

Preparation Work for RECALIBRATING YOUR CALENDAR

Our equipping forum will aim to be personal and practical, leading each of us into the nitty gritty of our everyday life and schedule. Responding to the following questions in advance of our gathering will help you get the most out of our gathering on October 23.

a. **Your Life's Mission:** If you were to write a mission/purpose statement for your life, what would be the core elements of that statement?

*Some people use a Bible verse (or two) as a mission statement for their life. **If you are unsure how to respond to this question, skip it and press ahead!***

b. **Your Main Spheres of Responsibility:** What are your four-to-five main spheres of responsibility?

Sphere 1:

Sphere 2:

Sphere 3:

Sphere 4:

Sphere 5:

Try to group all your responsibilities into no more than five spheres. For example, you might choose something such as “self, family, church, work/school, and social.”

c. **Your Top Priorities in Each Sphere:** What are one or two of your top priorities for each sphere?

Sphere 1:

Top Priority 1:

Top Priority 2:

Try to identify no more than two top priorities for each sphere of responsibility. Don't fret too much about selecting “the absolute top” priorities—just try to identify important ones ☺

Sphere 2:

Top Priority 1:

Top Priority 2:

Sphere 3:

Top Priority 1:

Top Priority 2:

Sphere 4:

Top Priority 1:

Top Priority 2:

Sphere 5:

Top Priority 1:

Top Priority 2:

d. Your Calendar Calibration: To what extent is your *actual* calendar/regular schedule calibrated to your *ideal* mission and priorities? *Explain.*

e. Your Most Aligned Sphere:

1. In which sphere of responsibility do you sense that you are most effectively living according to (a) your life's mission and (c) top priorities for that sphere?
2. Which specific routines and practices are helping you align your actions in this sphere with your overall mission and sphere-specific priorities?

“Alignment” here is referring to the alignment of your actual practices in a sphere of responsibility with your ideals stated in your life’s mission and your top priorities for that sphere of responsibility.

f. Your Least Aligned Sphere:

1. In which sphere of responsibility do you sense that you are least effectively living according to (a) your life's mission and (b) top priorities for that sphere?
2. On a practical level, what is most hindering the alignment of your actions in this sphere with your overall mission and sphere-specific priorities?

g. One Calendar-Recalibration Goal:

1. What is a specific, measurable goal you could set for your least aligned sphere that could help recalibrate your calendar according to your life’s mission and top priorities?
2. On a practical level, what resources and help do you need to reach this goal?