



USE THESE QUESTIONS AND RESOURCES TO HELP YOU PROCESS THE MESSAGE DURING YOUR STUDY TIME OR WITH YOUR GROUP.

Message Recap:

In a society saturated with screens and stories, it's easy to overlook the profound spiritual truths nestled within our favorite films and media. Yet, just as Jesus used parables to illuminate Kingdom principles, we, too, can uncover God's eternal truths within the narratives of today. This week, as we talk about the movie *Soul*, we will be reminded that our spark is not what we do, but it is who we are. Together, we will discover the role of perspective in how we live out even the ordinary and mundane days the Lord has made.

» Main Points

- Stop Trying to Find Your Passion
- Pay Attention to the Now
- Don't Listen to the Lies

» Getting Started

- "Is all this living really worth dying for?" Take some time to talk about this quote from the movie *Soul*. What are your initial responses to the assessment?

» Observation

- Read and reflect on [1 Timothy 6:6-8](#); [Psalm 118:22-29](#); [John 8:44](#); [Ecclesiastes 9:7-10](#) (The Message)
- What are your initial reactions to these passages? What do you find challenging? Are you encouraged by any of these verses? Why?



reachout

- This week, the movie *Soul* focuses on embracing the journey of life, not necessarily the outcomes and achieving goals. That should be our goal when we interact with neighbors, friends, co-workers, and even family members. What would it look like to enjoy those relationships rather than just getting people to follow Jesus? Enjoy the journey with the people around you this week.



growdeep

- Reread Psalm 118:22-29. As you read verse 24 in this context, how does it help you gain perspective on your life today?
- What do you do when you haven't found your purpose? What do you do when you feel like you're a failure?
- What lies are you listening to? What truth do you need to declare to those lies? [Click here](#) for a list, and then practice declaring God's truths.



partner with families

- This week's message has a great application: With your family, spend some time going around and listing things you're thankful for. If you like alliterations, try out Thankful Thursday. The most important thing is giving God the glory for the things He's given each of you. Take time to pray and thank him for all those things to close your time.

» Next Steps and Prayer

- "You can't crush a soul here. That's what earth is for." Take time throughout the week to reflect on these words. In what ways has your soul been crushed? How have you found hope, even when you feel crushed? Read [2 Corinthians 4:7-12](#) (especially verses 8-10). How can these words of truth encourage you?
- Close by praying that God will help you be present and find joy in this moment.