

# WEEKEND RESOURCES | AUGUST 25, 2024 Vision Weekend | Strengthen the Core

## USE THESE QUESTIONS AND RESOURCES TO HELP YOU PROCESS THE MESSAGE DURING YOUR STUDY TIME OR WITH YOUR GROUP.

**Message Recap:** As a church, we want to keep moving and maintain our momentum; we want to go from strength to strength. How can we, as individuals, ensure that we are helping our church thrive in Unity, Love, and Sacrifice? It might take some work on our part.

### Main Points

- Assess Your Strength
- Strengthen Your Core
- Do the Reps
- Increase the Reps

## Setting Started

• When you think about your relationship with Jesus, are certain parts of it strong? Are other parts weaker? What can you do to strengthen your relationship with Jesus?

#### Observation

- Read and reflect on Matthew 9:35-38; Psalm 84:4-7; John 15:4-5; Ephesians 3:16-21
- What are your initial reactions to these passages? What do you find challenging? Are you encouraged by any of these verses?



• Where are the places in your life that you need to strengthen your core (your commitment to Jesus)? We will never do a great job reaching our neighbors, co-workers, or even our family if we are not connected to Jesus daily. How can you include the rhythms of a better life into your week this week?



- As you assess your strengths and weaknesses, what characteristics and qualities do you do well, and what do you need to work on?
- Moving from Strength to Strength requires intentional time with Jesus to build your core. What does this look like for you? How can you stretch yourself and grow in your Daily Time With God?
- What is an area that you need to become more consistent in? Remember to start small and have a growth plan. Who do you need to tell to help you stay accountable?



• Talk about your family calendar this week. Evaluate your family's time. What are the things you're involved in and committed to? Discuss how your family could get involved at church if you're not already involved. Finally, pray for your family and your calendar.

## » Next Steps and Prayer

- This week, take some time to work on your core (the way you are connected to Jesus). Where do you need to take a next step? Daily Time with God, Weekly Time in Worship, Regular time in Community, Investing in your Key 3, Practicing generosity and serving, or Continuing to change from the inside out?
- Close by taking the next step to get involved—either by serving or giving. Then, pray throughout the year that you will remain committed.