



USE THESE QUESTIONS AND RESOURCES TO HELP YOU PROCESS THE MESSAGE DURING YOUR STUDY TIME OR WITH YOUR GROUP.

Message Recap: Everyone has a worldview. It governs your beliefs, decisions, and behaviors. We owe it to ourselves to be honest about the source of truth because that will ultimately govern (control) our lives.

» **Main Points**

- What you focus your attention on, you're going to move towards.
- When God says do, he means I designed you that way. When God says don't, he means don't hurt yourself.
- Do you trust God enough to tell him, "Your will be done"?

» **Getting Started**

- Our culture is always telling us you do you. What are some ways that you do you thinking has gotten you into trouble?

» **Observation**

- Read and reflect on Colossians 3:1-15
- What are your initial reactions to these passages? What do you find challenging? Are you encouraged by any of these verses? Why?

 **reachout**

- It's easy to judge people who are different from you. They don't think like you, they don't believe like you. Find a way to listen to someone this week that might have a different perspective than you. Don't judge them, just listen and remember for the future how you might be able to help them see the world from a different worldview.

 **growdeep**

- Which of the following desires are you most tempted to be controlled by?
 - Desires
 - Money
 - Emotions
 - Deception
- Who or what is your "ultimate truth source?" What step can you take this week to start aligning yourself with God?
- What feelings come up when you think about shifting from "you do you" to "your will be done"?

 **partner
with families**

- Take some time this week to talk about today's message with your family. Then, each day this week, pray the Lord's Prayer together (Matthew 6:9-13)

» **Next Steps and Prayer**

- What are some places that you need to trust God this week? Say to him, "Your will be done".
- Close by praying: God so often we try to do things our way, we want to live out of our own authority instead of our lives being led by you. This week show me the places that I am grasping for control and allow you to take your correct place in my life. Amen.