



COMMUNITY  
OF FAITH UMC

**EIGHTH SUNDAY  
AFTER PENTECOST**

JULY 14 2024  
10 AM

A vibrant photograph of a picnic basket. The basket is filled with fresh produce, including a large bunch of red grapes, several bright yellow sunflowers, and a wedge of white cheese. A blue and white striped cloth is draped over the grapes. The basket sits on a red and white checkered picnic blanket. In the background, a wicker chair with a blue and yellow plaid cushion is visible against a green background.

# Feasting on Faith

Exploring Hunger and Abundance  
in God's Kingdom

## **OUR VISION**

To be a church that is creative, fearless, diverse, and vibrant, where everyone is welcome regardless of where they are in their faith journey.

# WELCOME!

*“Whoever welcomes you welcomes me,  
and whoever welcomes me welcomes  
the one who sent me.”*

**(Matthew 10:40)**

At Community of Faith, we believe each individual is of sacred worth and dignity as part of God’s creation and as demonstrated by the life and ministry of Jesus Christ. We celebrate the beautiful diversity of all races, nationalities, and ethnicities. We welcome and affirm you whether you are rich or poor; love the Church, have never been to Church, or have been wounded by spiritual communities; gay, straight, or whatever your gender identity, expression, and sexual orientation may be; married or single; a person with children or without children; able-bodied, differently-abled, or challenged with mental or emotional health issues; certain of many things or full of questions. We vow to be a safe community truly open to everyone to grow in faith - God’s love has no bounds.

## Getting Connected

We are truly glad you are here! We invite you to look over this week’s announcements. Feel free to participate in any upcoming activities that interest you. Pastor Abi, staff, or greeters are happy to answer any questions.

Check out [cofumc.org](http://cofumc.org) for information about:

- ◆ Children & Youth
- ◆ Adult Learning & Small Groups
- ◆ Choir & Music Ministry
- ◆ The Food Pantry
- ◆ Local Mission & Outreach

## Prayer Ministry

You may submit prayer, concerns, and praises online at [pastor@cofumc.org](mailto:pastor@cofumc.org) at any time. These prayers are then collected and shared on Mondays with a small, faithful prayer team who commits to praying over all needs within the community.

## Holy Communion

As a United Methodist congregation, we practice an open Communion Table. This means that **all** are welcome to participate. For those with allergies, gluten free elements are available upon request.

## Guest Wi-Fi

To access wi-fi during worship, the guest password is: [Godlovesyou](#)



## Giving

No cash today but still want to give? No problem. To give online by credit card or EFT transfer, please scan the QR code. Thank you!

## WORSHIP GUIDE

*Welcome! We are glad we could worship with you today!*

*May you experience God's blessing upon you.*

*\* Please stand as you are able.*

PRELUDE

*Stir Up A Hunger*

Screens  
Allison Nguyen , Acolyte

***Please join the chorus as you desire:***

Stir up a hunger.

Stir up a hunger in my heart.

Nothing will satisfy me,

Nothing else will do, oh.

Stir up a hunger,

a hunger in my heart.

Stir up a hunger in my heart

for more of You.

WORDS OF WELCOME

Rev. Abi Foerster

\*PASSING THE PEACE

\*CALL TO WORSHIP

*By Pieres D'Ozawamick, Canadian Indian  
(No. #455 Book of Worship)*

You have come from afar, waited long, and are wearied.

**Let us sit side by side, sharing the same bread drawn from the same source.**

To quiet the same hunger that makes us weak.

**Then standing together, let us share the same spirit, the same thoughts.**

That once again draws us together in friendship, unity, and peace.

\*OPENING HYMN

*As We Gather At Your Table*

TFWS #2268

\*OPENING PRAYER

**God, like a baker woman, you bring the leaven which causes our hopes to rise.  
With strong and gentle hands, you shape our lives. Warm us with your love. Take  
our common lives and touch them with your grace, so that we may nourish hope  
among humanity. We pray trusting in your name, through Jesus our Christ. Amen.**

SCRIPTURE LESSON

I Kings 17:8-16 (NRSV)

Anthony Martin

*At the conclusion of the reading:*

May God add a blessing to the reading of this Word.

**Praise be to God!**

CHILDREN'S MESSAGE		Hannah Godfrey
*SONG OF PREPARATION	<i>All Good Gifts</i>	Olivia Ho HS Vocal Student
WITNESS TO THE WORD	Hunger	Rev. Abi Foerster
TESTIMONY OF FAITH & SERVICE		Bill Huff, COF Delegate Drew East, Youth District Delegate
*DOXOLOGY	<i>Now, Thank We All Our God, v. 3</i>	Screens
HOLY COMMUNION		Rev. Abi Foerster
<p><i>When you come forward to receive Holy Communion, please bring your tithes and offerings and place them in the brass plate on the altar. Or you may give electronically through our website <a href="https://cofumc.org/mycof-donate/">https://cofumc.org/mycof-donate/</a>. Thank you for your generosity.</i></p>		
THE LORD'S PRAYER		UMH # 895
SHARING THE MEAL	<i>Fill My Cup, Lord</i>	W&S #3093
*CLOSING HYMN	<i>Blessed Be the Name of the Lord</i>	TFWS #2034
*BENEDICTION		Hannah Godfrey
*SUNG BLESSING & DISMISSAL	<i>Go Now in Peace</i>	UMH # 665
*POSTLUDE	<i>Spirit of God Descend Upon My Heart</i> arr. by Lenny Seidel	Michelle Richardson

## WAYS TO CONNECT, GROW & SERVE



### Stay & Play Engagement Hour This Week:

This summer, we're doing a DEEP dive into the Bible around hunger-focused texts during worship at 10 AM and then followed by a hands-on engagement hour for all ages at 11:15 AM! This week, everyone will meet in the Adult Sunday School room and then smaller groups will transition to the Music Room.

### Pop-up Choir (Sanctuary) with Mary Ann:

All ages and abilities are invited to sing Matt Maher's song, *Bigger Table*, at the Luau and during the 25th Anniversary Worship Celebration on Sunday. This song lifts up these lyrics:

*In all things God is able.  
Love has a bigger table!*

This is a perfect song to bless the community as we fellowship, thank God for his provision, and plan for the future.

**SOSA Giving Box Challenge:** Save your change over the summer and bring back your donation on Serve Sunday, September 1. Our target goal is \$500 to help provide fruits and vegetables for one year for three families.



### Take Me Out to the Ball Game this Summer!

Join the Community of Faith group at the Washington Nationals' 4:05 PM Faith Day Game on Aug. 31 against the Chicago Cubs. After the game, stay in your seats to hear some players and staff give their testimonies of faith. Tickets are \$31. Sponsored by UMM, all are welcome! RSVP on the clipboard or email [lacylusk@yahoo.com](mailto:lacylusk@yahoo.com).



**Food Pantry Volunteers:** To help support the Pantry, volunteers are needed to make food pick ups, sort groceries, and to distribute food to our neighbors (Tuesdays from 4—6 PM). To volunteer, contact Hannah Godfrey, Food Pantry Director, [food@cofumc.org](mailto:food@cofumc.org).

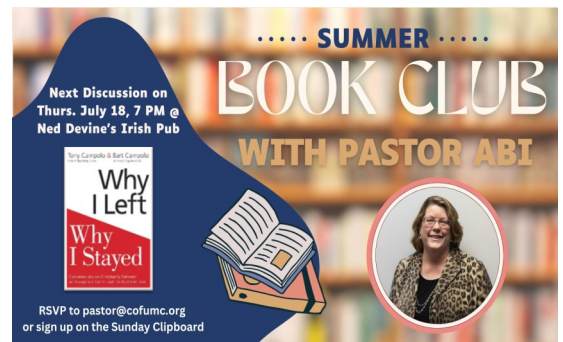
# Ways To Connect, Grow, & Serve



**Let's Celebrate 25 Years of Our Food Pantry Ministry!** Don your favorite Hawaiian shirt or Luau appropriate attire and come out for a festive evening under the stars. For inclement weather, event will be held indoors. RSVP by Friday, July 12 (<http://evite.me/ndm97MuUy9>). Event is free, but folks are encouraged to donate a toy for this year's Angel Tree, which will be held Dec. 18 — 19.



**Food Pantry Worship Celebration & Hunger Symposium.** On Sunday, July 21 we'll thank God for all that has been accomplished through the Food Pantry followed by a Hunger Symposium of several area leaders working to alleviate hunger in our community. Let's be inspired about where we go from here!



**July Book Club: *Why I Left, Why I Stayed: Conversations on Christianity Between an Evangelical Father and His Humanist Son.*** A dialogue between an evangelical pastor and his humanist son: "Rarely are questions of faith genuinely debated with [such] sincerity, insight, and compassion." —Bryan Stevenson, *New York Times*—bestselling author of *Just Mercy*. Email [pastor@cofumc.org](mailto:pastor@cofumc.org) to RSVP or sign up on the Clipboard.

## PRAYERS

*Do you have an immediate prayer request?*

*There is an intercessory prayer team that prays for all submitted prayer requests each week.*

*Please email any prayer requests to Pastor Abi.*

### **For our members**

- Dhana, Chris, Gail, Marcia, Bobby, Violet & Dave, Rob Lynn, Carl, David, Skip, Nancy Drake, Brian & Eddie, Steve, Kerry, Tracy, & Patty for health.
- For Food Pantry donations and volunteers.
- Please be with Joanna Dietz and her colleagues as they finalize preparations for the opening of Bagel Joy.
- Give our congregation members boldness to invite people from our neighborhoods to attend the Food Pantry's 25th anniversary celebration. That this will be a way for the invitees to know of COF and eventually make it their home church.

### **For our parents and families**

- Congratulations to Megan Hannum (Di's daughter) & Richard Haby on their engagement! Many happy wishes for them!
- Canaan (Don & Debbie's grandson), as he recovers from a broken arm.
- Karen (Rolanna Bell-Lindell's sister), for comfort and strength.
- Larissa Pepler's best friend is in the last stages of bone cancer. Surround both of them with your love and comfort. Give the friend a peaceful passing and be compassionate with Larissa in her grief.
- Parents of Lara Fries (Shelby), Jeff Mowery (Fred), Chris Gohrband (Virginia), Terri Orvis, Di Hannum (Dottie) Don & Debbie Fultz (Dorothy), (Beth) Joanna Dietz

- Tom (Gail's brother-in-law) & Ken Jones (Rolanna's brother-in-law) as they recover from surgery.

### **For our friends & neighbors**

- Harry (Son of Gail's friend), improved health.

### **For our state, nation, and world**

- Hurricane Beryl came through Houston and other parts of Texas. There is flooding and power outages. Send Your help to restore power, let the flooding abate quickly, and help cleanup and restoration efforts to go smoothly and quickly.
- Change the mindset of leaders all over the world so that they are determined to effect radical and lasting measures to arrest global warming.
- There is so much war and violence throughout our world today that we ask that you guide us where hate and fear divide us and heal our strife-torn world.
- In solidarity with the Ecumenical Prayer Cycle, this week we pray for the people, resources, and leadership of **Djibouti & Somalia**. [The Ecumenical Prayer Cycle | World Council of Churches \(oikoumene.org\)](http://www.oikoumene.org).

**Bless the Community**  
AND Honor or Remember a Loved One!



Sign Up to Dedicate  
a Flower  
Arrangement  
for Worship  
Using the QR Code!



Available Dates thru August 25

## WHAT'S HAPPENING & UPCOMING DATES

### **SUNDAY, July 14**

Christian Worship Assembly, 1 PM

Cub Scouts, 3:30 PM

Leadership Board, 4 PM

### **MONDAY, July 15**

Food Prep, 11 AM

### **TUESDAY, July 16**

Food Prep, 11 AM

FP Kids Club, 3:30 PM

Food Distribution, 4 — 6 PM

Vespers, 7 PM

### **WEDNESDAY, July 17**

Boy Scouts Meeting, 7 PM

### **THURSDAY, July 18**

Book Club: Why I Left Why I Stayed, 7 PM

(Ned Devine's Pub)

Music Ministry Rehearsal, 7:30 PM

### **FRIDAY, July 19**

Food Pantry 25th Anniversary Luau, 7-9 PM

### **SUNDAY, July 21**

Hunger Symposium, 11:15 AM

### **MONDAY, July 22**

Food Prep, 11 AM

Music Ministry Rehearsal, 7:30 PM

### **TUESDAY, July 23**

Food Prep, 11 AM

FP Kids Club, 3:30 PM

Food Distribution, 4 — 6 PM

Vespers, 7 PM

### **WEDNESDAY, July 24**

Boy Scouts Meeting, 7 PM

### **THURSDAY, July 25**

Staff Meeting, 3 — 5 PM

### **SUNDAY, July 28**

Youth Pool Party, 5—7 PM (Mihalak Home)

## LEADERSHIP & CONTACT INFORMATION

### ***Ministers - The Entire Congregation***

#### *Leadership Board 2024*

Gwen Zanin, chair | Terri Orvis | Jocelyn Gabriel (Lay Leader) | Greg Carter | Larry Gittings  
Gina Lindquist | Sandra Baron | Bill Huff | Carol Larsen | Abi Foerster

*Music Director:* Dr. Mary Ann East | *Music Accompanist:* Dr. Kelly Nam

*Food Ministry Director:* Hannah Godfrey | *Children & Youth Ministry Director:* Miracle Ryder

*Bookkeeper* — Di Hannum Beatty | *Receptionist* — Tierra Whitlow

*Nursery Care* — Ali Greenberg & Angelica Magne

*Resident Deacon* — Joanna Dietz ([revjodietz@gmail.com](mailto:revjodietz@gmail.com))

*District Superintendent* — Sarah Calvert | Bishop — Sue Hauptert-Johnson

### ***Community of Faith United Methodist Church***

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