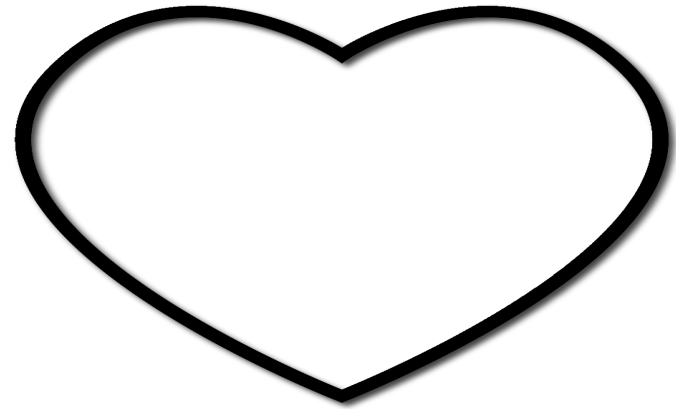


This image shows a full page of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for handwriting practice or general writing. There are no margins, text, or other markings on the page.

Seabreeze CCL#105966
Unless otherwise stated, verses are quoted from the
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Proverbs 4:23 Above all else, guard your heart, for everything you do flows from it.



- **Learn his _____ by _____.**
Jeremiah 9:23-24, Luke 16:15
- **Test your _____ by _____.**
Isaiah 55:8-9, Proverbs 20:5
- **Train your _____ by practicing _____.**
Philippians 4:9

Growth Group Homework

Warm Up

1. Ethan shared a story about a time things didn't go as planned and he had to choose a different attitude. When was a time you experienced something similar?
2. Thinking of the teams you have been part of, or groups you have worked with, how have the attitudes of individuals impacted the success of the group? Could be positive or negative examples.

Talk it Over

3. What in the message did you find interesting, challenging or helpful?
4. When God saves us, the Holy Spirit moves into our hearts (Gal. 4:6), and he begins to help us learn to sort through the desires we have (good and bad) and make choices that are pleasing to him. Read the verses below and make some observations.

Philippians 2:12-13 *So then, my dear ones ... continue to work out your salvation [that is, cultivate it, bring it to full effect, actively pursue spiritual maturity] with awe-inspired fear and trembling [using serious caution and critical self-evaluation to avoid anything that might offend God or discredit the name of Christ]. For it is [not your strength, but it is] God who is effectively at work in you, both to will and to work [that is, strengthening, energizing, and creating in you the longing and the ability to fulfill your purpose] for His good pleasure. (Amplified)*

Note: The Amplified translation adds parentheses that give emphasis and nuance to the meaning in the original language.

- Based on this passage, what are some of the ongoing themes of the Christian life?

- Experiencing heart change involves shifting our values and aligning our perspectives to line up with what God says. What insight does Philippians 2:12-13 shed on heart change?
- If a Christian doesn't put in work to change their values and perspectives, what do you think some of the consequences might be?

5. When was a time you realized you valued something differently than God did? How did you discover that difference?
6. When was a time you discovered you had a perspective on life different than God? What caused you to realize that?

Take it Home

7. As we begin a study of the Heart Attitudes, spend some time praying that God will help you begin to prefer the Heart Attitudes as you go through situations. As you put them into practice, God will use them to train you so you can learn to do them more regularly.