

75 HOLY

[75 Days of Following Jesus Challenge]
February 19th - May 5th

Purpose:

To intentionally grow in your walk with Jesus through consistent habits of prayer, Bible reading, service, fellowship, and sharing your faith.

Rules for the challenge:

Participants must complete all tasks daily for 75 consecutive days.

If you miss a task, start over!

The goal is discipline and devotion to Jesus.

Daily Commitments

Check what you are going to do.

1. Bible Reading

- Read Bible Reading plan found in App or on gracecov.org/Jesus
- Memorize one verse each week.

2. Prayer & Reflection

- Spend 15 minutes in prayer and reflection with Jesus.
- Journal key thoughts or answers to prayer.

3. Evangelism Through Service

- Perform one act of service for someone in need once a week and share your faith with that person. This could be through a conversation, social media, or an intentional act of kindness that points to Jesus
- Ideas: Write an encouraging note, volunteer, or help a neighbor.

4. Church or Fellowship Engagement

- Attend a church service in person and engage in your small group at least once a week.
- Reflect on what you learned or experienced in fellowship.

5. Physical Well-Being

- Commit to a daily physical activity or a health focused habit. (ex: exercise, stick to a diet, drink water)
- Sabbath Rest once a week - Dedicate once a week to unplug, rest, and spend time in God's presence.