

Sunday AM Sermon – March 22, 2026

The Freedom of Confession

Psalm 32



One of the great paradoxes of Christianity is that God often calls us to do things that may feel like they will kill us, but they actually bring us life. Things like confession. Today we look at the freedom and life that comes when we die to self.



1. Mark the number of times you hear these words:
Confess(ion) –
Forgiveness –
Sin(s) –
2. Why is knowing the right Bible class answer not enough?
3. What is a maskil?
4. Lesson one: _____ is a _____ (1-2)
5. Why does King David start at the end?
6. What are transgressions?
7. What happens when we are honest with God?
8. Lesson two: _____ can _____ you (3-4)
9. What will happen when you sin if your conscience is properly trained and you listen to the Holy Spirit?
10. What is the difference between false guilt and true guilt?
11. Lesson three: _____ brings _____ (5)
12. What is the difference between an apology and confession?
13. Why is confession not very common?
14. Lesson four: When we are _____ and _____, there is _____ (6-11)
15. What are the two types of sorrow and how are they different?
16. How could David claim to be blameless?
17. What is contrition?



Faith Talk, Faith Walk

Spend time with family or friends (maybe over a meal or during a family devotional) discussing the following related to the sermon

Faith Talk: Why does dying to self (e.g., confession) feel so terminal when it actually leads to life?

Faith Walk: Be honest to God. Make the spiritual discipline of confession your practice.

If you are here and have been touched or convicted by something said or done today we would love to study the Bible with you and introduce you more fully to our Savior, Jesus Christ. Just call the church office at 795-4377 and we will set something up. God bless you!

Next Sunday AM Sermon – Taste and See! (Psalm 34:1-7)