



## How to Pray

- What is something that stuck out to you from last Sunday's teaching?
- Everyone Answer: How did you learn how to swim?
  - Did you have any aversion to learning how to swim? Why or why not?
  - Compare and contrast what it is like to be limited to the shallow end vs. being able to swim in deep waters.
  - As a group, make a list of all the activities you could participate in when you know how to swim.
- Read Luke 5:4-7
  - What do you think is significant about Jesus telling them to put out into deep waters to cast their nets?
  - What do you think would have happened if their verbal protest lead them to disregard Jesus' command to put out into deep waters?
- Pastor Dave's teaching this week was about going deep in prayer. What is the difference between a deep prayer and a shallow prayer?
  - Brainstorm an example of each: a deep prayer vs. a shallow prayer.
  - What is it that keeps people from going deep into prayer?
  - What are situations where shallow prayer is appropriate?
  - Share about your experience of being deep in prayer. How were you affected?
- Read Romans 8:26-27
  - What do you think Paul is referring to when he references "our weakness"?
  - What do you think he means when he says, "we do not know what words to pray"?
  - Have you ever felt like this?
  - How does this passage inform you about your prayer life?
- How can we prayer for each other this week?
  - Add in a whole minute of deep silence in your prayer.