

CPC CHILDREN'S MINISTRY NEWSLETTER

OCTOBER

What's Happening This Month?

Friday Fellowship

Meet up at Chick-fil-a on Gunbarrel for some food and fellowship. Join us at either 10:15 for a late breakfast or snack if you wish, or 4:30 for an after school snack/early dinner. Come with your kids and let them play, or just come by yourself and enjoy some fellowship with other moms!

Reformation Celebration 10/25

Join us for our annual Reformation Celebration! After our usual Wednesday night dinner, test your reformation knowledge with a team trivia game and enjoy games and inflatables outside. Costumes welcome! Bring a friend!

Join our Group Chat!

Scan this QR code to download the GroupMe app and join our chat of CPC moms!



Calm Kits

At Covenant we are committed to having our children stay with their families during Sunday morning worship instead of going to a separate kid's program. However, we also know that this is easier said than done for many of our families - including mine!



If you didn't know already, my daughter Abby is autistic. She has a particularly hard time sitting still and feeling calm during church. This has led to me exploring tons of different tools to help her with this.

I have collected the best of the things I found into "calm kits", which are hanging in the family worship room. Whether your child is neurodivergent or not, sometimes kids just need some extra help to sit still or to focus on listening. Feel free to borrow a calm kit on any Sunday morning. You can stay in the family worship room with it or take it back to your seat. Don't worry, all fidgets have been tested to make sure they are quiet! And don't underestimate the power of a small weighted blanket to help a kid sit still!

If you have any questions or additional suggestions for these calm kits, let me know! I hope you and your family are able to benefit from these tools as much as we are.

-Sara Southard
Children's Ministry Director

