Hannah Godfrey, Food Pantry Director, food@cofumc.org.



Join the Upcoming Pride Parade: On June 8th, join CoF and other United Methodists from the DMV to march in the Capital Area Pride Parade. For more than a decade, LGBTQIA+ United Methodists and allies have joined together in the parade to provide witness to God's love for all people. Meet at CoF at 12:30 PM and then we'll take the Metro together to the staging area near Dupont Circle. For more info, contact Terri Orvis, Mission Team Chair.

WAYS TO CONNECT, GROW, SERVE



Summer Sunday Schedule

June 16 – Sept. 1
8:30 AM Sunday School
10 AM Worship
11:15 AM Engagement Hour

Announcement: Our new Summer schedule begins Sunday, June 16 (Father’s Day). Please mark your calendar now and plan to join us for worship at 10 AM, with discipleship opportunities before and after worship. Nursery available from 10 AM—Noon.



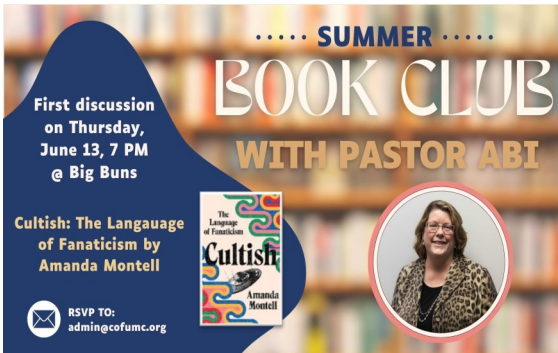
Save the Date

Ice Cream Social & Game Night

SATURDAY, JUNE 15 | 6 - 7:30 PM

Bring YOUR Favorite Ice Cream Topping & Board Game

Ice Cream Social & Game Night: Help us kick off the summer with an old fashioned ice cream social and game night. We’ll provide the ice cream — you bring your favorite topping to share and a board game (or two). Fun for all ages on Saturday, June 15, 6 — 7:30 PM.



..... SUMMER

BOOK CLUB

WITH PASTOR ABI

First discussion on Thursday, June 13, 7 PM @ Big Buns

Cultish: The Language of Fanaticism by Amanda Montell

RSVP TO: adming@cofumc.org



VALE UMC
Vacation Bible School
July 30 - August 1
9:30 - 11:30am

Just Like Me Bible Stories | Crafts | Games | Music
3 years old to 5th grade

Register: valechurch.org
Questions? Contact Miracle (Children & Youth Ministry Director): valedcym@gmail.com



Bless the Community

AND Honor or Remember a Loved One!



Sign Up to Dedicate a Flower Arrangement for Worship Using the QR Code!

Available Dates April 14 - August 25



Hey! Attention

Have you misplaced something? Check the Lost & Found. It just may be in the bin beside the office! All items left in the Lost & Found will be donated at the end of the month!

PRAYERS

Do you have an immediate prayer request?

There is an intercessory prayer team that prays for all submitted prayer requests each week.

Please email any prayer requests to Pastor Abi.

For our members

- Bonnie Machado, Dhana Magness, Chris Gohrband, Gail Harman, Marcia Johnston, Bobby Esterline, Violet & Dave Durfee, Rob Lynn, Carl, David Paranzino, Nancy, Skip, Nancy Drake, Steve Greenberg, & Patty Zerges for health
- For Food Pantry donations and volunteers

For our parents and families

- Welcome Emma Grace Folsom (Mile Folsom's granddaughter) born on May 6. Praise be to God!
- Wes (Eva Barcia's uncle) & Bobby Esterline, (Terri Orvis's brother in law) for health
- Sandi (Terri's Orvis's sister), for comfort and strength
- Parents of Lara Fries (Shelby), Jeff Mowery (Fred), Chris Gohrband (Virginia), Terri Orvis, Di Hannum (Dottie) Don & Debbie Fultz (Dorothy), (Beth) Joanna Dietz mom

For our friends & neighbors

- Brian & Eddie, coworkers of Gail Van Buren
- Tom & Alice, friend of Gail Van Buren
- Kerry Cathcart, PT hip replacement, friend of Natalie Gohrband
- Josh Wall, friend of Mike Folsom as he recovers from a serious car accident
- Food pantry volunteers, Slav & Nelly, as they prepare to move into their new apartment!

For our state, nation, and world

- Give patience and endurance to the educators and students as they wrap up the year.
- Support the new college and high school graduates as they start a new adventure!
- Send help to the victims of recent tornadoes in the mid-west.
- Strengthen and comfort the victims of natural disasters in the mid-west.
- Send tools to the Ukraine that will help them retain their autonomy.
- US Military who are being deployed
- In solidarity with the Ecumenical Prayer Cycle, this week we pray for the people, resources, and leadership of **Comoros, Madagascar, Maldives, Mauritius, & Seychelles**. [The Ecumenical Prayer Cycle | World Council of Churches \(oikoumene.org\)](https://www.oikoumene.org).
- Help bring calm to our colleges and universities. Facilitate peaceful discussions.
- Give comfort to the lonely, the lost, the homeless, & the marginalized. Please guide them to assistance.
- Lead the unemployed to the work they are seeking.

Expression of Christian Sympathy

- Comfort the families of the 7 workers who died while working for the World Food Kitchen.
- Comfort for the Huff family on the loss of a member, Pete. Please give strength and support to his wife, Susan.

WHAT'S HAPPENING & UPCOMING DATES

SUNDAY, May 19

Christian Worship Assembly, 1 PM
Leadership Meeting, 3 — 4:30 PM
Contemplative Worship Service at COF, 6:45 PM
Dinner is at 6 PM

MONDAY, May 20

Food Prep, 11 AM

TUESDAY, May 21

Food Prep, 11 AM
Food Distribution, 4 — 6 PM
Vespers, 7 PM

WEDNESDAY, May 22

Boy Scouts Meeting, 7 PM

THURSDAY, May 23

Food Pantry Board Meeting, 6 — 7 PM
Praise Team, 6:30 PM
Sanctuary Choir, 7:30 PM

Sunday, May 26

In-Person Worship, 8:30 AM
Adult Sunday School, 9:30 AM
In-Person & Livestream Worship, 10:30 AM
Christian Worship Assembly, 1 PM

MONDAY, May 27 — Office Closed

In celebration of Memorial Day

Food Prep, 11 AM

TUESDAY, May 28

Food Prep, 11 AM
Food Distribution, 4 — 6 PM
Vespers, 7 PM

WEDNESDAY, May 29

Boy Scouts Meeting, 7 PM

THURSDAY, May 30

Food Pantry Board Meeting, 6 — 7 PM
Praise Team, 6:30 PM
Sanctuary Choir, 7:30 PM

Saturday, June 8

Pride Parade, 12:30 — 6:30 PM

LEADERSHIP & CONTACT INFORMATION

Ministers - The Entire Congregation

Leadership Board 2024

Gwen Zanin, chair | Terri Orvis | Jocelyn Gabriel (Lay Leader) | Greg Carter | Larry Gittings
Gina Lindquist | Sandra Baron | Bill Huff | Carol Larsen | Abi Foerster

Music Director: Dr. Mary Ann East | *Music Accompanist:* Dr. Kelly Nam

Food Ministry Director: Hannah Godfrey | *Children & Youth Ministry Director:* Miracle Ryder

Bookkeeper — Di Hannum Beatty | *Receptionist* — Tierra Whitlow

Nursery Care — Ali Greenberg

Resident Deacon — Joanna Dietz (revjodietz@gmail.com)

District Superintendent — Sarah Calvert | Bishop — Sue Hauptert-Johnson

Community of Faith United Methodist Church

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