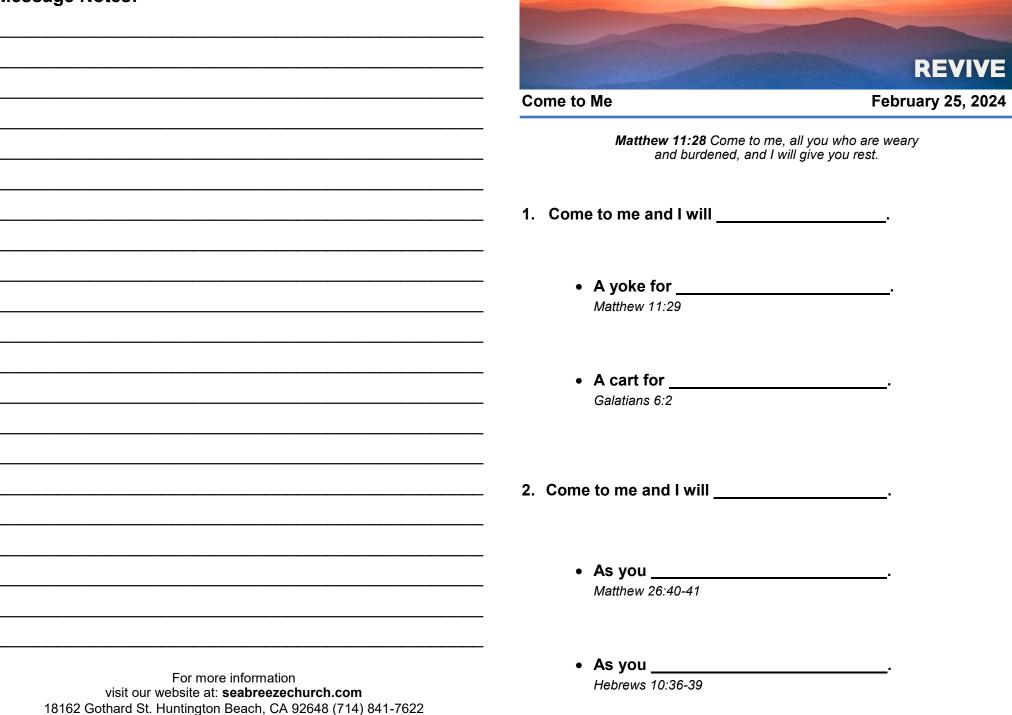
# Message Notes:



Seabreeze CCL#105966 Unless otherwise stated, verses are quoted from the New International Version of the Bible by permission of Zondervan Publishers.

### **Growth Group Homework**

#### Warm-Up

1. What room in your home is the most relaxing? Why?

## Talk it Over

2. What in the message did you find challenging or helpful?

3. Read Matthew 11:28-30. Bevan shared the story of buying a wire crimper for a project which added capacity and saved time in the long term. Learning to do life God's way and investing in the local church often increases our workload in the short term, but over time we can gain capacity in our lives. What are some of the common reasons we don't want to put in the work in the short term?

- 4. The Bible is full of examples of people who chose to live life God's way and experienced what Jesus offers in Matthew 11. The Apostle Paul is one example. Read 2 Corinthians 12:8-10.
  - What stands out to you in these verses?

• Paul asks God to take away the cause of his weakness and trouble, but God says no. Why do you think this is?

• Where in your life are you weak and burdened, and you want it to go away?

 How have you experienced God's grace (His power applied to your weakness) in that area as you have gone to Him for help?

5. One of the primary ways Jesus provides help is through relationships in the church. How have you experienced this? Share about a time when you were a help to someone, or someone was a help to you in the church.

#### Take It Home

6. What is a next step you can take based on this discussion?