

What To Do When You're Facing A Crisis:

Merchantville Small Group Guide

Warm-up Question:

1. Share about a time you faced a minor crisis (e.g., a flat tire, losing your keys) and how you handled it. Looking back, was your reaction humorous, overly dramatic, or just right?
2. If you had to pick a theme song for overcoming challenges in your life, what would it be and why?

Read the following passage: Psalm 107:1-32

Psalm 107 is a psalm of thanksgiving that celebrates God's deliverance from crisis. It reminds us that in moments of despair—whether personal, relational, or spiritual—God's goodness remains a foundational truth, not a conditional feeling. Life's crises often cloud our perspective, making God's presence feel distant, yet these moments are opportunities to cry out and encounter His redemptive love. The sermon challenged us to reflect on where God has met us in our struggles and to trust in His enduring faithfulness, even in the darkest times.

Questions for Discussion (Choose several that are relevant for your group):

1. Reflect on a challenging moment in your life. How did that experience shape your understanding of God's presence and goodness?
2. Psalm 107:1 declares, "Give thanks to the Lord, for he is good! His faithful love endures forever." How do you hold onto this truth when circumstances suggest otherwise?
3. The sermon mentioned that crisis often exposes brokenness within us. How have you seen this play out in your life or others' lives?
4. Why do you think it's easier to question God's goodness during suffering? How can we combat those doubts?
5. The Israelites' exile was both a crisis and a spiritual reckoning. How has a difficult season in your life helped you grow spiritually?
6. The sermon emphasized that feelings often mislead us. How can we balance being honest about our emotions while anchoring ourselves in truth?
7. Where do you see God at work in your current challenges? If it feels like He's distant, how can this group support you in seeking His presence?
8. What practical steps can we take this week to "cry out to the Lord" as Psalm 107 encourages, rather than leaning on our own strength?

Pray