

BY HEART

When Scripture becomes second nature

1 Corinthians 10 | Page 1633

Memorize
and learn
Biblical
Summaries
of the Faith



Train for
“muscle
memory” and
learn Biblical
Summaries of
the Faith



Flow (operative faith)

Neither Anxious

Nor arrogant

Humility (self-forgetful yet totally engaged)



Faith: in the flow of deeper reality

The flow of faith is hard,
because it is to be in flow (H,S,M & S)
in seeing the greater reality of immaterial ends through
material means



God, Truth, Spirit, Justice, godliness, eternity, spirit of the
age/worldliness, vice and virtue, opportunities of providence...

Word and Sacrament

Classical Protestant Evangelicals have trained in faith through attending to the word and observing Christ's ordained rituals in gathered worship.



(Prayer & Worship are considered “word” ministries)

Practices of discipleship are done as training in addition to worship.

These include fasting, prayer, word, and fellowship

Good works and obedience both perform and give us experience.

2 Ordinances



Baptism and the Lord's Supper are the only 2 Ordained rituals of Christ.

Thus, the other “sacraments” are not also **Ordinances**, in that:

Their ceremonies are not ordained by Jesus and his apostles. Some, like marriage and ordination may be sacred ceremonies representing spiritual realities **ordained** by God- but they are not the **ordinances** of worship that represent the promises of the Gospel.

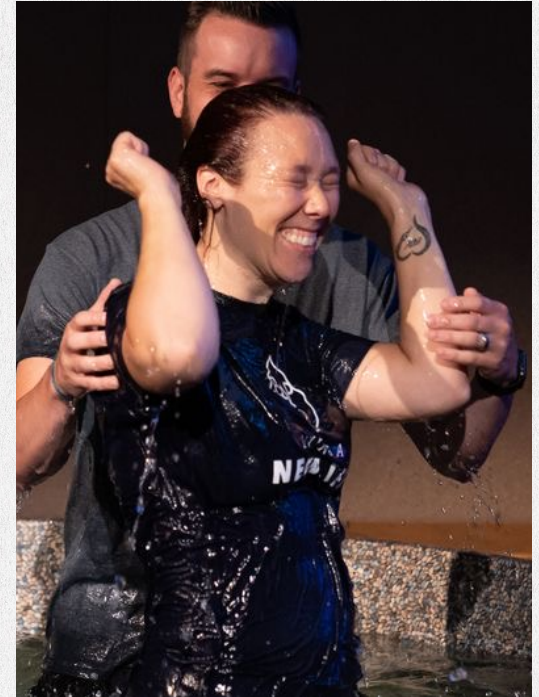


2 Ordinances



Baptism is the one-time
initiating ordinance

The Lord's Supper is
our only
repetitive sacrament.



2 Weeks on the Lord's Supper

1. Memorize the “words of institution” passage:
 1. 1 Corinthians 11:23-26
2. Relearn the meaning of the Lord's supper with this summary
3. Relearn our practice of it in order to grow in our ability to receive its benefits.
4. Resources: nicgibson.substack.com
 1. Sermon on John 6- without reference to Lord's Supper
 2. Sermon on Lord's Supper from 2024
 3. “Should we have wine in communion” essay
 4. Podcast- more on sacrament, protestant confessions, and Catholic stuff.

Coming changes:

1. Have Lord's Supper twice a month (1 less AMA)
2. Profession and confession "liturgy" regularly
3. Substantial Elements (1.5oz cups and chewable bread)
4. Lord's supper at congregational feasts
5. Learn, debate and vote on wine vs. juice

Scriptures: only 7

John 6 – does not refer to Lord's supper (allusion?)

1 Corinthians 10:16ff (focus is idolatry)

1 Corinthians 11:17-34 (focus is shared feast)

Gospels:

Matt 26:26-29

Mark 14:22-25

Luke 22:15-22

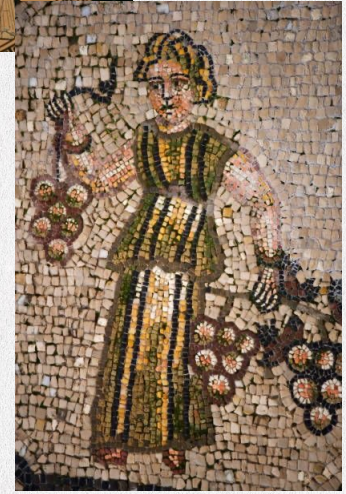
4 references to “breaking bread” in Acts is ambiguous.

1. The Lord's Supper is Spiritual Nourishment

1 Corinthians 10:2-4

“They were all baptized into Moses in the cloud and in the sea. **They all ate the same spiritual food and drank the same spiritual drink**; for they drank from the spiritual rock that accompanied them, and **that rock was Christ.**”

John 6:48 “I am the Bread of Life.”



**Bread is
the commodity
of nourishment
and wine of
refreshment
and fellowship**

The Bread and Wine of the Supper

“The Body and Blood of Christ”

“a spiritual drink and spiritual food” (1 Cor. 3-4)

The Sacrificial meal is a “partaking” in the “altar” (10:18)

To eat the meal is to be part of the sacrifice

The “cup of blessing” is a “fellowship in the blood of Christ”

That is: an association that gains all the benefits of formal union. The one that takes the supper by faith, partakes in all the blessings of the Gospel. He “eats” the bread of heaven and of Life.

“Eating the Blessings”

1. Christ gave his body for you- and still is (in a way)
2. Christ shed his blood for you- for “remission” of sins
3. Christ blesses you and you bless him- formal union
4. Christ nourishes you- in the spiritual bread
5. Christ refreshes you- in the wine
6. Christ promises a formal reunion- in the covenant cup
7. Christ reminds you of a resurrection consummation
8. Christ feeds shows he will feed the needy in his body

You “partake” and “fellowship” in these blessings.

2. The Lord's Supper is a participation in a fellowship of exclusive allegiance.

1 Corinthians 10:14-16, 22

“Therefore, my dear friends, **flee from idolatry**. I speak to sensible people; judge for yourselves what I say. Is not the cup of blessing which we bless a **participation** in the blood of Christ? And is not the bread that we break a **participation** in the body of Christ?...

... Are we trying to arouse the Lord's jealousy? Are we stronger than he?”

The Supper is a pledge- not a guarantee

1. The spiritual food must be accompanied by faith to bless.
2. We are gravely warned about breaking this fellowship
3. Flee Idolatry- in all it's forms
 1. Split allegiances- the table of the Lord and Idols
 2. Apparent confusion- going along with idolatrous affirmations
 3. Sexual immorality
 4. Putting the Lord to the test
 5. Grumbling against God (opposite of blessing the blesser)

**The Cup of Blessing
which we bless is a
fellowship with the
blood of Christ.**

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