



USE THESE QUESTIONS AND RESOURCES TO HELP YOU PROCESS THE MESSAGE DURING YOUR STUDY TIME OR WITH YOUR GROUP.

Message Recap:

In a society saturated with screens and stories, it's easy to overlook the profound spiritual truths nestled within our favorite films and media. Yet, just as Jesus used parables to illuminate Kingdom principles, we, too, can uncover God's eternal truths within the narratives of today. This week, as we talk about the movie Inception, we will consider the difference between the lies we believe and what God says about ourselves and others.

» Main Points

- How we think and what we believe is how we will act.
- Every lie we believe about ourselves or about God has a corresponding consequence.
- We need to learn how to anchor ourselves in the good things - Scripture and Jesus.

» Getting Started

- What's the most recent dream you can remember?

» Observation

- Read and reflect on [Matthew 13:10-13](#); [Romans 7:21-23](#); [12:2](#); [2 Corinthians 10:3-5](#); [Hebrews 6:19](#)
- What are your initial reactions to these passages? What do you find challenging? Are you encouraged by any of these verses? Why?

reachout

- As the temperatures begin to warm up, find ways to interact with people in your neighborhood. Take your dog on a walk around your neighborhood. When you go to the park, wheel a cooler with extra water bottles along and offer some to the other kids and parents playing at the park. Figure out ways to interact with the people that live close to you.

growdeep

- Reread Romans 12:2. What behaviors and customs of the world are the most difficult for you to avoid copying?
- What are the "anchors" that you have in your life to help you stay grounded in God's reality? What is missing?
- What truth about who God says you are do you need to remember today? [Click here](#) for a list, and then practice declaring these truths about who you are to God.

partner with families

- This week, Tom talked about one of our Anchors being scripture. This week, if you don't already have it, carve out time as a family to spend time in scripture daily. It could be a family devotional or time spent reading through a book of the Bible. If you don't have a Bible, or someone in your family doesn't, reach out to our Family Team, and we'll make sure to send you in the right direction!

» Next Steps and Prayer

- What lies are you believing? What are you allowing to define you or destroy you?
- Close by praying that God would help you to recognize the truth from the lies you have believed.