

# Marriage Date Night Strong Marriage Annual Plan

# **Best Use**

As a date night discussion guide

### **Nutritional Value**

Helps you plan what activities and time slots to protect during the coming twelve months for building a strong marriage.

# **Advance Preparation**

- Schedule a dinner or coffee date on or within a few days of New Years
- Find your calendar or PDA to bring on the date
- Each spouse spend time identifying several priorities to put on the calendar for the upcoming year (see reverse for ideas)

### **During The Date**

- 1. Complete the questionnaire on the reverse side together
- 2. Schedule dates and times on both calendars to make sure your strong marriage priorities trump other commitments

### **Strong Marriage Priorities**

Every married couple needs to be intentional in several areas. Discuss the following questions together, then select an idea or create your own to put on your schedules.

|  | Schedule an evening walk together twice weekly  |
|--|---|
|  | Schedule a date night twice monthly   |
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|  |   |
|  |   |
| -  | ion: Should we read a book, attend a class, or seek guidance to   |
|  | ve a specific area of our marriage?   |
|  | Shared vision and goals Better communication  |
|  | Romantic intimacy   |
|  |   |
|  | Managing money Parenting the kids   |
|  | ratenting the Kids  |
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|  | ion: When do we think we will feel most stressed during the   |
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