

Help!

Psalm 12 & 13



Ever had to scream that word? I have. When I thought I lost my 3-year-old daughter at J.C. Penney. When I was drowning. When I was disillusioned by the confusing world around me. I was crying for human help, but mostly I was calling for help from God.



1. Mark the number of times you hear these words:

Help –

Psalm(s) –

David –

2. Why did John Lennon write the song, Help!?

3. Lesson one: When you feel _____ because you can't _____ people, you can always _____ God

4. What did Solomon, Abraham, and David conclude about humans?

5. What bothered David most about what he saw happening?

6. What is double speak?

7. What did God do for Adam to better appreciate Eve?

8. Describe loneliness.

9. Who are some Bible characters who experienced loneliness?

10. Why can you trust God?

11. Lesson two: When you feel _____ because God seems _____, remember His past _____

12. What is the deepest kind of loneliness?

13. Why did David's attitude change so quickly?



14. In the face of Jerusalem's destruction, what did Jeremiah conclude about God in Lamentations?

15. Who did Richard Phillips find that he needed to kill in order to protect his wife?

16. According to Carey Nieuwhof, what two things are many people missing that leads to loneliness?

Faith Talk, Faith Walk

Spend time with family or friends (maybe over a meal or during a family devotional) discussing the following related to the sermon

Faith Talk: How do you usually deal with loneliness and feeling forgotten?

Faith Walk: Ask God to reveal people who need your words of connection, then connect.

If you are here and have been touched or convicted by something said or done today we would love to study the Bible with you and introduce you more fully to our Savior, Jesus Christ. Just call the church office at 795-4377 and we will set something up. God bless you!

Next Sunday AM Sermon – One Thing (Psalm 27)