



WEEKEND RESOURCES | MARCH 3, 2024

Week Four | Makes Life Better

USE THESE QUESTIONS AND RESOURCES TO HELP YOU PROCESS THE MESSAGE DURING YOUR STUDY TIME OR WITH YOUR GROUP.

Message Recap: The Eastern Hills mission is to invite everyone to experience that following Jesus Makes Life Better. It's easy to think a better life means bigger or happier, but the better life Jesus offers is a life content with what we have and not focused on what we want.

» Main Points

- Inviting everyone to Experience that Following Jesus **Makes Life Better**.
- Better is not Bigger
- Better is not Happier
- Better is not Selfish
- Better is Contentment

» Getting Started

- What is better? Spend some time thinking about what better means or looks like for you.

» Observation

- Read and reflect on [John 15:19; 16:33; Philippians 4:6, 11-13; 2 Peter 3:9](#)
- What are your initial reactions to these passages? What do you find challenging? Are you encouraged by any of these verses? Why?



- If your neighbors, friends, and co-workers looked at you and your life, would they think that following Jesus makes life better? How does your demeanor, how you treat people around you or even your family, show people about life with Jesus? The challenge this week is to live life in a way that people want to know what makes you different.



- Reread John 15:19 and 16:33. In what ways do Jesus' words seem to oppose "following Jesus makes life better?"
- Look back at Philippians 4:11-13. Paul wrote these words from prison that he had learned to be content. This means he chose to be intentional about every moment. What situation do you face that you need to learn to be content?
- Jesus came to offer a better life to everyone. Reread 2 Peter 3:9. How have you been selfish with your faith?
- Talk about ways you can fight for contentment in your life today. Then, make a plan to cultivate contentment.



- Life with Jesus isn't accidentally better; Jesus **MAKES** life better. His example of grace, guidance, and forgiveness should be actively transforming our lives. This week, make something with your family (cookies, cake, dinner, an art project, etc.) and talk about making it. What was it like at the beginning? In the middle? When were you finished? Help your kids make the connection that life with Jesus transforms who we are.

» Next Steps and Prayer

- "I came so they can have real and eternal life, more and better life than they ever dreamed of" (John 10:10, The Message). Spend time thinking about what a "better life" with Jesus means for you.
- Close by thanking Jesus for who he is and the better life he died to give you. Ask him to help you find contentment in what you have and manage your wants.