



USE THESE QUESTIONS AND RESOURCES TO HELP YOU PROCESS THE MESSAGE IN YOUR PERSONAL STUDY TIME OR WITH YOUR GROUP.

Message Recap: In our world today, we have to choose how we respond when people treat us poorly. Will we live out the Golden Rule and treat them how we would like to be treated, or will we go with our gut and treat others the way they have treated us? The story of Abigail and David reveals three different responses. We can ask ourselves, do we want our responses to be maniacal, predictable, or remarkable?

» Main Points

- Do unto others as **you would have them do unto you**
- Do unto others as **others have done unto you**
- **Nabal** - returns evil for good - maniacal
- **David** - returns evil for evil - predictable
- **Abigail** - returns good for evil - remarkable
- What story do you want to tell?

» Getting Started

- Talk about a remarkable woman who has been a part of your life. What made her so remarkable?

» Observation

- Read and reflect on [1 Samuel 25:2-35](#); [Ecclesiastes 7:9](#); [Proverbs 29:11](#); [1 Peter 3:8-16](#)
- What are your initial reactions to these passages? What do you find challenging? How are you encouraged? Why?

» Questions for Reflection and Discussion

- Would you describe yourself as a “Do unto others as **you would have them do unto you**” person or a “Do unto others as **others have done unto you**?”
- Reread 1 Samuel 25:2-13. What events led to David’s self-control hitting its limit? How are you feeling frustrated right now? What does self-control look like for you?
- Think about a time in the past that was frustrating and hard to understand. Looking back, how was God using your situation to help you learn something or prepare you for something that you needed for the future?
- Look back at 1 Samuel 25:14-31. Abigail treated David like the man she hoped he would be and spoke life into his future. How has the Lord done the same for you?

» Next Steps and Prayer

- This week, reflect on this question: What story do you want to tell? What do you need to do to make that a reality?
- Is there someone around you, think neighbor, friend, or coworker, that could use some encouragement on Mother’s Day? Maybe they lost their mom, lost a child, or aren’t able to have children. What is something you could do to help them have a better experience this week?
- Close by asking God to help you learn how to be the kind of person who will choose to return good for evil.

