## **Professional Support Resources**

If you are facing additional challenges around mental health, financial constraints, or other issues, please look at the recommended professional services that can be of assistance to you in this season.

## **Psychiatrists** Dr. Itoro Ibia **Riverside Counseling** Dr. Greg Law Dr. Donald Hall Works out of multiple locations in 1760 Reston Parkway, Suite 215 19775 Belmont Executive Plaza, Ashburn. Reston, VA 20190 (703) 436-9941 http://www.itoroibiamd.com Suite 550 https://www.gregorylawmd.com/ Ashburn, VA 20147 (703) 707-9777 or http://riversidecounseling.net Serves children and teens. dritoroibia@yahoo.com (703) 724-0200 NOTE: Best way to contact is Serves children, teens, adults, through contact form or couples, and families. appointment form on website.

Serves individuals and families.

Counselors			
Battlefield Counseling Centers Dr. Faith James, Licensed Professional Counselor 10432 Balls Ford Road, Suite 300 Manassas, VA 20109 https://www.battlefieldcounselingcenter s.com/ (703) 629-9116 Serves individuals, couples, and families.	S.T.E.P. into Wellness, LLC Barbara Stephenson, Licensed Marriage & Family Therapist 9110 Railroad Drive Suite 310-A Manassas Park, VA 20111 https://www.stepintowellnesspllc.com/ (571) 364-7554 Serves individuals, couples, and families.	Emmaus Family Counseling Center 20915 Ashburn Rd, Suite 235 Ashburn, VA 20147 <a href="https://www.efccva.com/">https://www.efccva.com/</a> (703) 729-2822 Serves individuals, couples, and families.	
Dominion Center for Behavioral Services Ed Lucas, Licensed Marriage and Family Therapist Carla Batenga, Licensed Clinical Social Worker 43130 Amberwood Plaza Suite 140 South Riding, Virginia 20152 <a href="http://www.dc4bhs.com">http://www.dc4bhs.com</a> (703) 596-4713 x120 Serves individuals.	Dr. William Clark & Associates, PLC 11260 Roger Bacon Drive Suite 404 Reston, VA 20190 <a href="http://www.williamclarkcounseling.com/">http://www.williamclarkcounseling.com/</a> Contact through website Serves individuals and couples.	Hope Counseling Center Sheila Jones, Licensed Professional Counselor 4229 Lafayette Center Dr., #1200 Chantilly, VA 20151 http://www.hccva.org (703) 378-1011 Serves children, teens, adults, couples, families, blended families, military families, and aging adults.	

Relational Recovery 19 East Market St. Leesburg, VA 20176 http://www.relationalrecovery.com/ (571) 442-1898 Serves individuals and couples.	Riverside Counseling Dan Towery Licensed Professional Counseling 19775 Belmont Executive Plaza, Suite 550 Ashburn, VA 20147 <a href="http://riversidecounseling.net">http://riversidecounseling.net</a> (703) 724-0200 Serves children, teens, adults, couples, and families.	Windward Optimal Health Dr. Robin Norris http://www.wind-opt.com (703) 665-0754 Serves individuals, couples, and families with psychotherapy and financial therapy.
The Wellness Connection Susan McCormack, Licensed Marriage & Family Therapist 24600 Millstream Dr #340 Stone Ridge, VA 20105 <a href="http://www.wellnessconnectionllc.com/">http://www.wellnessconnectionllc.com/</a> (703) 327-0335 Serves individuals, couples, and families.	Cornerstone Counseling Dr. Joy Mwendwa Licensed Professional Counselor 14631 Lee Highway #208, Centreville, VA 20121 joy@cornerstone4c.com https://cornerstone4c.com/counseling (703) 865-2616 Serves individuals, couples, and families.	