

Marriage Date Night The Art of Marriage

Best Use

As a date night discussion guide

Nutritional Value

Helps husbands and wives discuss the purpose and challenges of marriage

Advance Preparation

- Schedule a dinner or coffee date
- Each spouse should listen to the 30 minute *The Art of Marriage* audio CD or podcast (Available from the HomePointe Center or HomePointe.org).
- Each spouse should spend a few minutes writing down answers to the questions on the reverse side.
- To go further visit *HomePointe.org/ArtOfMarriage*

During The Date

- Spend 15 minutes discussing your answers.
- Each of you pray this brief prayer aloud...

Father, give me the grace to treat (<u>spouse's name</u>) as a gift from you and to become the gift you want me to be.

Affirming Your Spouse As God's Gift

What are some of the qualities that first attracted you to your spouse, or that you now appreciate? (Mark all that apply.) ☐ Pays attention to detail ☐ Looks good in jeans ☐ Remains calm in tense situations ☐ Looks good out of jeans ☐ Likes to have fun ☐ Loves to be spontaneous ☐ Is well organized ☐ Can really throw a party ☐ Stays very focused on task ☐ Gives generously ☐ Loves spending time with people ☐ Seemed he/she would be great parent ☐ Good at launching projects ☐ Gives wise counsel ☐ Wants to work through disagreements ☐ Is easy to please ☐ Works hard ☐ Expresses feelings well ☐ Likes to talk Other: **How Your Marriage Tells The Truth** Every marriage is intended to reflect the living reality of the gospel. Check the ways you think your relationship tells the truth about God. Circle items where your marriage may be vulnerable to the enemy of marriage. ☐ Sacrificing for one another ☐ Faithful to marital vows ☐ Two made one in physical intimacy ☐ Intimate rather than isolated ☐ Each trying to meet the other's needs ☐ Loving/Cherishing one another ☐ Forgiving one another ☐ Honoring/respecting one another ☐ Open to the blessing of children ☐ Partners rather than competitors ☐ Giving love to children ☐ Sharing laughter and fun ☐ Pleasing one another sexually Other: Each share one small step you can take to make your marriage a better picture of the gospel in the next 30 days: © 2011 Inkling Innovations & Family Life